

A Note From the Editor

What is an echo anyway?

Roughly, an echo is a repetition or imitation of something caused by a reflection. At the end of the year, after you move everything out of your dorm room, while surveying to make sure nothing is left behind, listen for the faint echo of your voice.

The bare cement walls of your room will holler back to you. In a way, this Echo, the one you hold in your hands, should holler back to you too-you don't even have to yell at it and listen, just look.

As you search through the pages I hope you find images that reflect you and your friends, the things you did, the places you saw. Just enjoy it. Within this book, I truly hope you find your own echo.

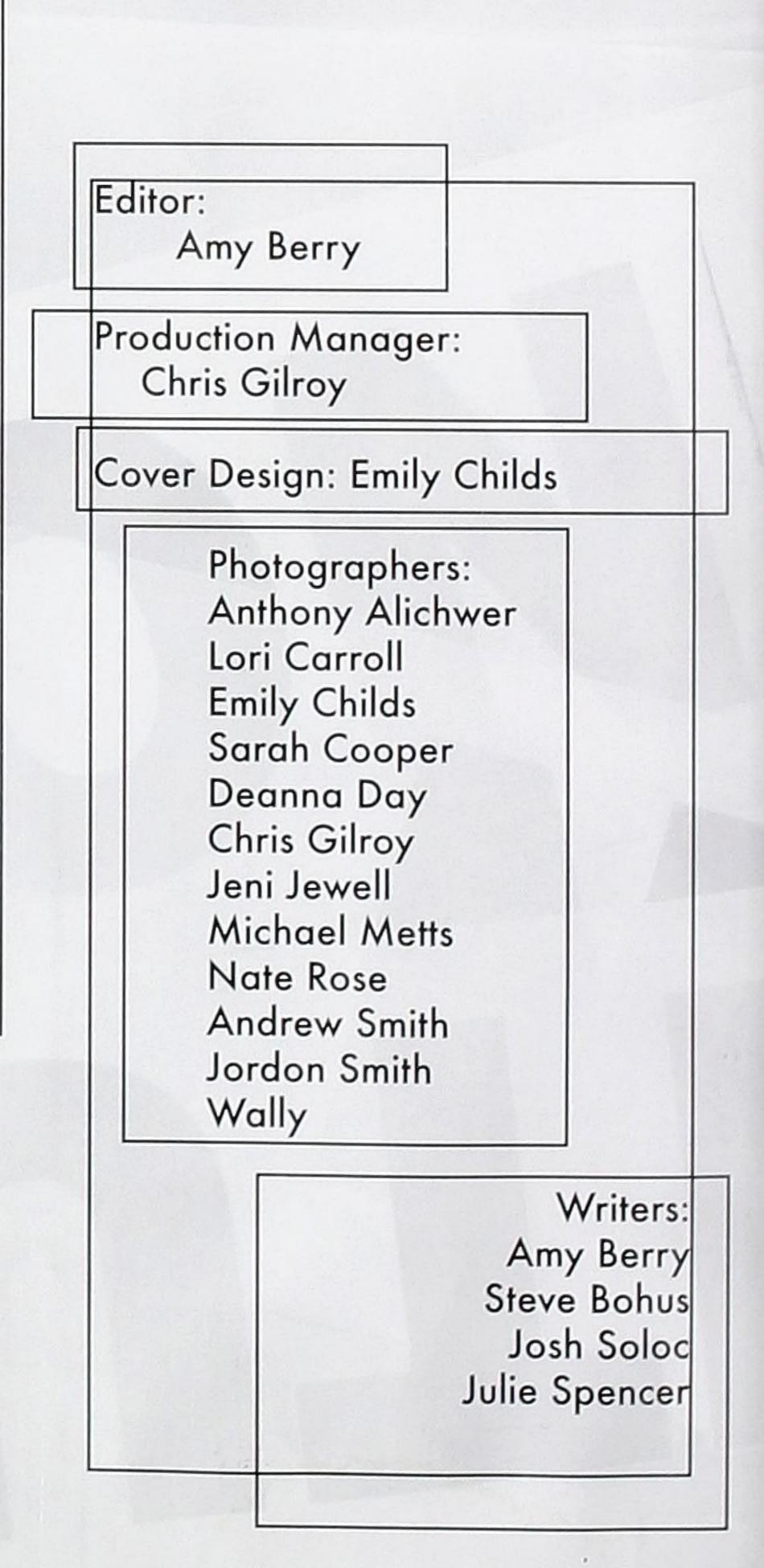
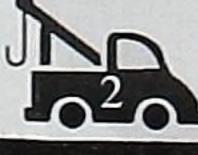


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Construction

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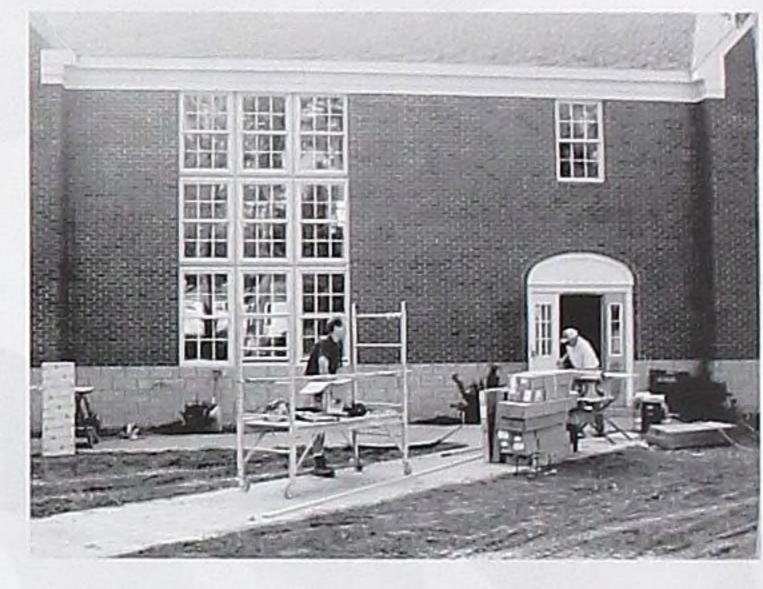
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Senior Reflections



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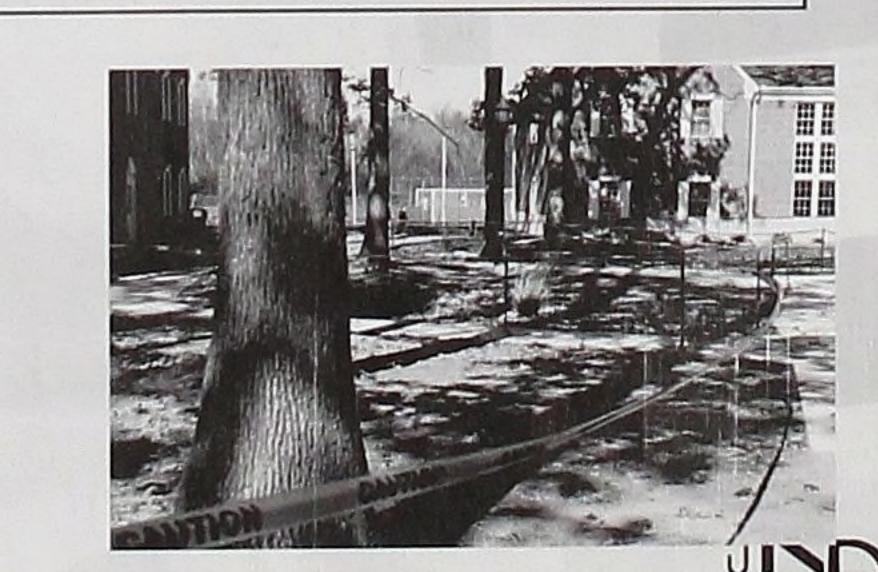
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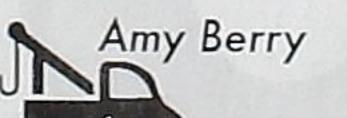
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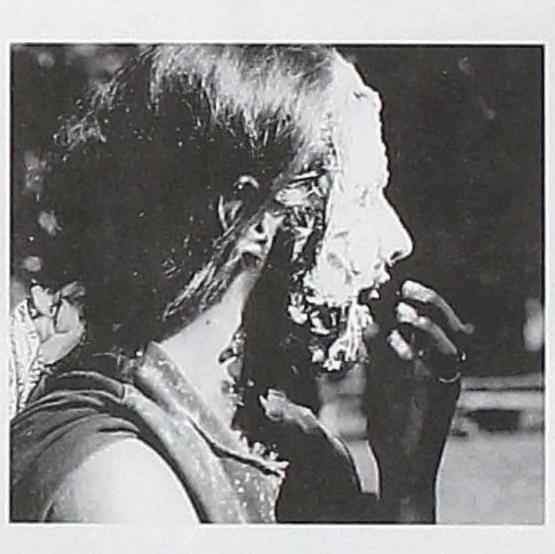
Arbor Games

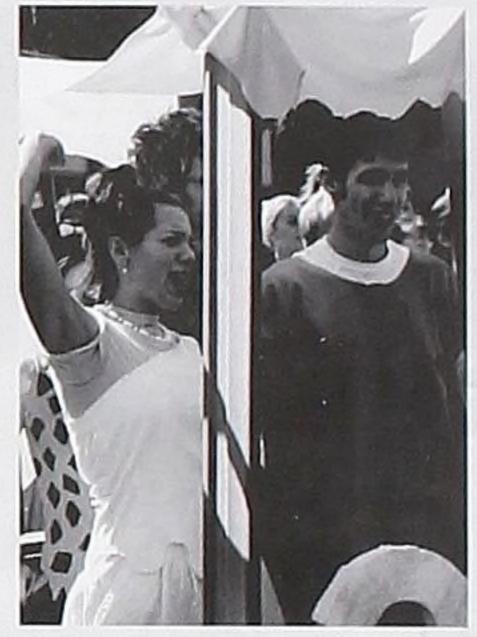


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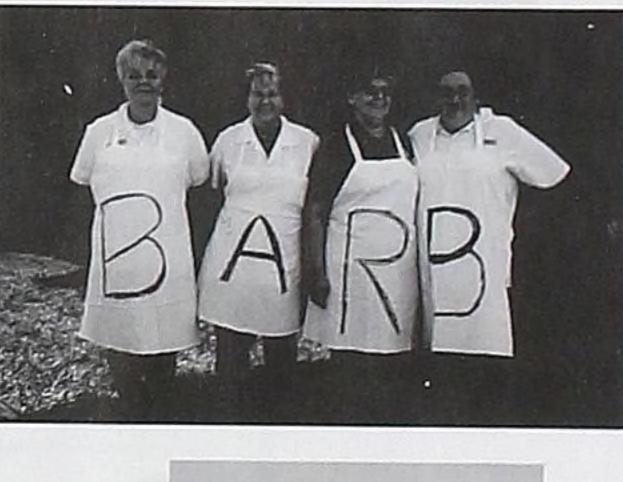






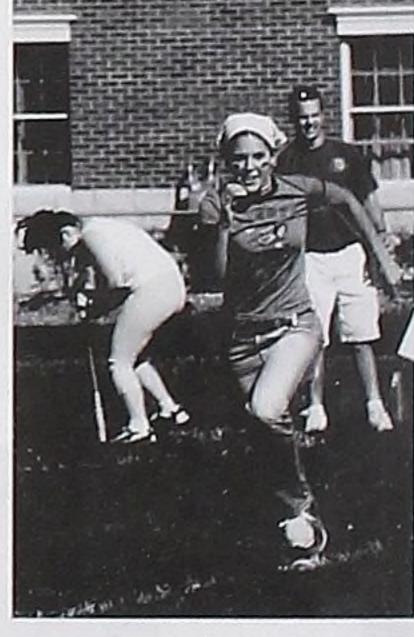


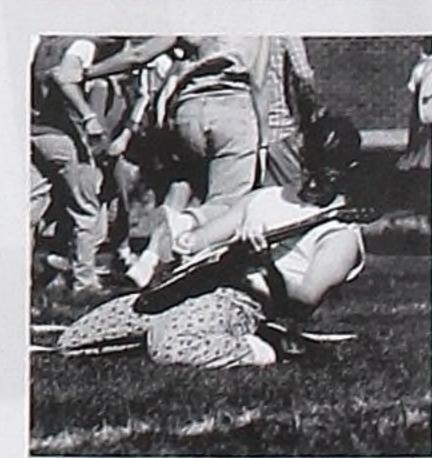








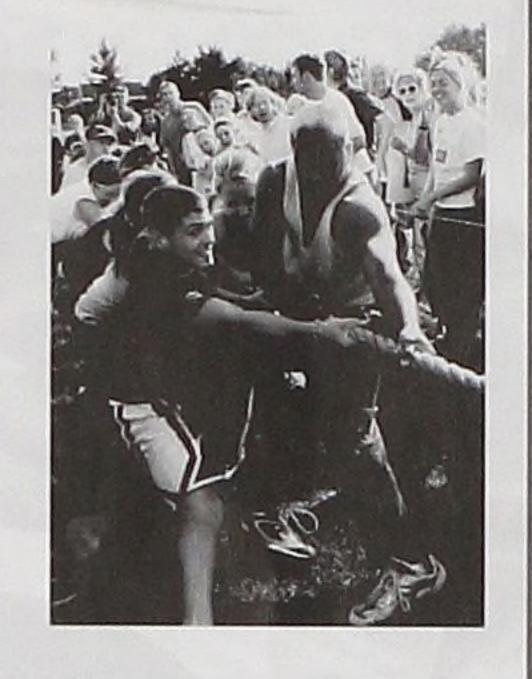


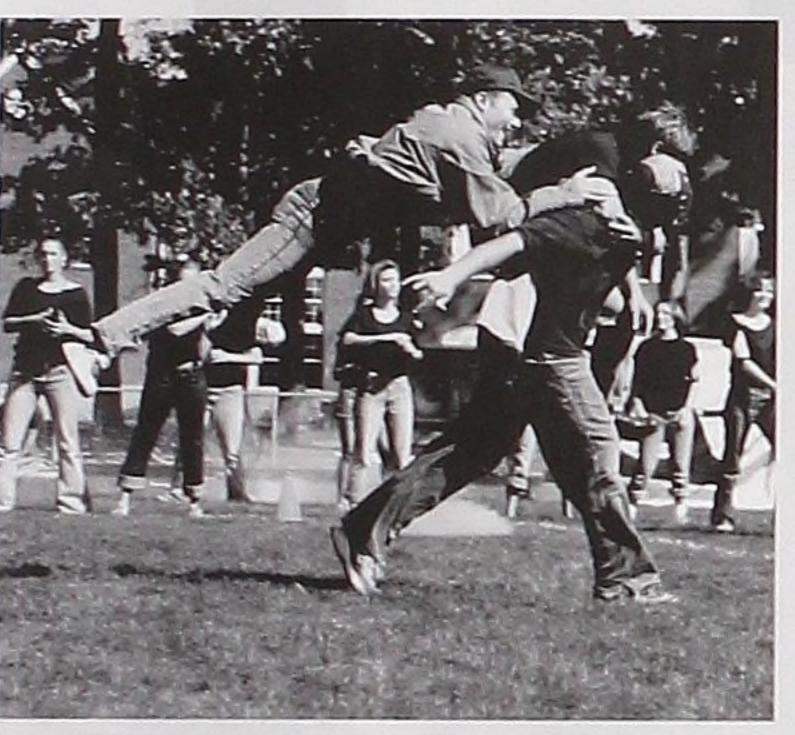


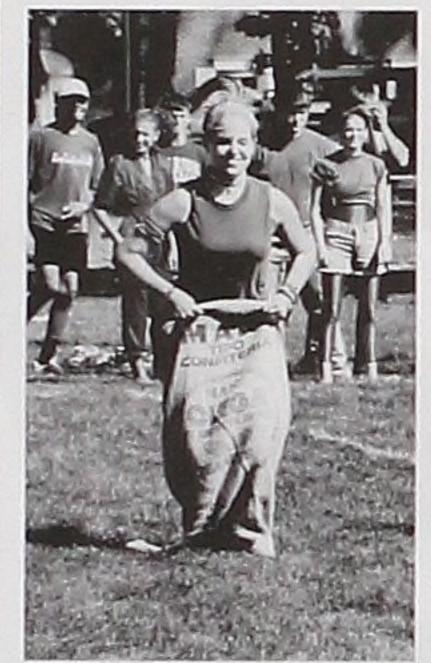


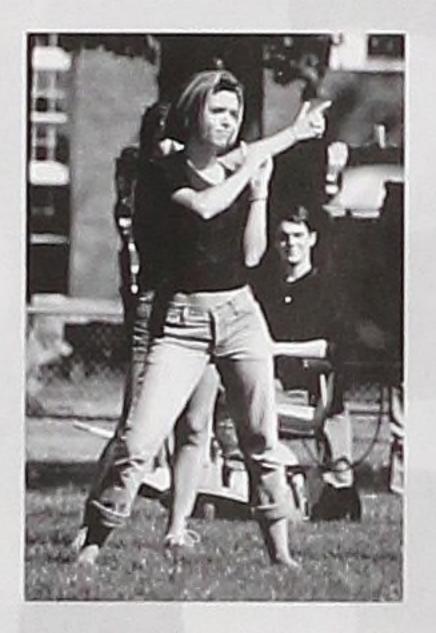


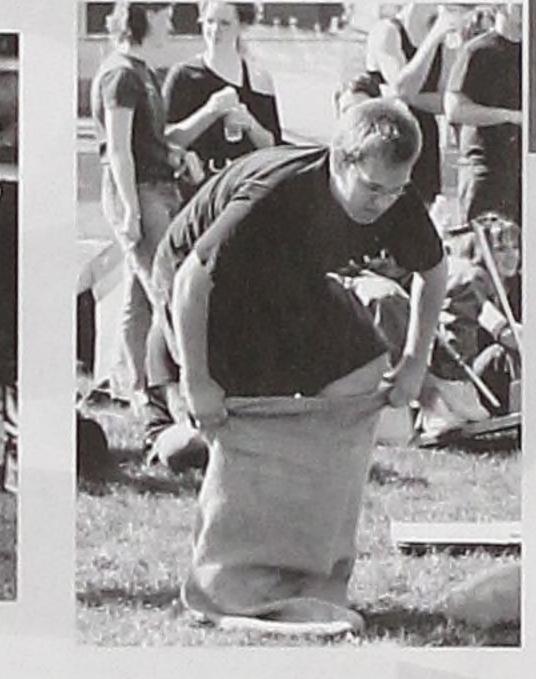


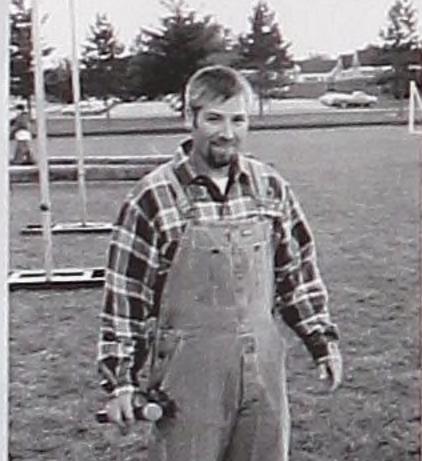




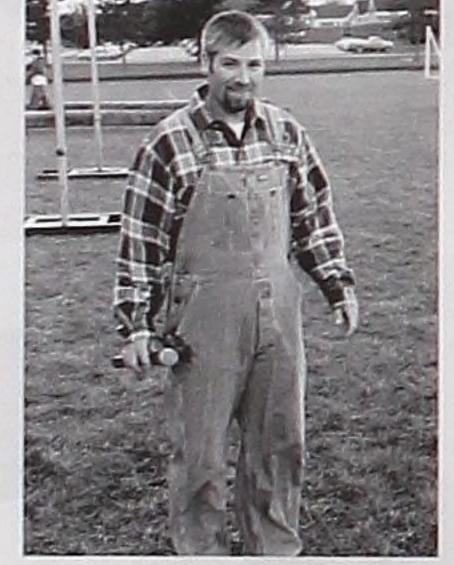




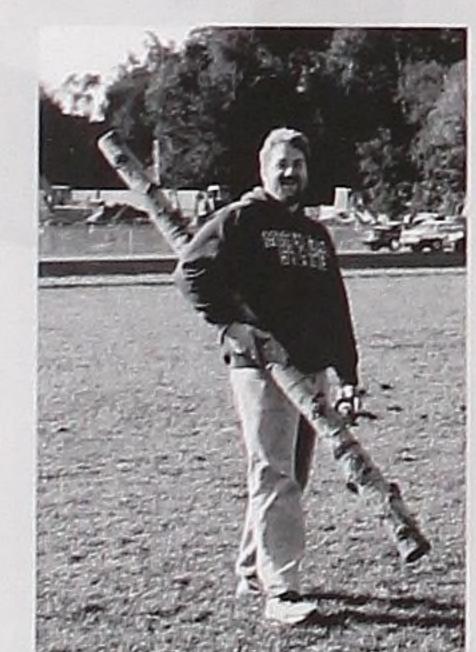
































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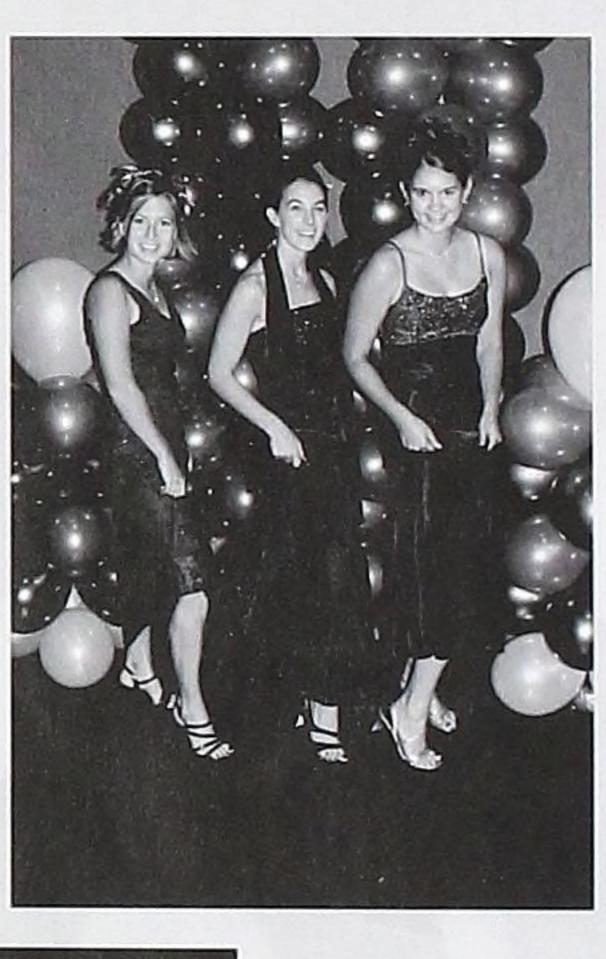








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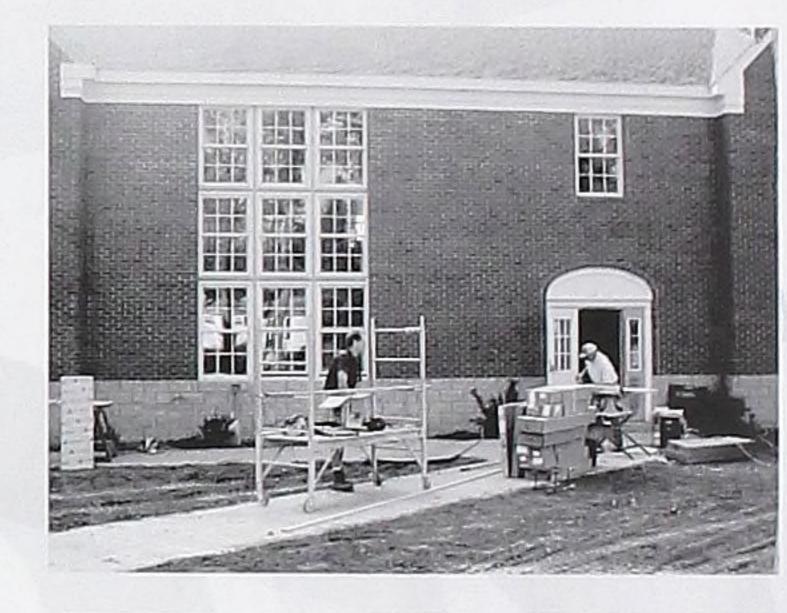
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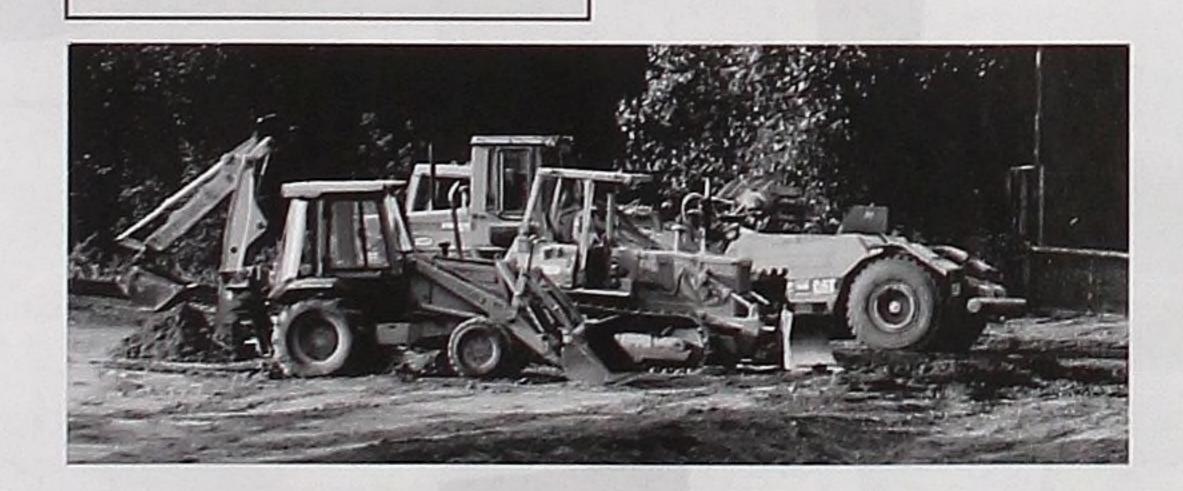
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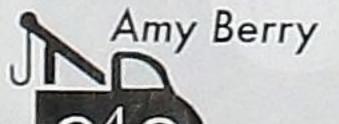
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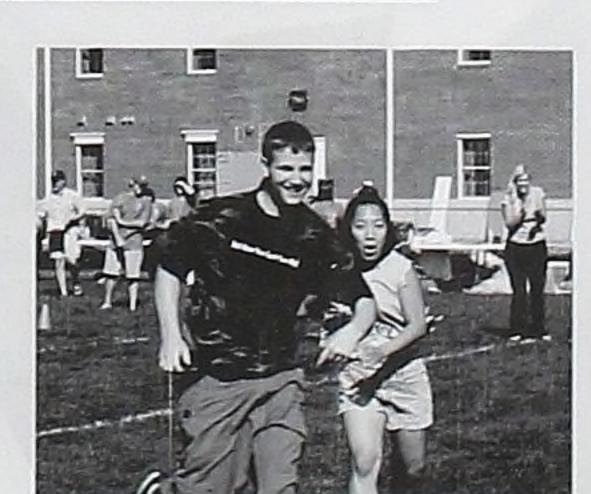
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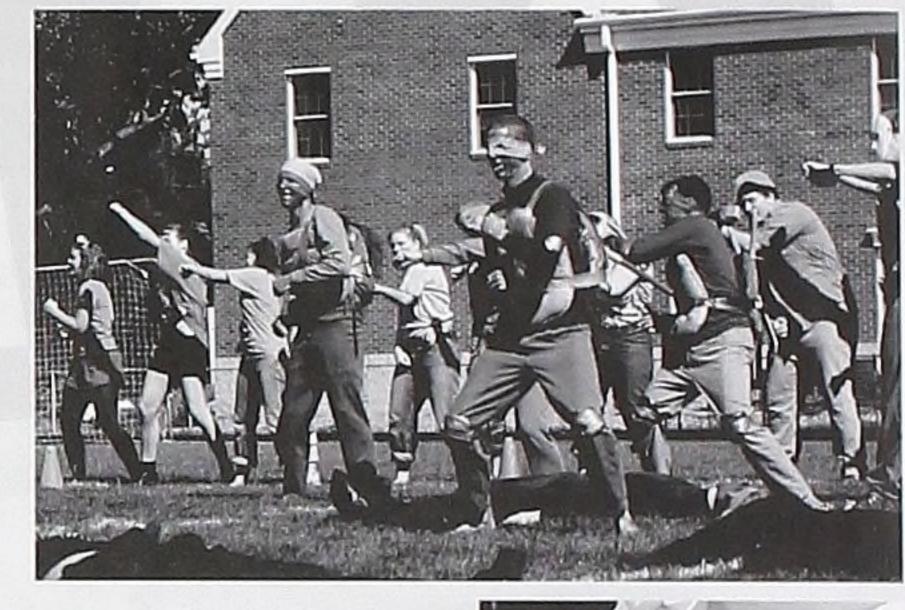


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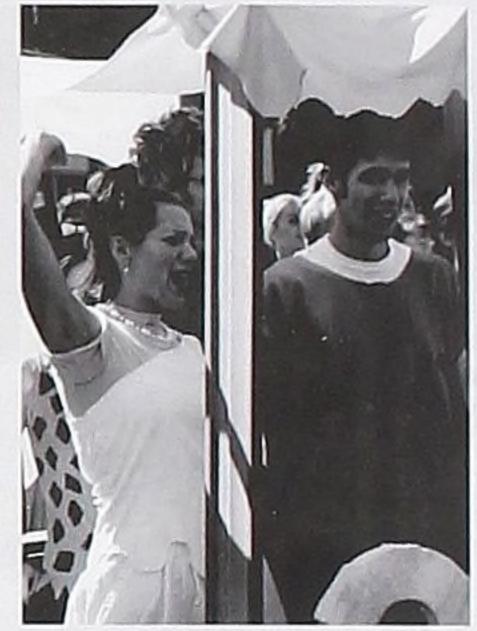
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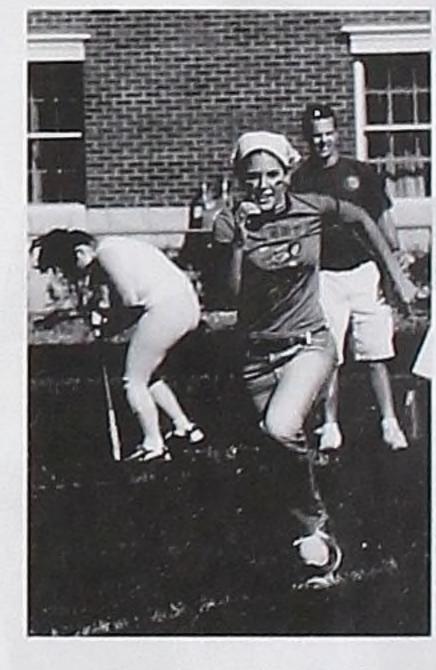


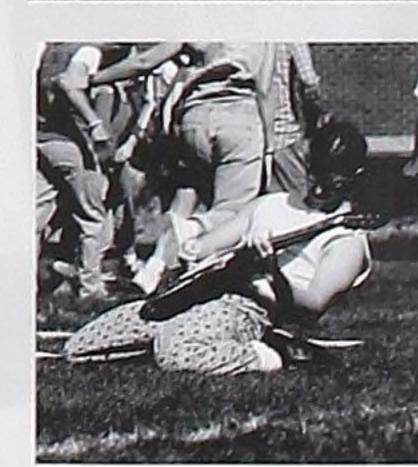








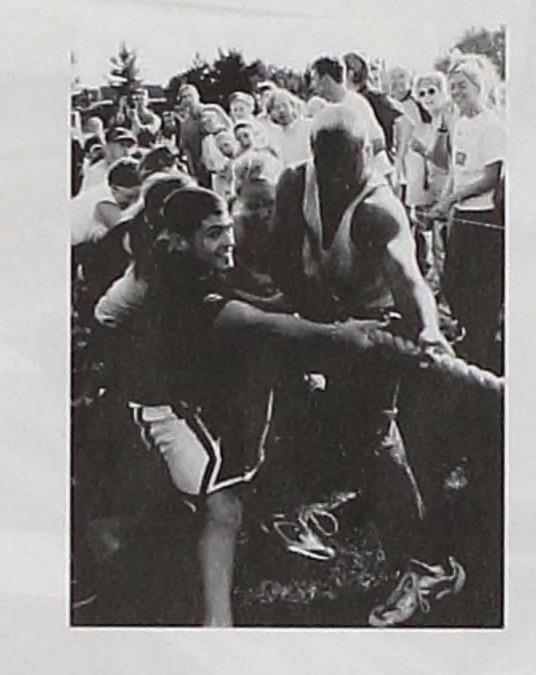


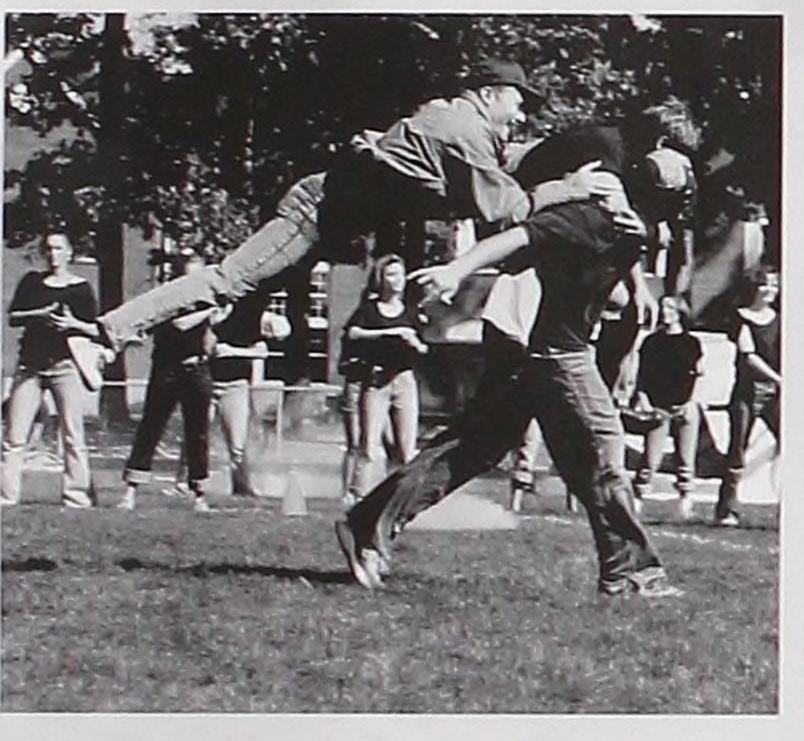


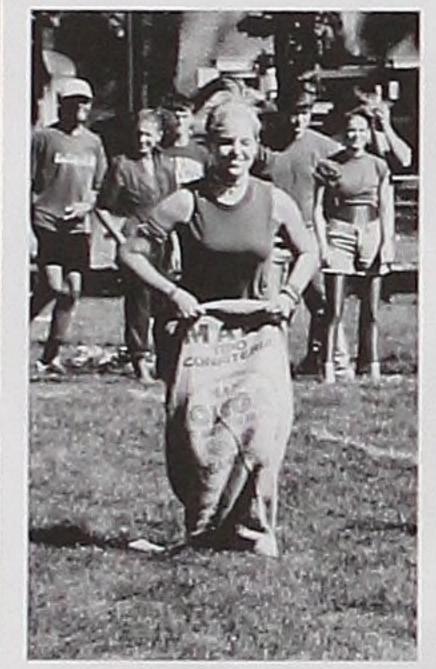


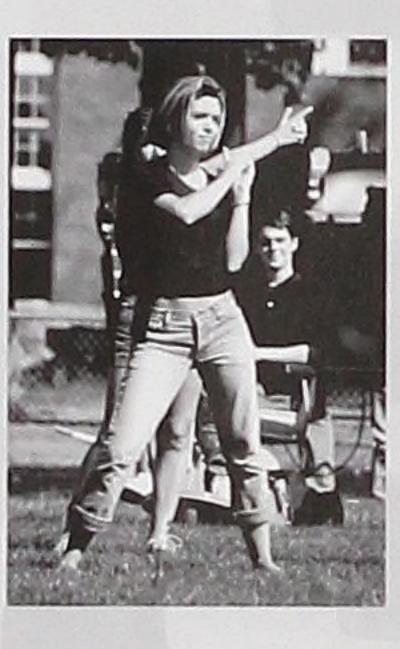




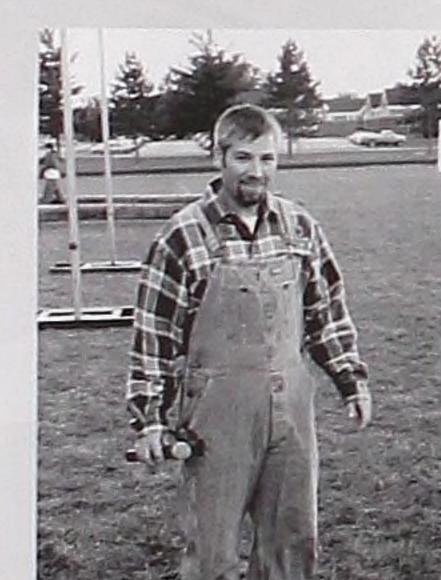






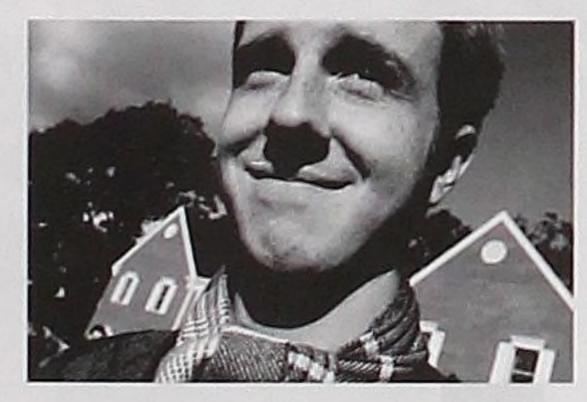


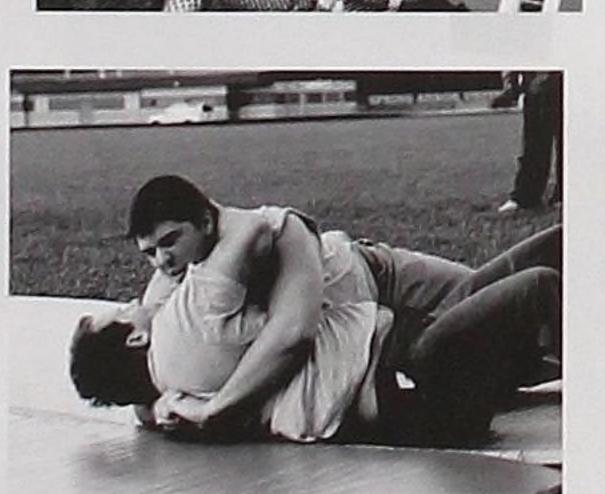


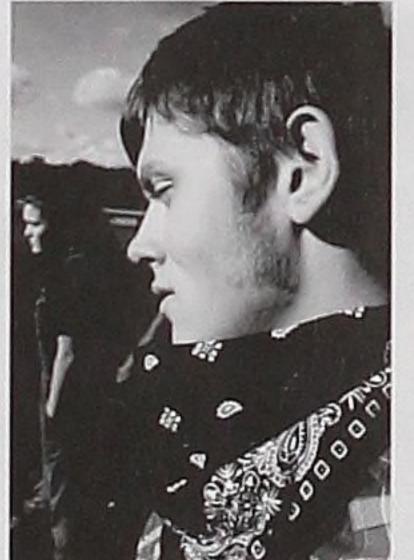






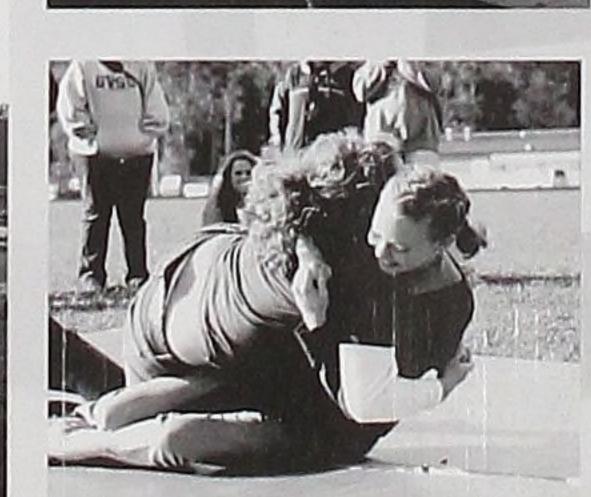


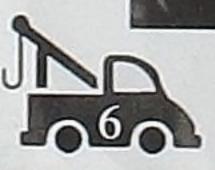














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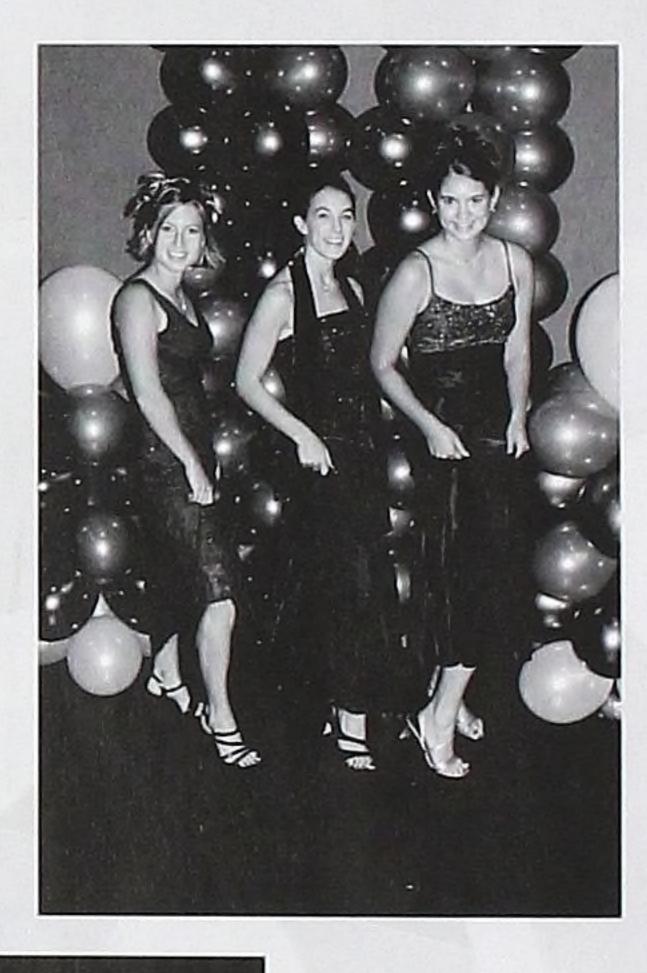
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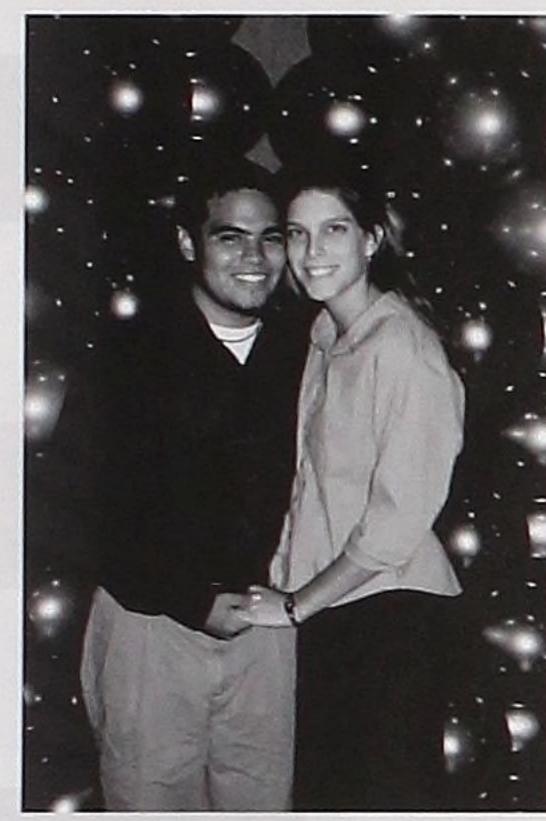


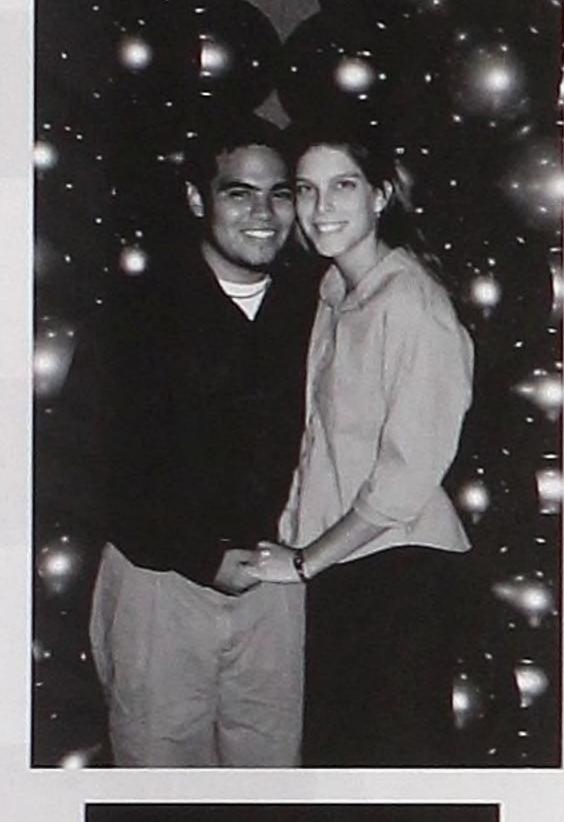






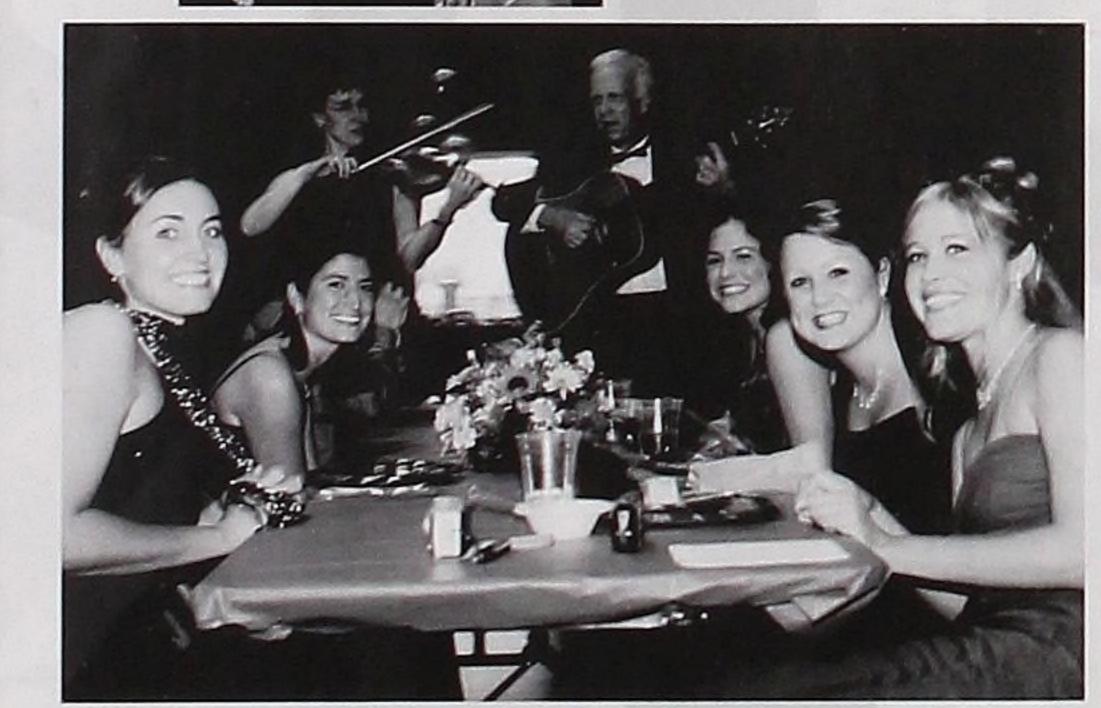


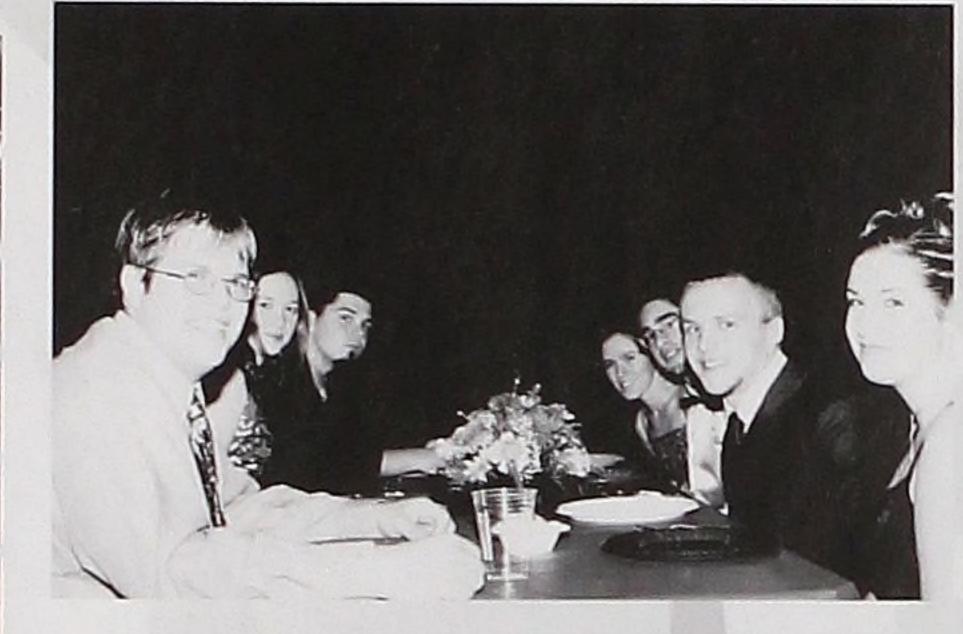












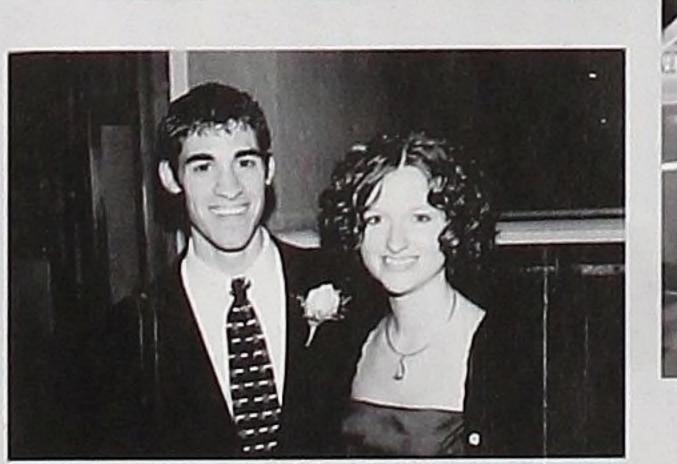


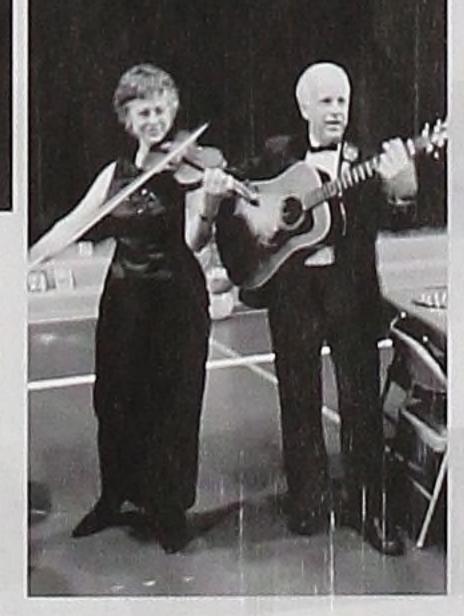






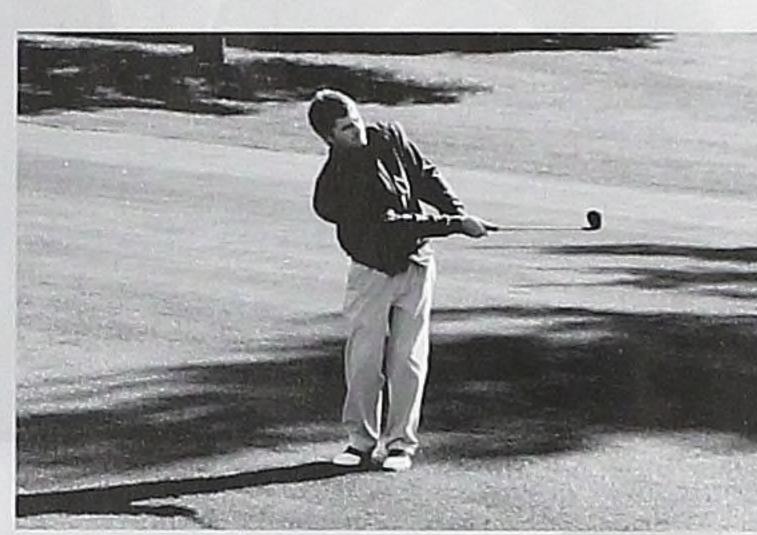






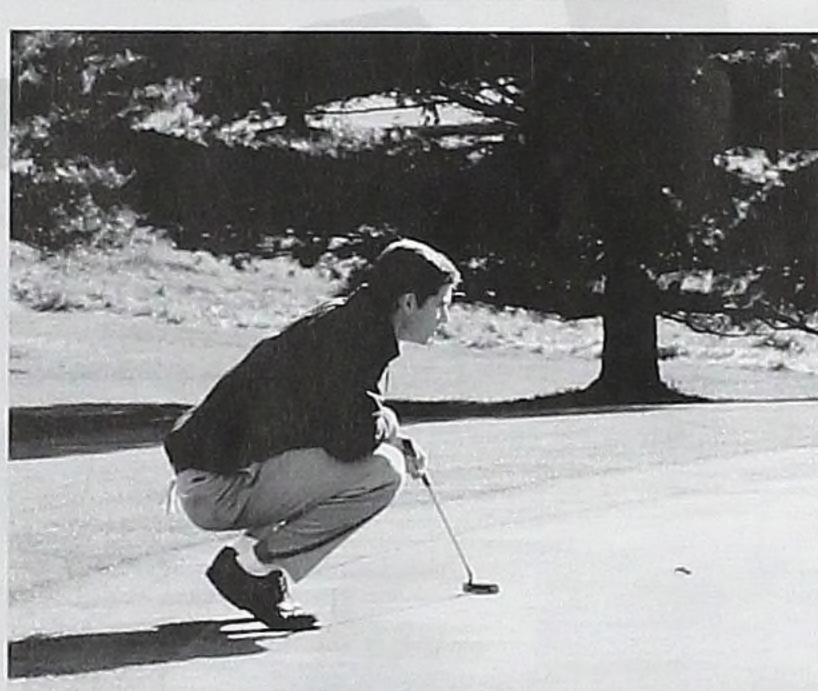


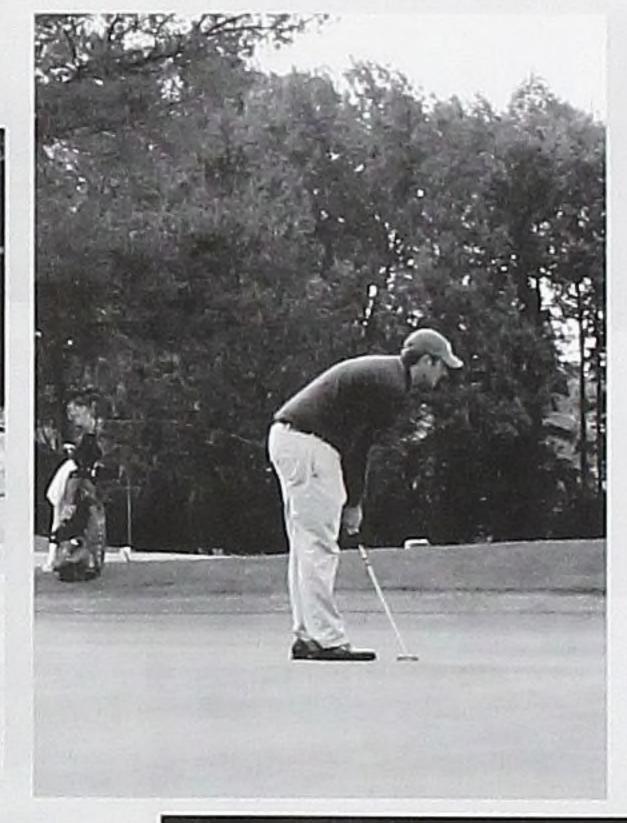
Golf

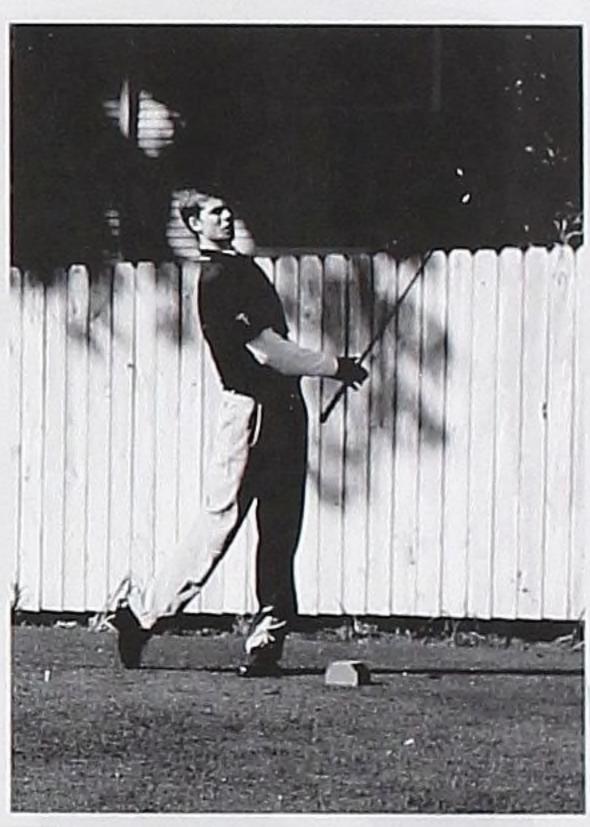


Jeff Boss Sr Preston Meeder Sr Travis Uphaus Sr Aaron Morrow Sr David Mickle So Shaun Page So Jeff Malburg Fr Ken Unger Fr







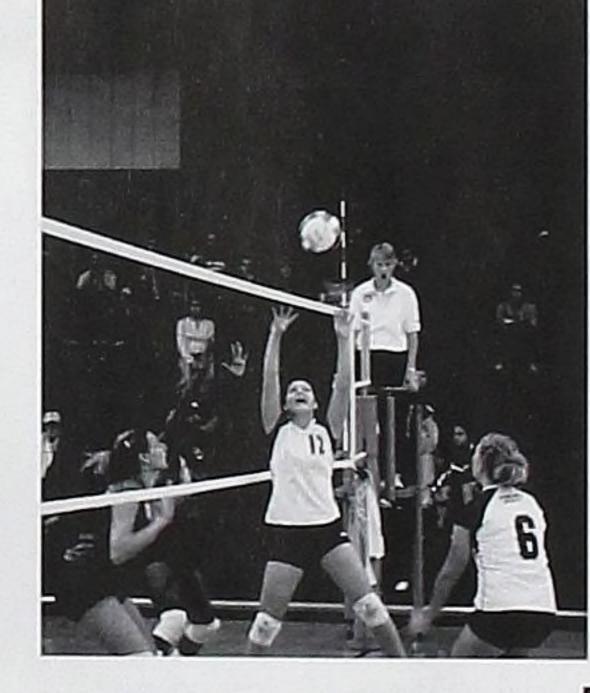


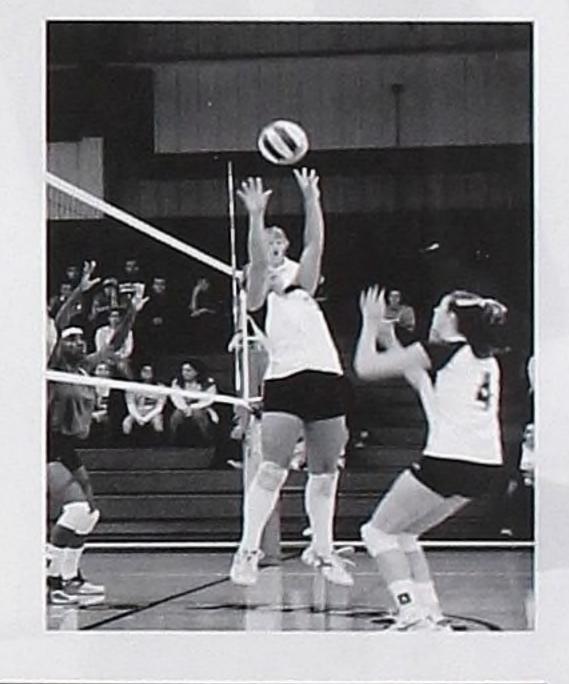
VolleyBall

Sarah Glass Sr Lindsay Crider Fr Rebekah Glass Fr Heather Sines Sr SJulie Maier Sr Jodi Bartman Sr

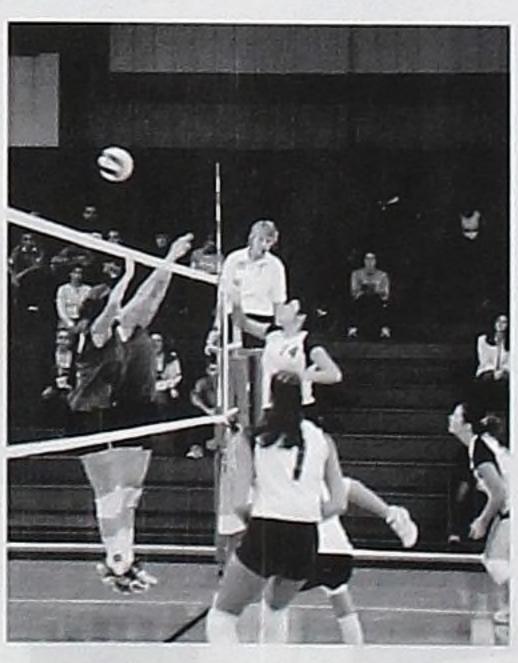
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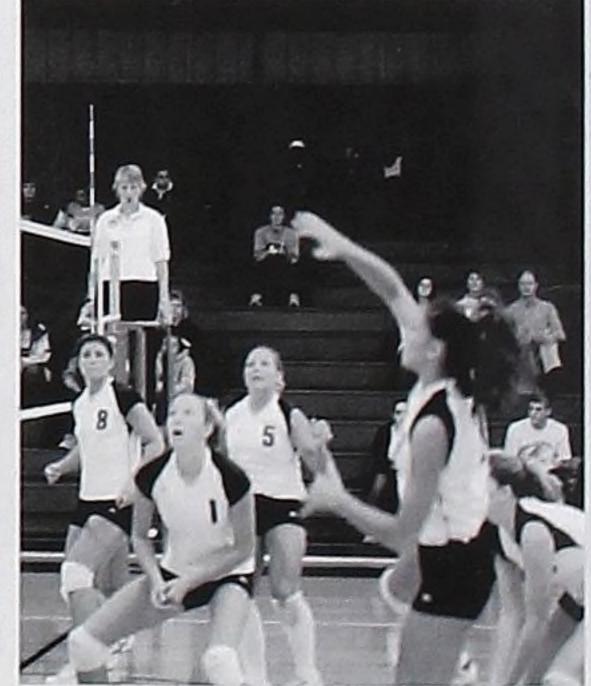
Elizabeth Hays Fr Melissa Kayser Jr Beth Ludema Fr DayeAnn Knight Fr Annie Charles Fr Allison Boone So











Soccer Men's Team

Cliff Orr So Ben Barth So Matt Miller So James Bauslaugh So Trevor Harding Fr Peter Boyse So Aaron Mason Fr Adam Hallett So Lebeni Buconyori Sr Ryan Trevithick Fr Horia Neagos Jr Mike Decker So

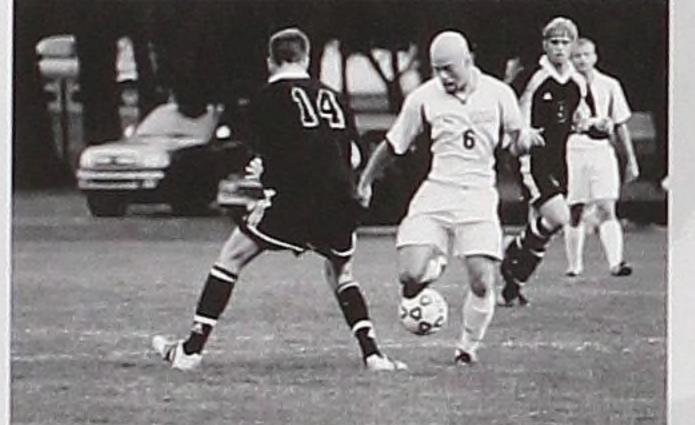
lain Bryant Fr Andrew Toteoff Fr Troy Avery So Andrew Gibson Jr Craig Howell Jr Ryan Desantis So Gavin McGraw So James Delosreyes Fr John Williams Jr Russ Perrin So Nate Coe Fr Kenton Munn Fr



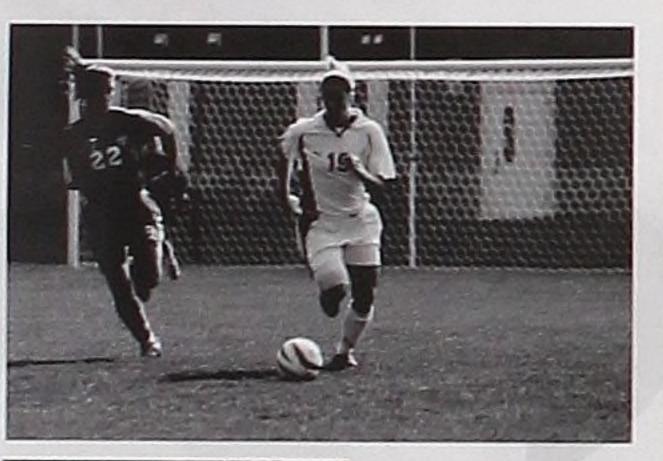






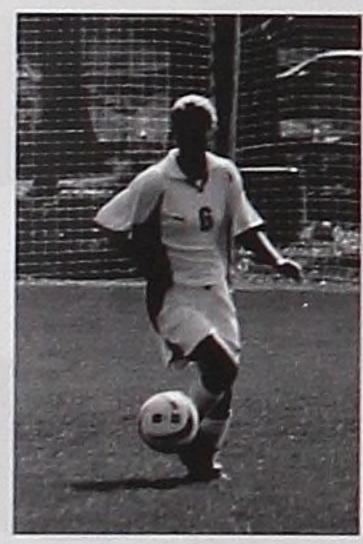
















Women's Team

Kelly McKnight Sr Natalie Zemlick Fr Randi Siedzik Sr Molly Comber Sr Jessica Thomas Jr Christie Liversedge Fr Laura Linderman Fr Stacey Harding So Brittany Darling Fr Jennifer Moore Fr

Diana Humphrey Fr Megan Bauhof So Megan Medina Jr Katie Philo Sr Staci Miracle So Erin Buehrer So Lyndsay Clevenger Jr Randi Baker Fr Ami Bennett Fr Rhonda Ferguson So



Cross Country

Men's Team

Enoch (EJ) Green Sr

David Youngman Jr

Matt Hawkins So

Dan Lane So

David Rotich So

Stephen Chase Fr

Todd Crouch Fr

Herbert Rotich Fr

Kevin Mills Fr

The 2003 cross country season is upon us and the Cougar harriers have been working hard in preparation for their first meet. Three of last year's top six runners have returned. With the addition of five Christian men, the team looks to build on last season's accomplishments which included a fourth place WHAC finish and ninth place NCCAA finish.

The Lady Cougars went to NAIA National Championship in Louisville, Kentucky on Nov. 22. This is the seventh time in a row Spring Arbor's women's Cross Country team has qualified for the National Championship | Spring Arbor University's women's cross meet.

country team enters the 2003 season with plans to capture its sixth conference title in as many years. Standing in the way is the the loss of three seniors and two more runners to season-ending injuries.

With good potential and a strong work ethic, the Lady Cougars will rely on the leadership of juniors Meg Peters and Alexis Smith to get them back to the NAIA nationals for the sixth straight year. A stronger conference could pose some obstacles for Spring Arbor, but with hard work and determination—and God as the focus—the team will be able to accomplish anything.

Track & Field

As the lone qualifier for the men's

Rotich went into the championship

runners, but in the end, could not

cross country team freshman Herbert

meet ranked among the top 5 overall

Spring Arbor University was well represented at the National Christian College Athletic Association national meet Saturday, Feb.21. The teams came away with three first place finishes and a second place finish as both the men and women finished in the top ten.

Senior Enoch Green won the 800 meter run with a time of 2:00.54, while the 4x800 meter relay team also took top honors in a time of 7:59.28, an entire 22 seconds faster than the second place team. The relay team consisted of Green, Todd Crouch, Dan Lane, and Herbert Rotich.

The men's team finished eighth overall with 31 points. Others who scored for the men included Crouch who placed fourth in the 800, Matt Miller placed eighth in the pole vault, and the 4x400 relay team finished tourth.

The women's 4x800 team of Courtney Ingraham, Holly Pifer, Christine Ingraham, and Meg Peters took first with a time of 9:47.18. Peters took second in the 800 in a time of 2:18.61.

Christine Ingraham placed fourth in the 800, Courtney Ingraham placed eighth in the 400, and the 4x400 relay team took fourth to round out the women's scoring. The women finished ninth overall.

The indoor track team is set to compete in the National Association of Intercollegiate Athletics national meet in Johnson City, Tenn. on Saturday, March 4.

Women's Team

Meg Peters Jr

Alexis Smith Jr

Liz Lamb So

Christine Ingraham Fr

Courtney Ingraham Fr

Ashley Crawford Fr

Nicole Harzdorf Fr

Holly Pifer Fr

Amanda Wheeler Fr

Men's and Women's Tennis

Despite losing 2-time NCCAA All-American Dave Lassanske to graduation last year, the 2004 Cougars are optimistic about their upcoming season.

Returning NCCAA All-American junior Horia Neagos will lead the Cougars in the #1 singles position. Junior Ben Keaster will be in the #2 spot. Other returning players who plan to contribute to the success of this year's team include junior Ben Barth and sophomores Dan Peters and Jason Atkins.

Two freshmen have joined the Cougars. Troy Heselschwerdt, a 2-time state quarterfinalist and #1 singles player from Jackson High School, and Brent Schedeler, #1 player at Columbia Central High School bring good new energy to the Cougars.



Men's Team

Horia Neagos Jr

Ben Keaster Jr

Ben Barth Jr

Dan Peters So

Jason Atkins So

Troy Heselschwerdt Fr

Brent Schedeler Fr

Women's Team

Rachel Hartwig Jr

Julie Maier Sr

Christy Liversedge Fr

Laura Ganzer

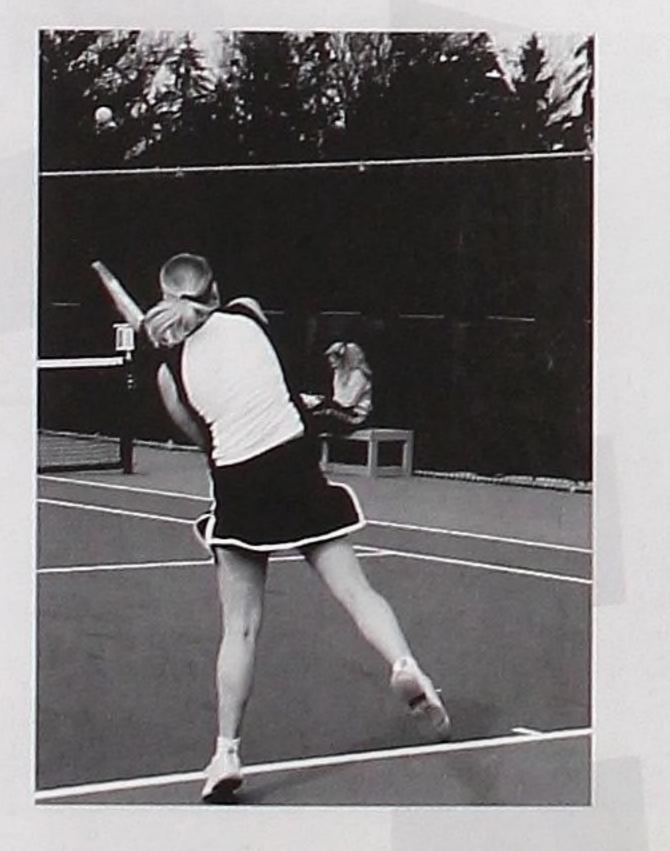
Crystal Steckel Sr

Jennifer Walter Jr

Shannon Skarritt Fr

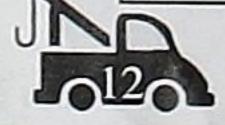








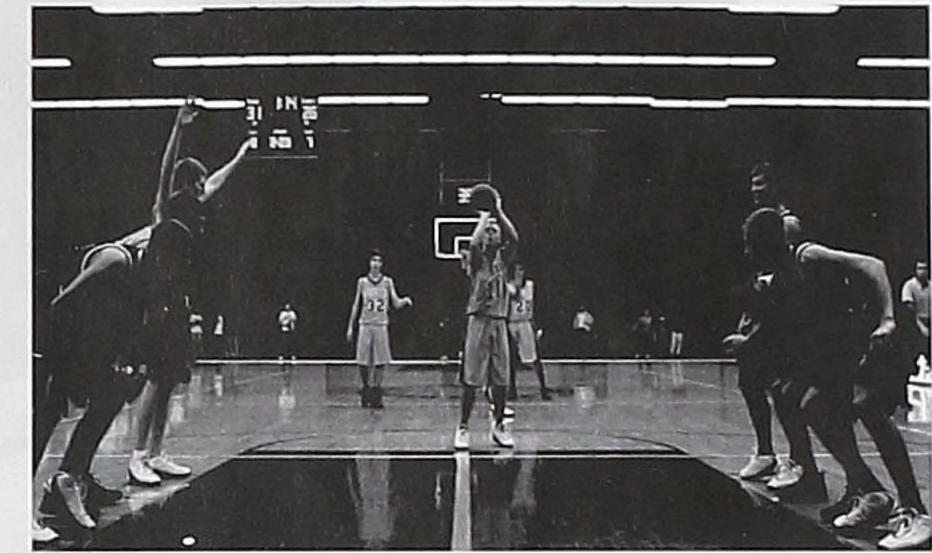


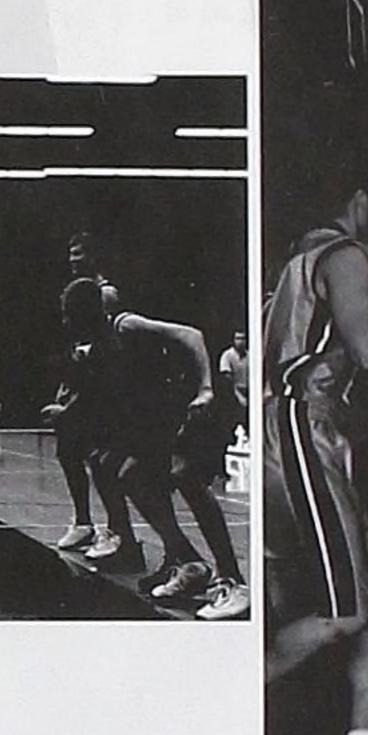


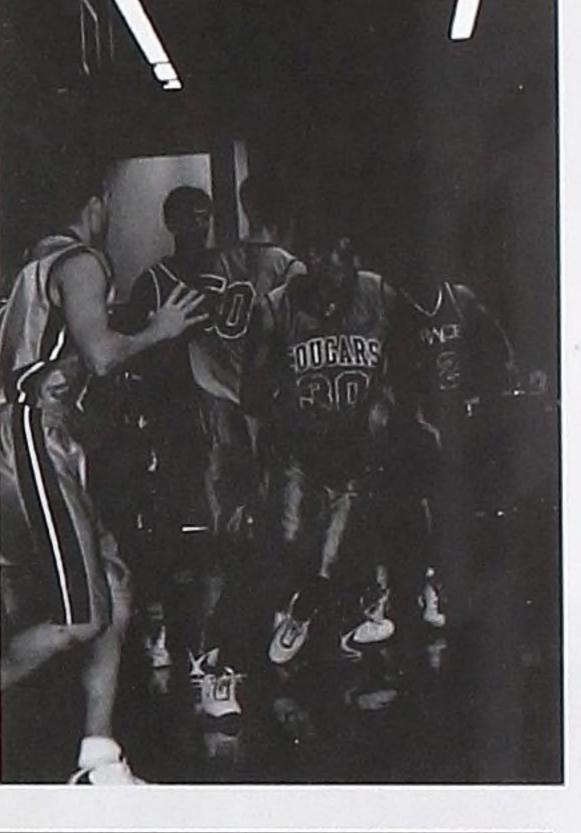
The men's basketball team finished the season with a 14-19 record. After a slow start in conference play, the Cougars came alive and defeated Aquinas and Cornerstone, two top teams, while losing by only 2 to Indiana Tech. They finished fifth in the WHAC.

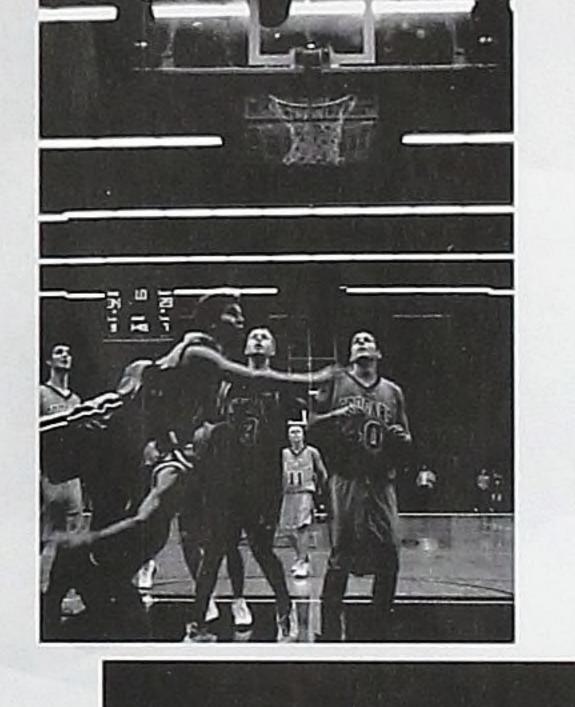
Sophomore Micah Lancaster led the Cougars statistically throughout the season averaging 17.6 points, seven assists, and three rebounds a game. Sophomore Mike Folkert averaged 14 points, while senior Ryan Walter scored 12.5 points a game. Jason and Josh Desmyter also made great contributions averaging 10 and nine points respectively and six rebounds a piece.

The men received several individual honors at the season's end. Lancaster was a WHAC first-team selection and NAIA All-American honorable mention, while senior Ryan Walter was a WHAC Third-team selection. Junior Josh Desmyter made the WHAC All-Newcomer team, and junior Ben Gulker made the WHAC All-Academic team for the men.

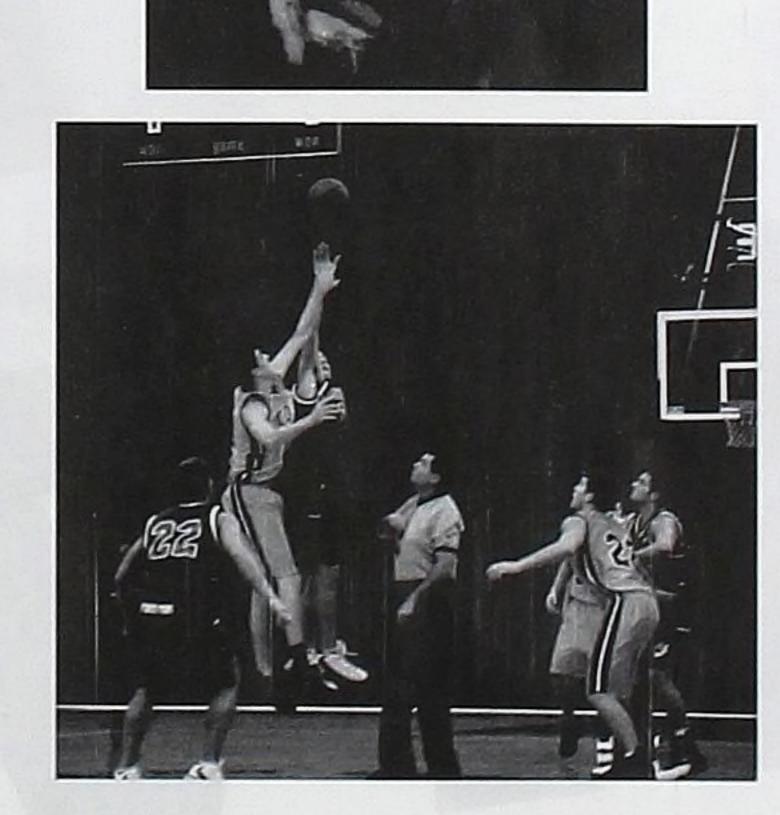








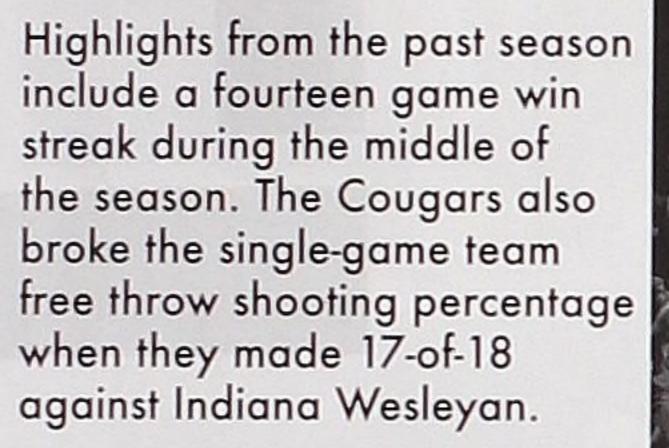






Women's Basketball

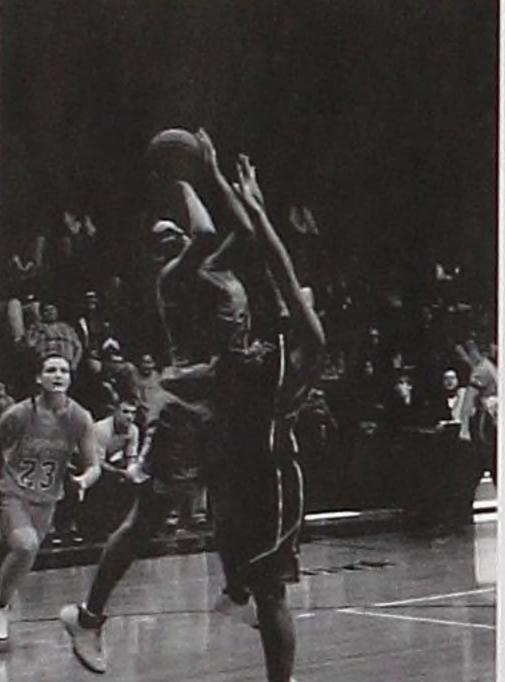
The women's basketball team finished the 2003-2004 season with a 25-12 record, placing second in the Wolverine-Hoosier Athletic conference and seventh at the National Christian College Athletic Association national tournament.



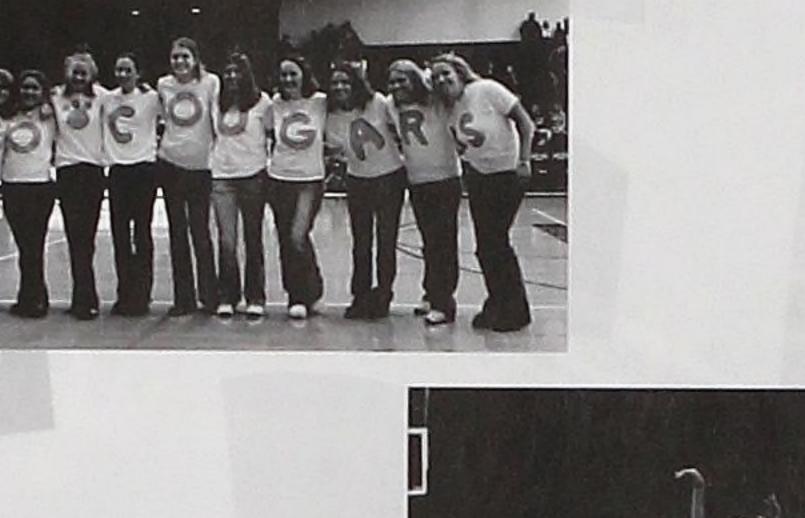
The Cougars were led by the dynamic play of post players Shanna DuBose and Kristin Van Valin. DuBose averaged 15 points and six rebounds a game and was selected as the most valuable player for the Cougars. She also received second-team NAIA All-American honors and was a first team selection by the WHAC.

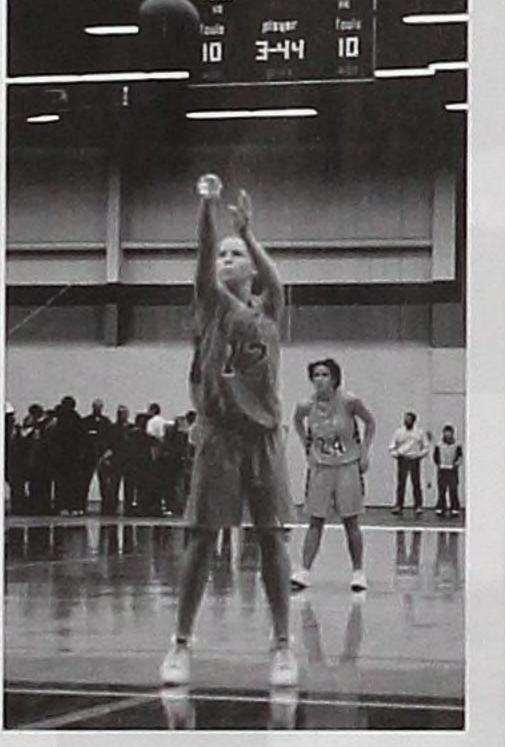
Van Valin received NCCAA All-American first team honors and was a NCCAA All-Tournament selection for her contributions at the national tournament. She also received NAIA All-American honorable mention, WHAC defensive team honors, and was a scholar athlete in the WHAC, NCCAA, and NAIA. Van Valin averaged 13 points, nine rebounds, and four blocked shots a game.

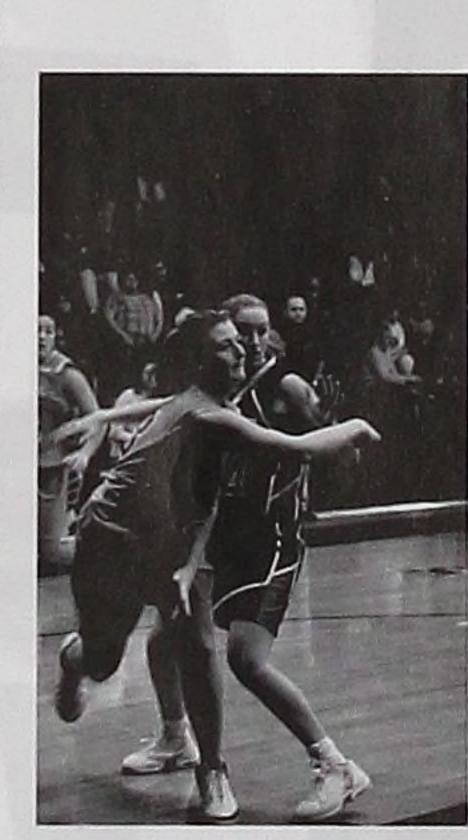
Freshman Amber Huffman made the All-Freshman team in the WHAC, while Amanda Shirk and Julie Spencer received scholar athlete honors from the WHAC, NCCAA, and NAIA.

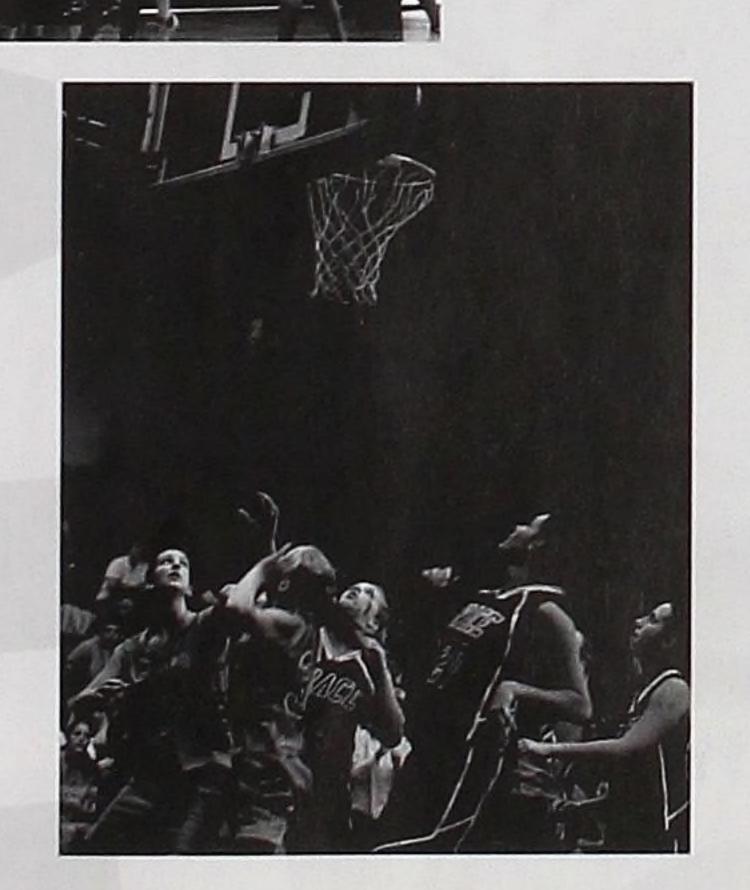


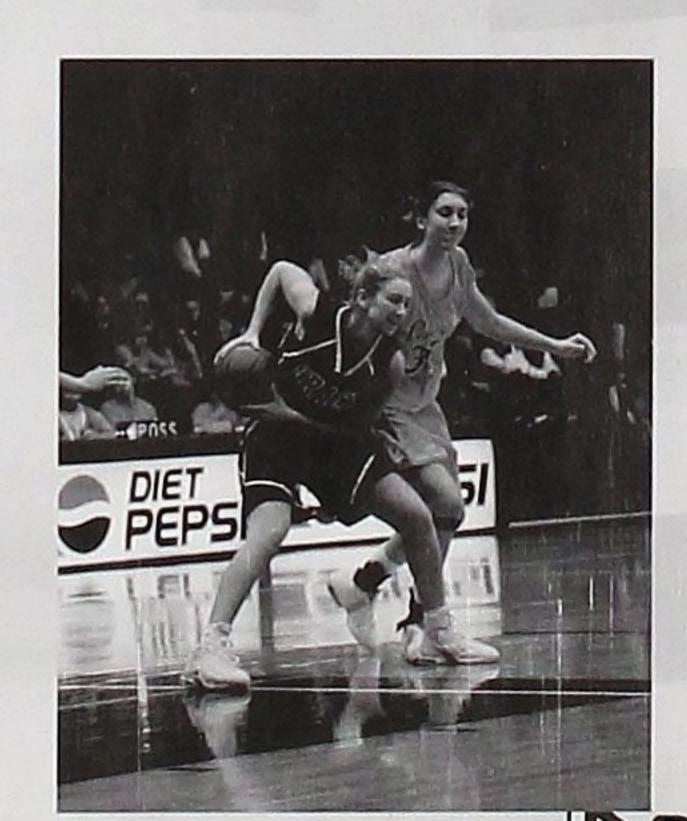












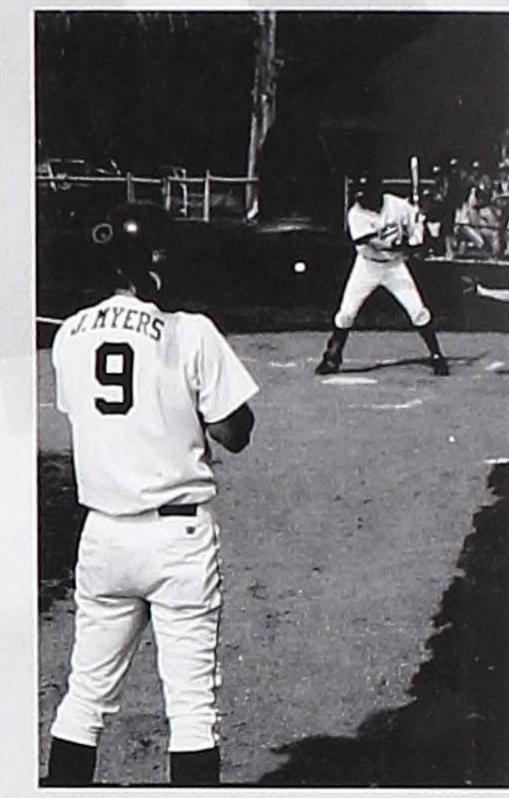


Baseball

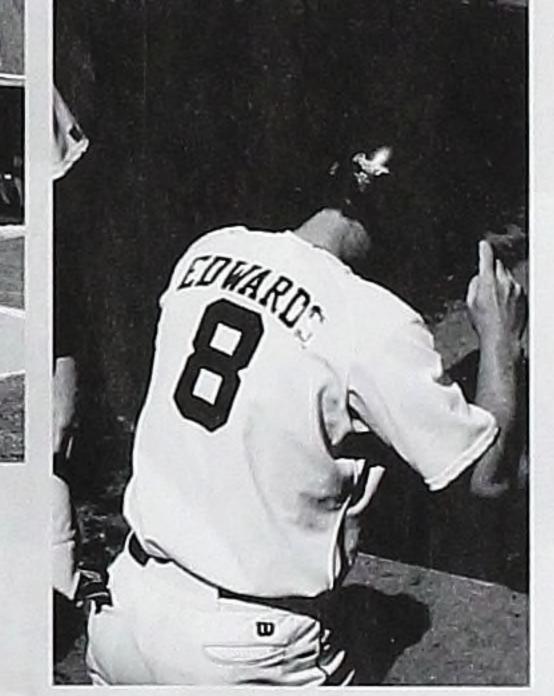
Zach DeFrain Jr Matt Souster Sr Ben Myers So Andy Kline Jr Joey Sobocinski Fr Jordan Gruppen Jr

Scott Edwards So Joe Myers Fr Duke Solaita Sr Brad Pollack Fr John Germanceri So Kyle Kennedy Fr

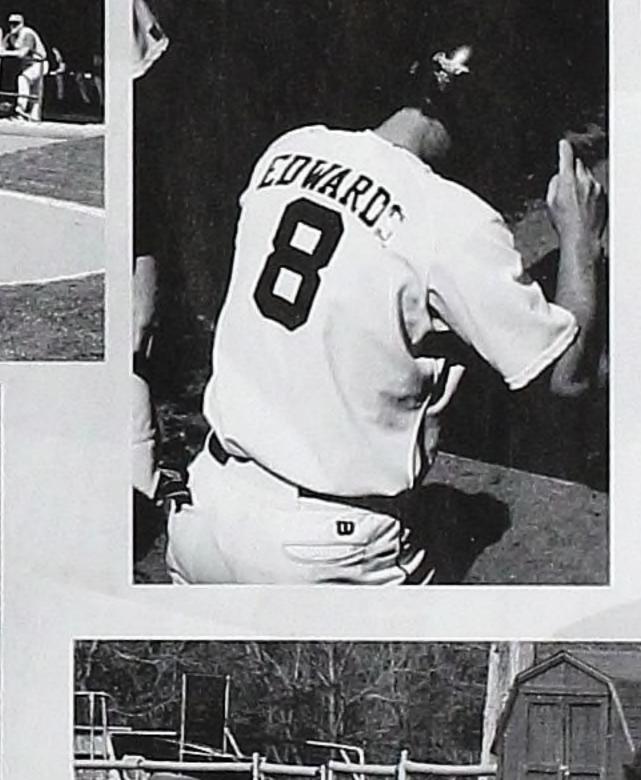
Bobby Hodges Fr Rick Hapner Jr Ryan Slone Fr Aaron Colf Tom Compian So Brad Hinkle Fr Tim Corser Sr Brent Watkins Fr Dan Loew Sr Nic Johnston 5th



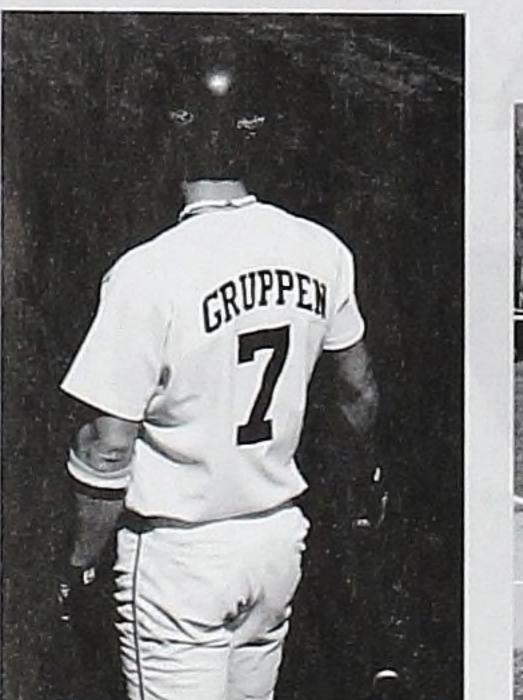




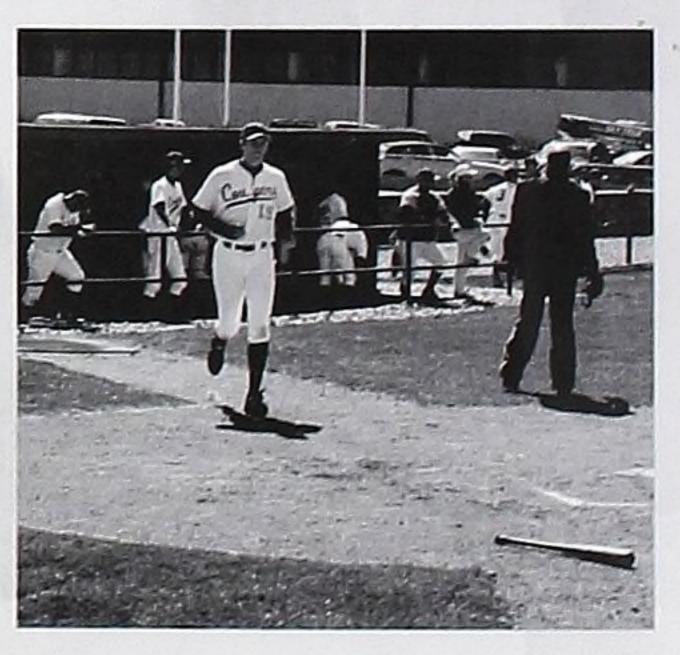






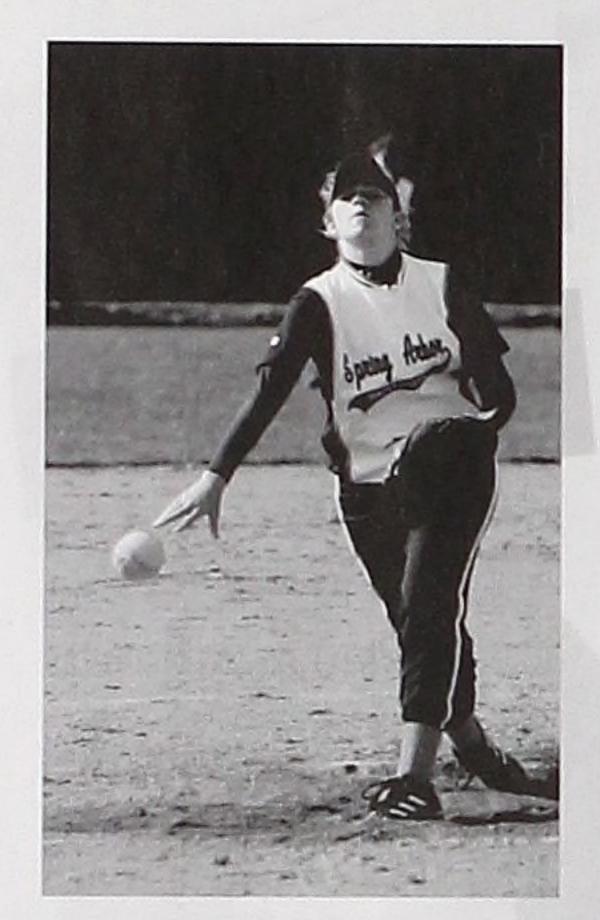






Softball

Cindy Shaw Sr Sarah Cooper Sr Janna Klassen Fr Mandy Gowan Fr Jessica Mancini Jr Marcie Johnson Jr Kayla Stevens Jr Kristi Schipper Jr Shawna Gautreau Sr Michelle Herblet Sr Holly Davidson Sr Mandy Trevino Jr Shawnessy Patton Fr





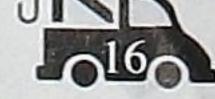






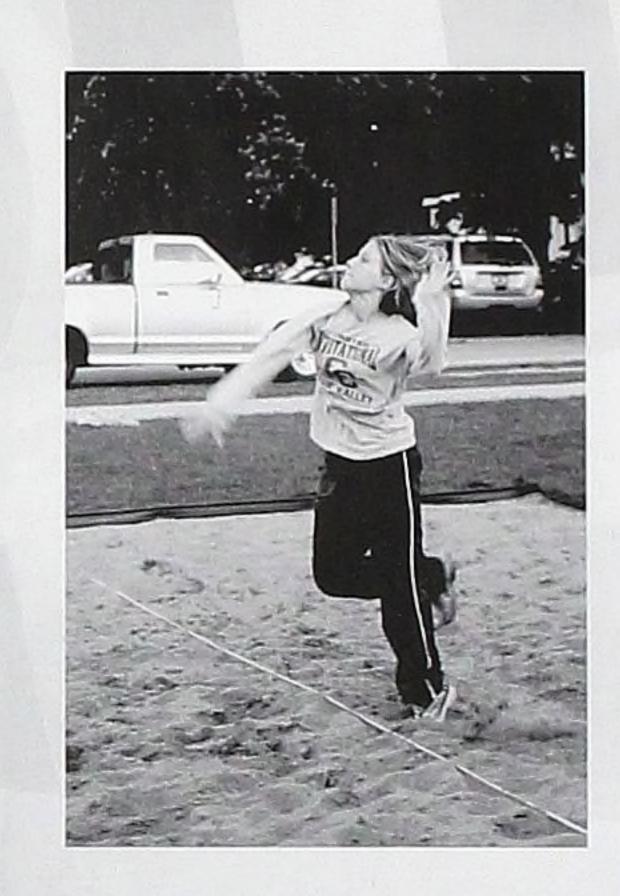


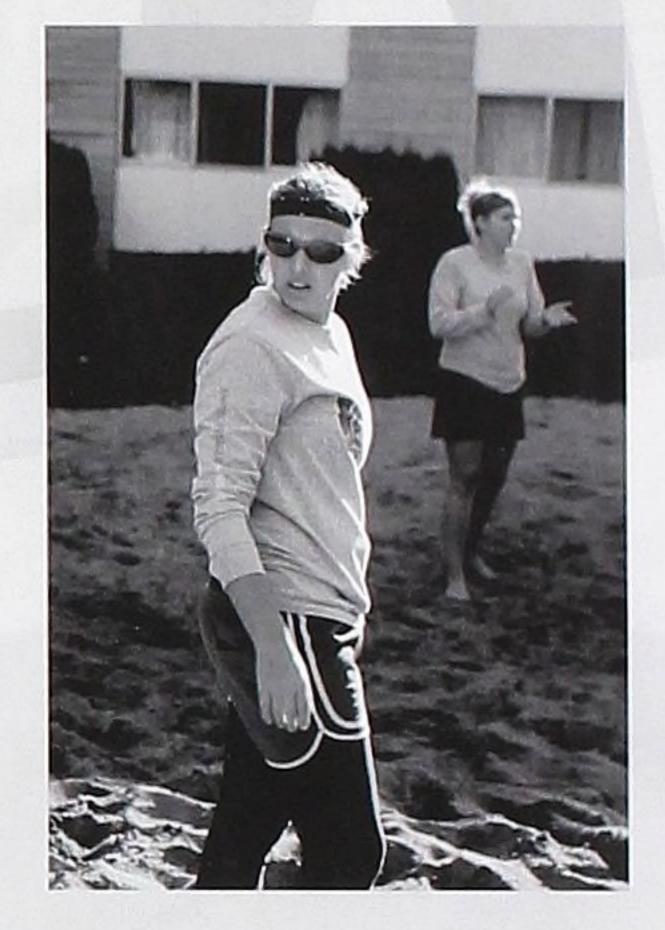




Girls Intramurals

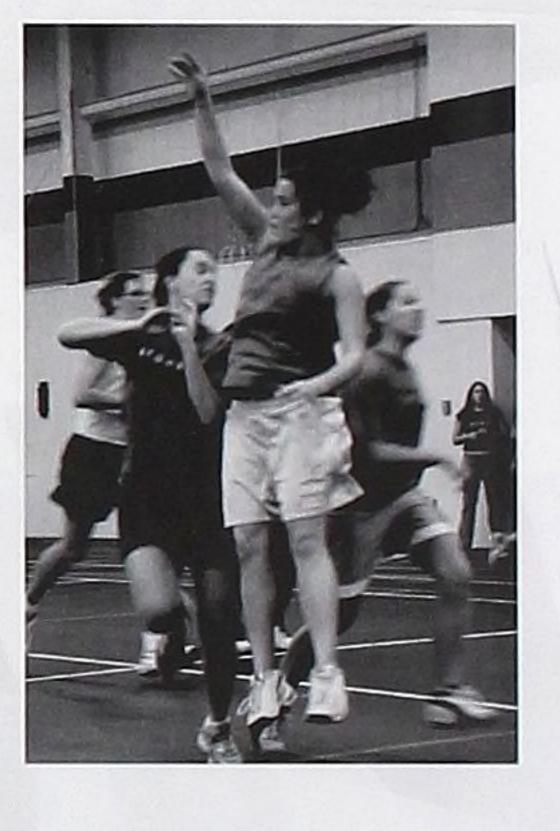


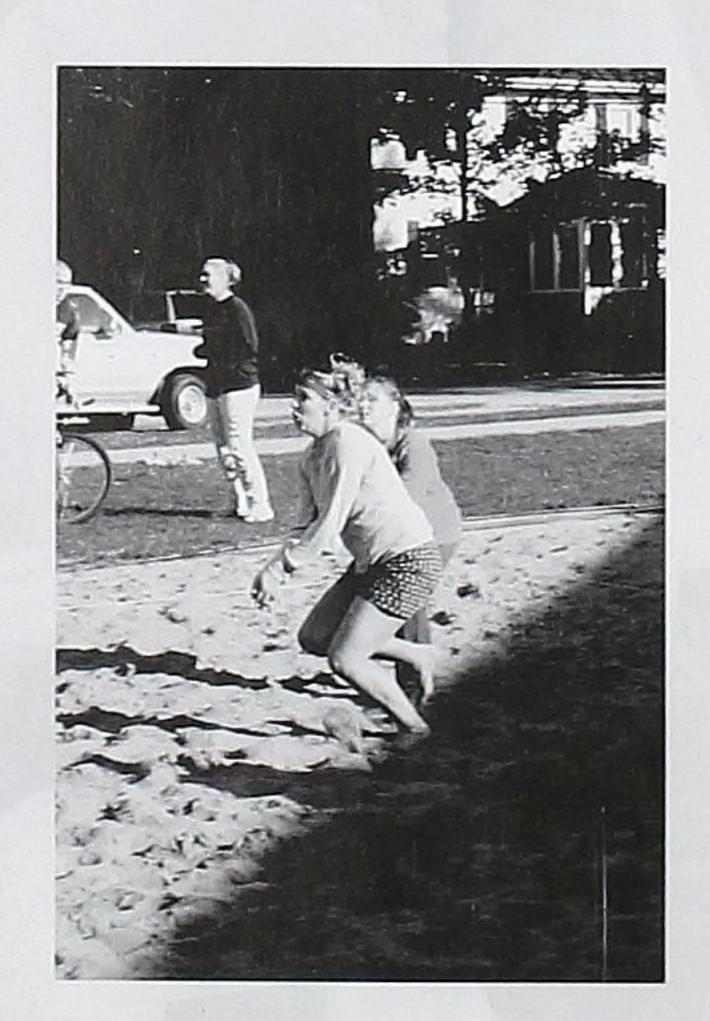






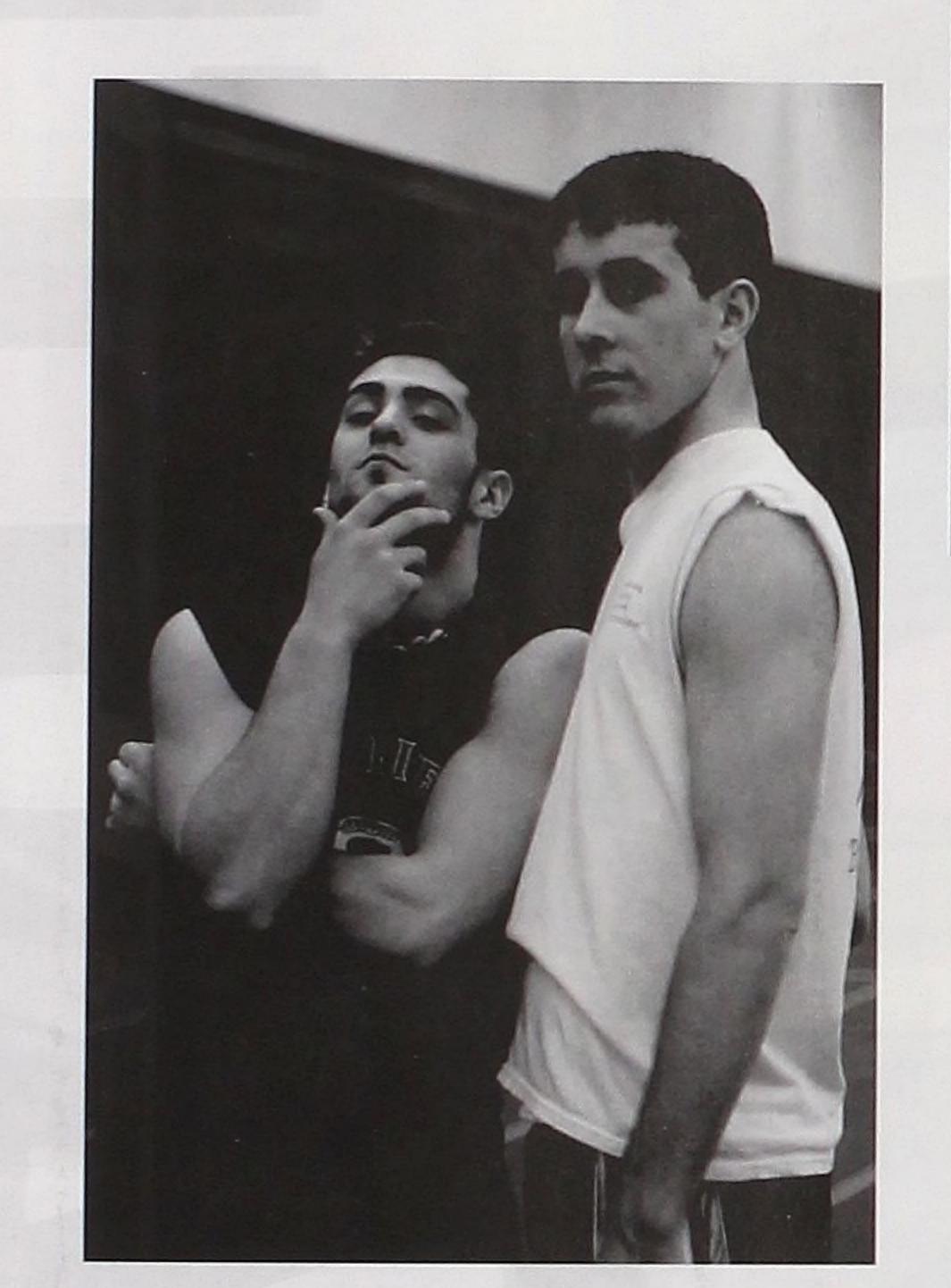


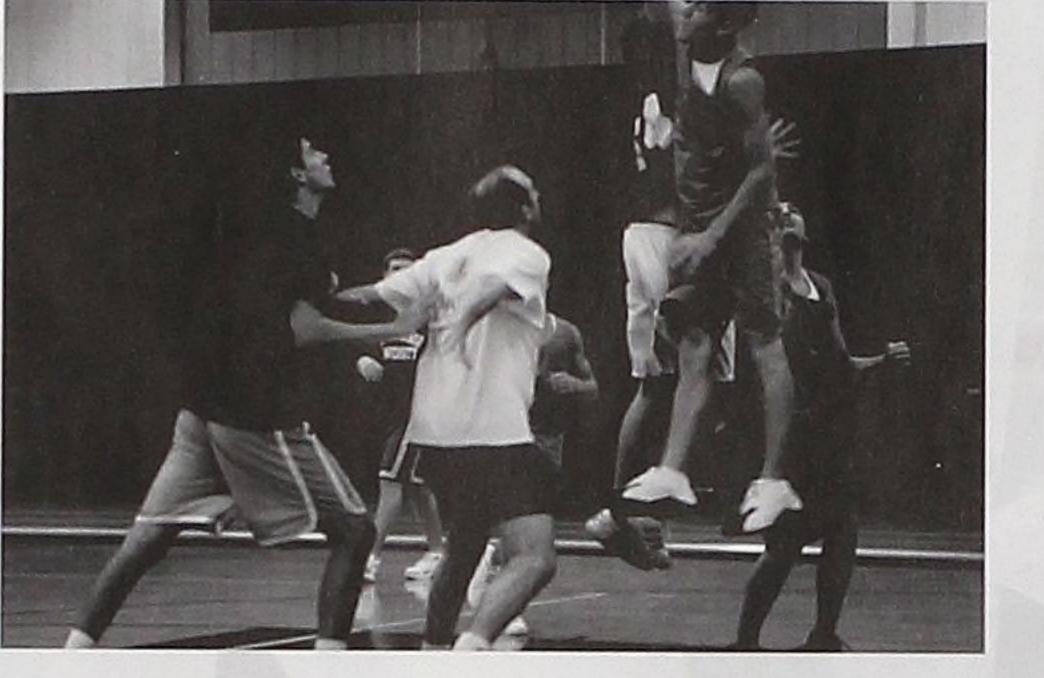


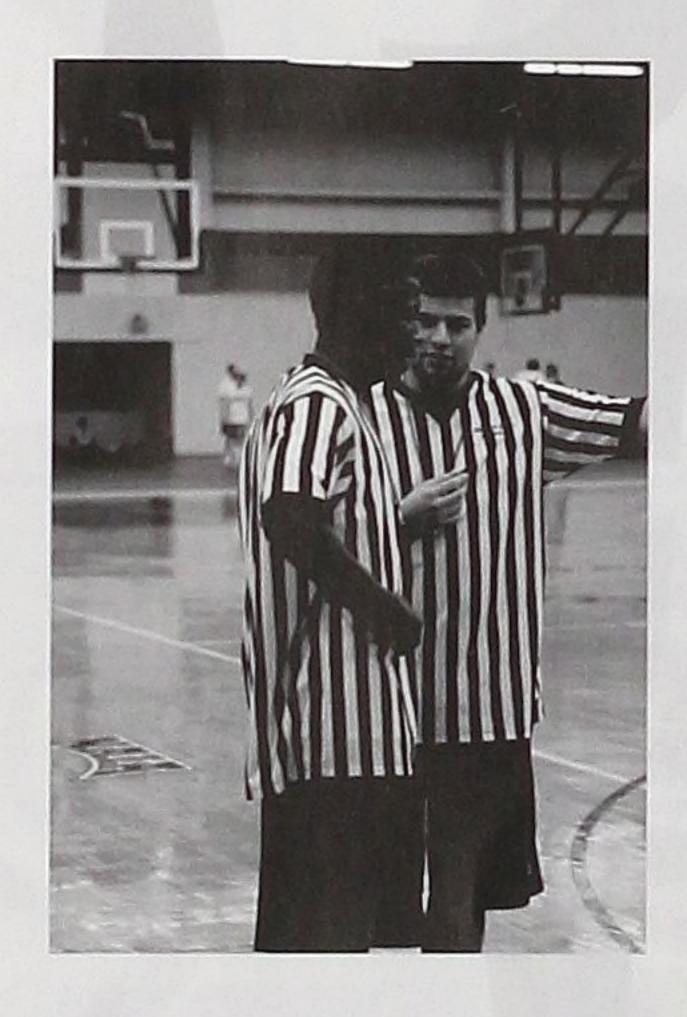


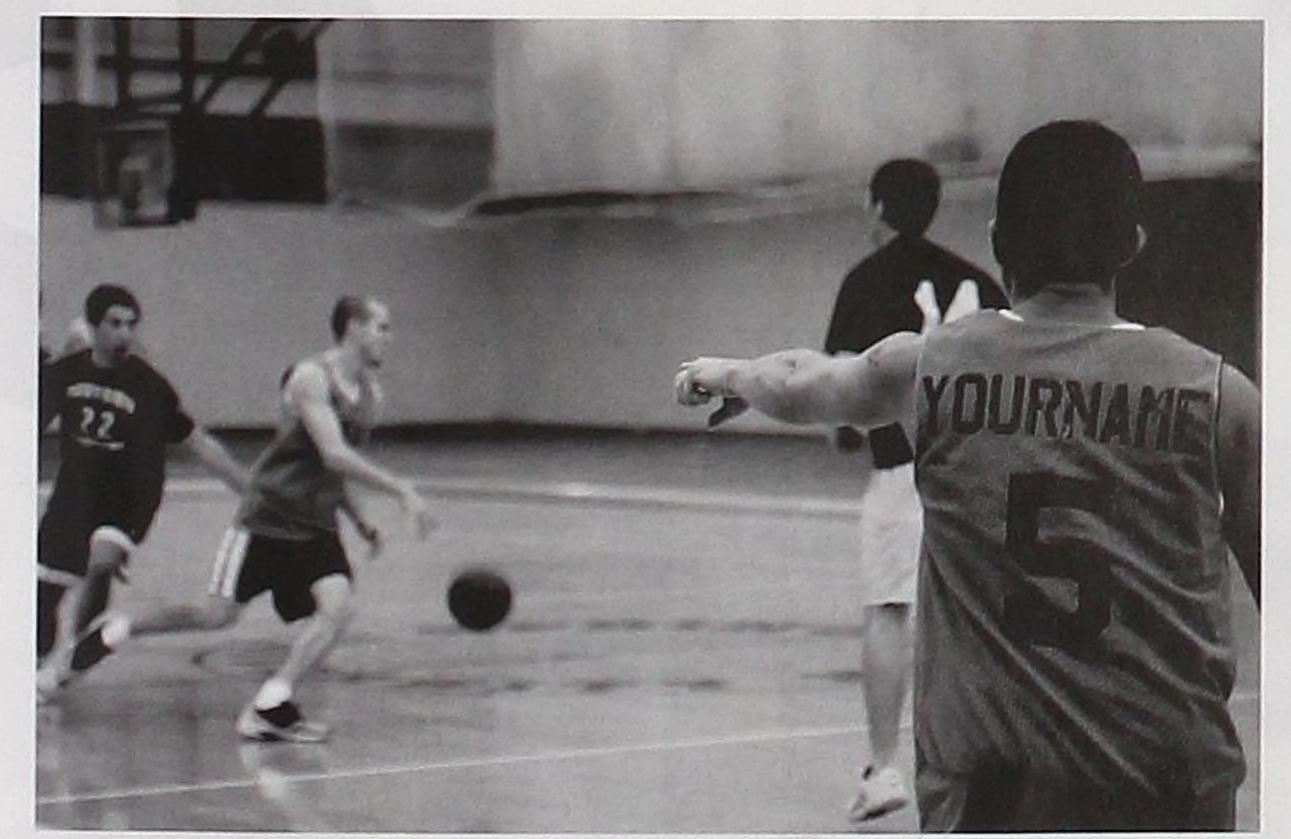


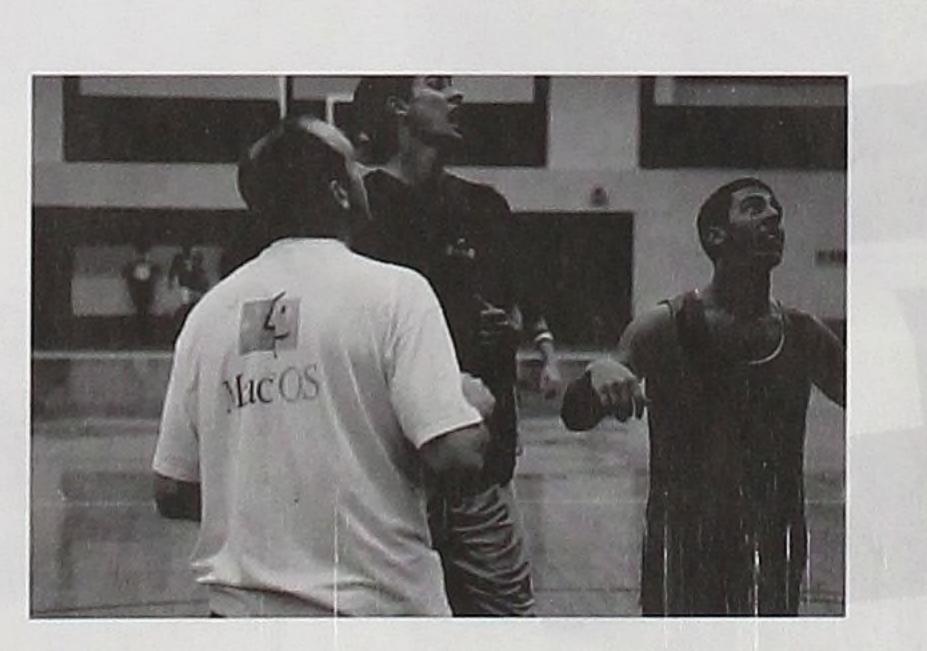
Boys Intramurals









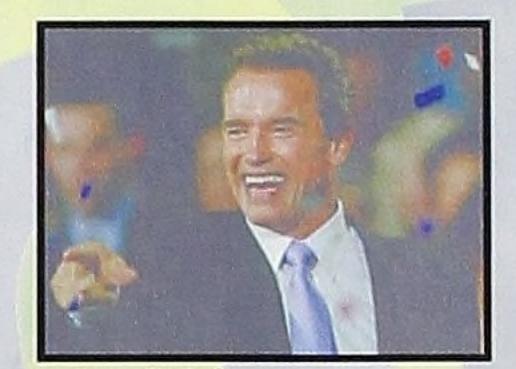








Sept. 18 Hurricane Isabel knocks out power to 2 million



Oct. 7 Schwarzenegger elected governor of CA



Oct. 28 Fires in Southern California consumed 500,000 acres



Oct. 26 Marlins win World Series



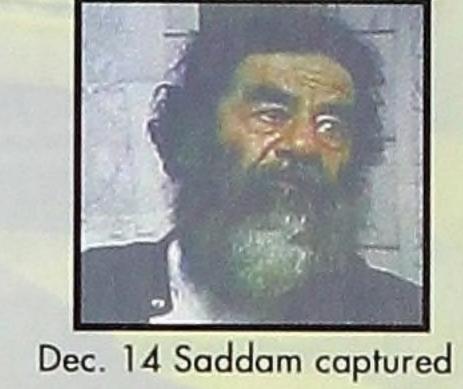
Nov. 20 Jackson arrested

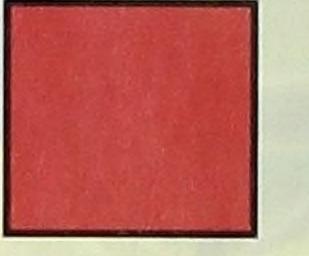


Nov. 27 Bush visits Baghdad for Thanksgiving

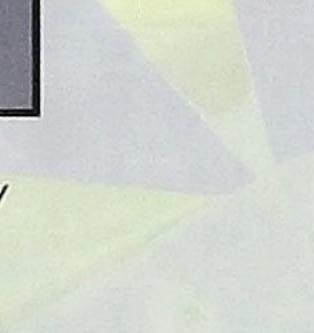


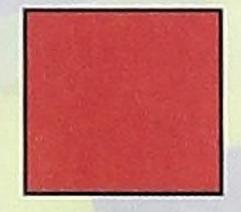
Dec. 23 Mad Cow disease confirmed





Aug. 18 major power outage in New York City







Oct. 30 Dracula

Oct. 4 Fall

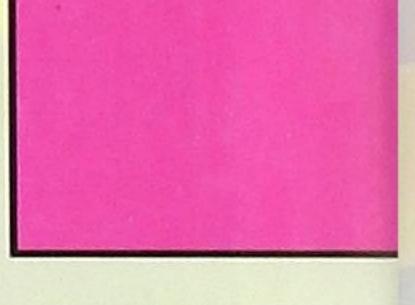
Convocation

Oct. 31

Natural

Science

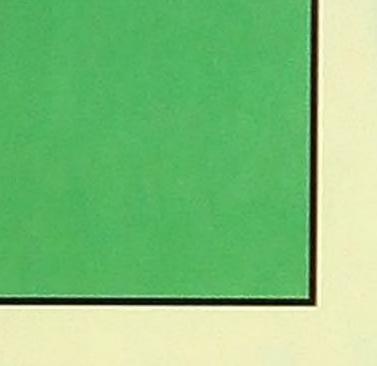
seminar

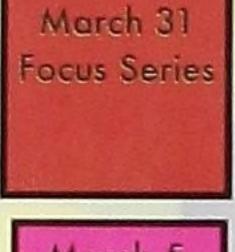


Dec. 6 Hanging of the Greens

Dec. 1 Art Show



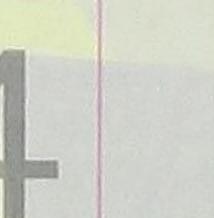




March 5-14 Spring Break

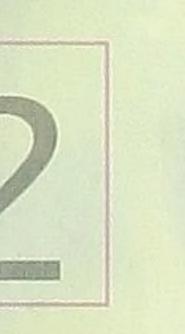


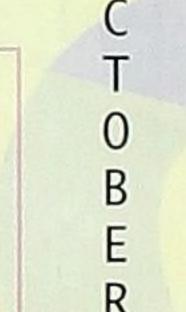
Jan. 3 NASA rover lands on red planet

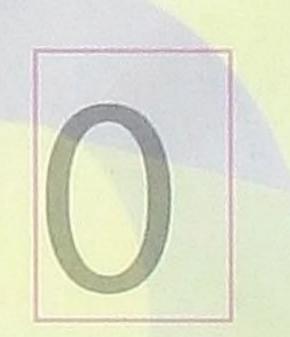


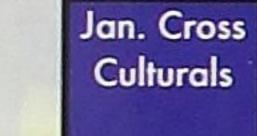
May 1 Spring Art Show





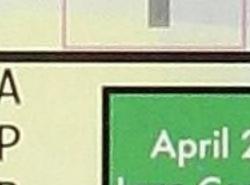




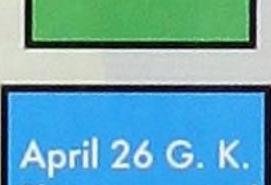




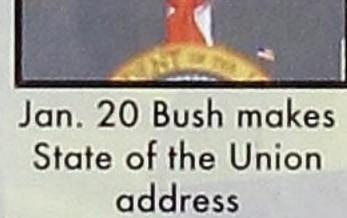
Feb. 29 A Meeting in Kansas



April 23 Jazz Concert



Chesterton and C. S. Lewis

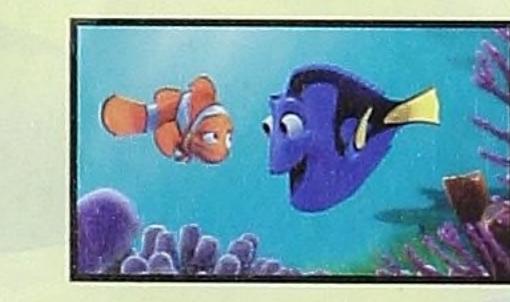


April 27 String Ensemble Spring Concert

Jan. 31 Janet

Jackson

reveals skin



April 24 Estee Lauder dies



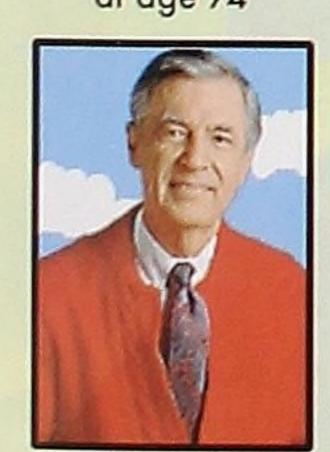
March 19 Bush marks one year anniversary of war



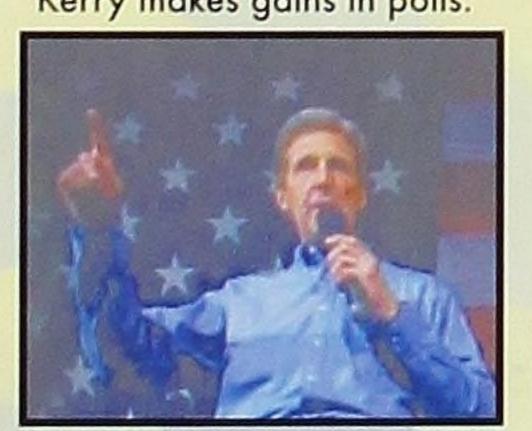
March 5 Martha

Stewart guilty

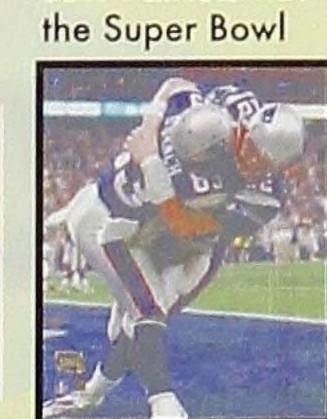
Feb. 27 Mr. Rogers dies at age 74



Feb. 3 Presidential Candidate Kerry makes gains in polls.



Feb.1 Patriots win



Jan. 27 Soldiers in Iraq





Dracula

I was once in Scotland. While there I went to visit the damp drafty ruins of Slains Castle, a monstrous maze of stone walls and collapsing towers, perched at the edge of a cliff. A light mist made the foggy precipice slippery, so one had to be careful exploring the crumbling mossy rock. Standing at the edge of the treacherous cliff, the dark silhouette of the castle behind me, I peered down straining to see waves tearing at the rocks below. Reportedly Bram Stoker received his inspiration for *Dracula* while one lost night landed him at Slains Castle.

This Halloween, when rumors of Dracula spread throughout campus, some students and faculty were, well, scared. But here's what Steve Bohus had to say:

"One of the most famous villains of literature paid a visit to the SAU campus this last year and I was lucky enough to have been a part of it. When I first heard that the fall play would be Dracula, I couldn't believe it. I attended auditions with no intention of trying out (having never been a part of a full scale theatrical production before) but at Dr Patton's insistence, I did. No one was more surprised than myself when I was cast as Dr. Abraham Van Helsing."

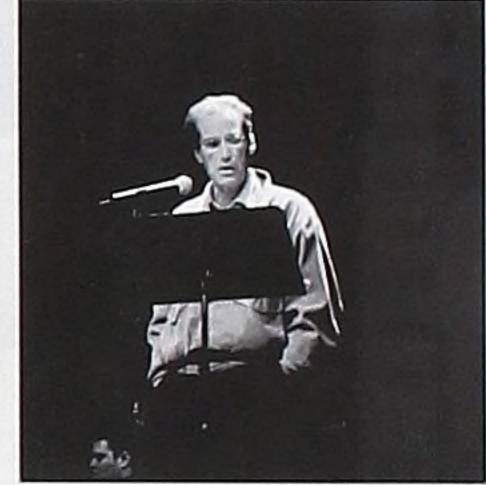
"After my experience with this production I now realize how much Hollywood has capitalized on Dracula and Bram Stoker's characters. Instead of focusing on the steaks, fangs, and blood, our adaptation recognized the incredible story of the struggle between Good and Evil. My character in particular, constantly referenced God and quoted scripture.

"Before Dracula, the only thing I knew about theatre was that the people were a little...odd. But after spending countless hours with the same people throughout the many rehearsals, you develop a bond and many inside jokes based on your characters. I have come to the conclusion that, while quirky, theatre people are some of the best people I have ever had the chance to work with. Every action is filled with passion. Every moment is full an energy that you don't find in conversation with 'normal' people. All in all, Dracula was an amazing experience that I will never forget."

Amy Berry



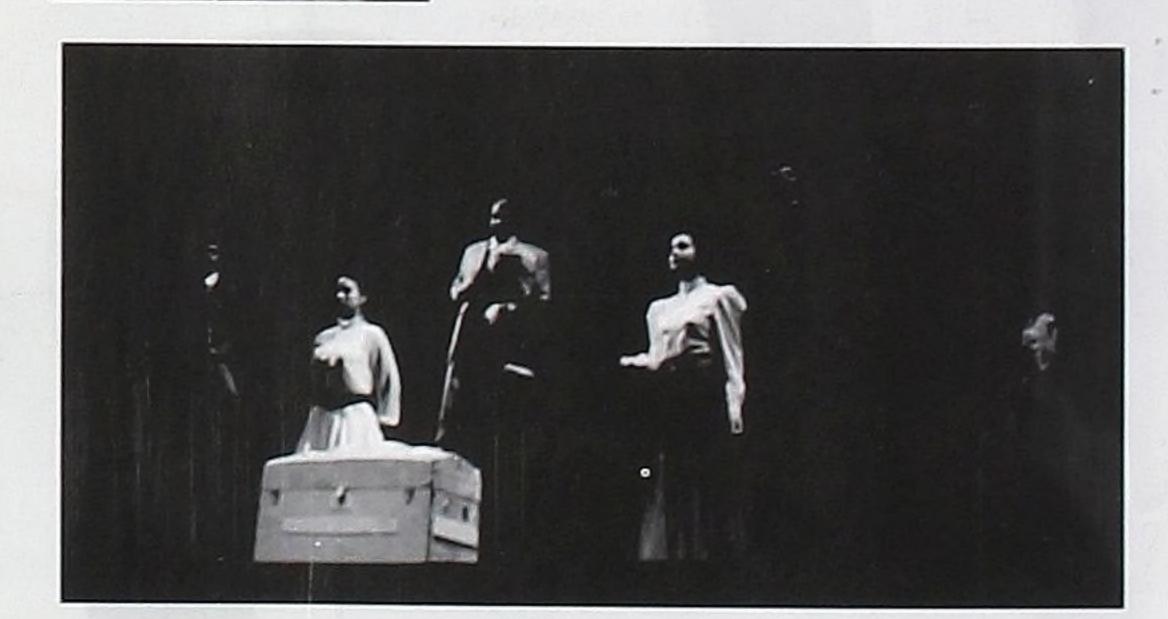












Music Groups

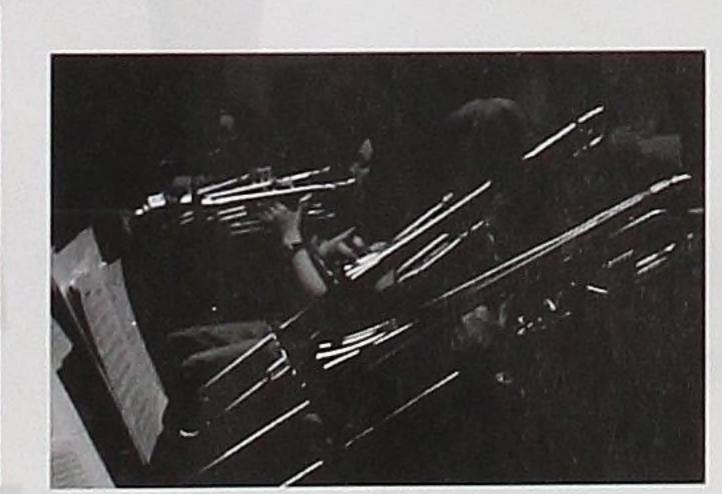












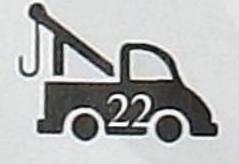
On March 31 the SAU Choir left Spring Arbor, MI for a five day tour through Ohio, where they sang thirteen songs for various audiences. Directed by Dr. Charles Livesay, the group had been practicing since the beginning of the semester. Their routine included, "Call to Silence," "Word Was God," "As the Deer," and "Magnum Mysterium." The Choir's first performance was at Galion Free Methodist Church, followed by Cuyahogo Valley Christian Academy and Living Water Free Methodist Church in Dayton, and Maranatha Christian School and Columbus First Free Methodist in Columbus. Their final performance was applauded by Upper Arlington Lutheran Church.







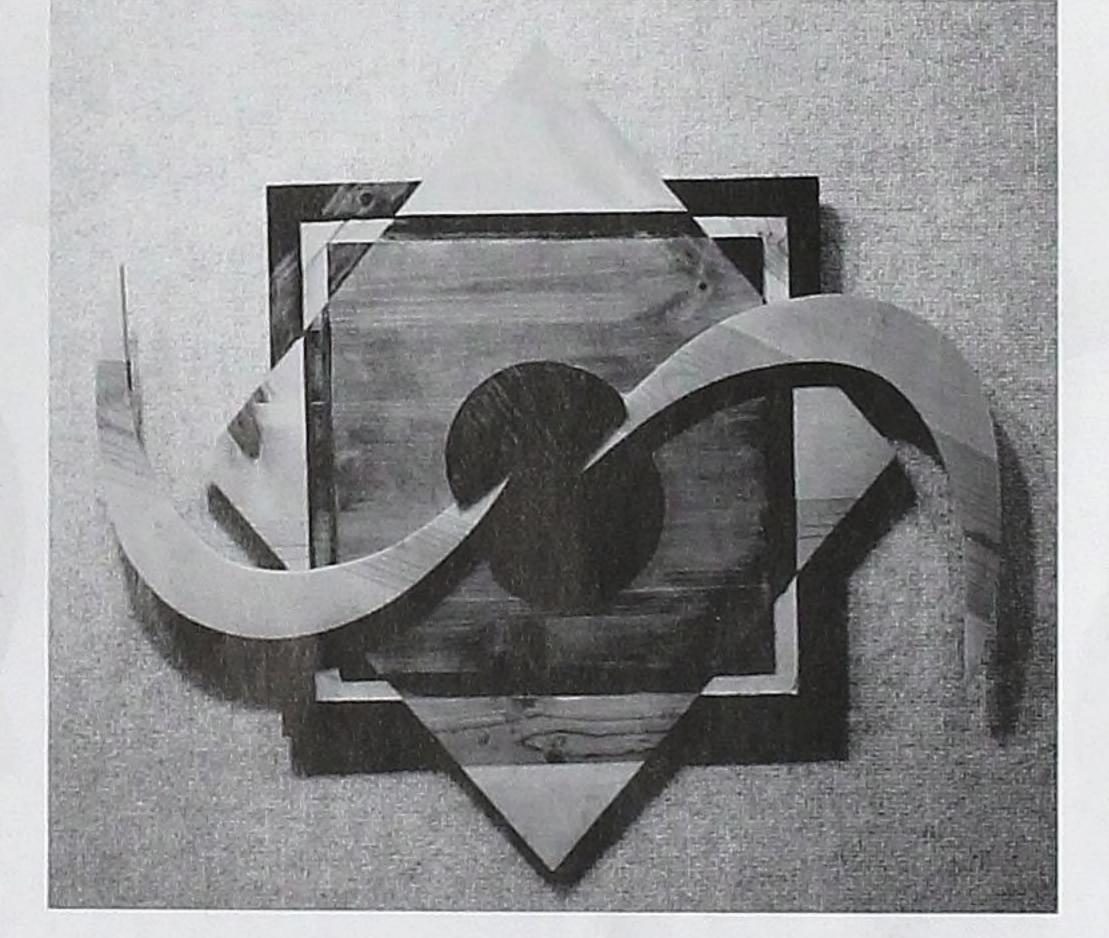


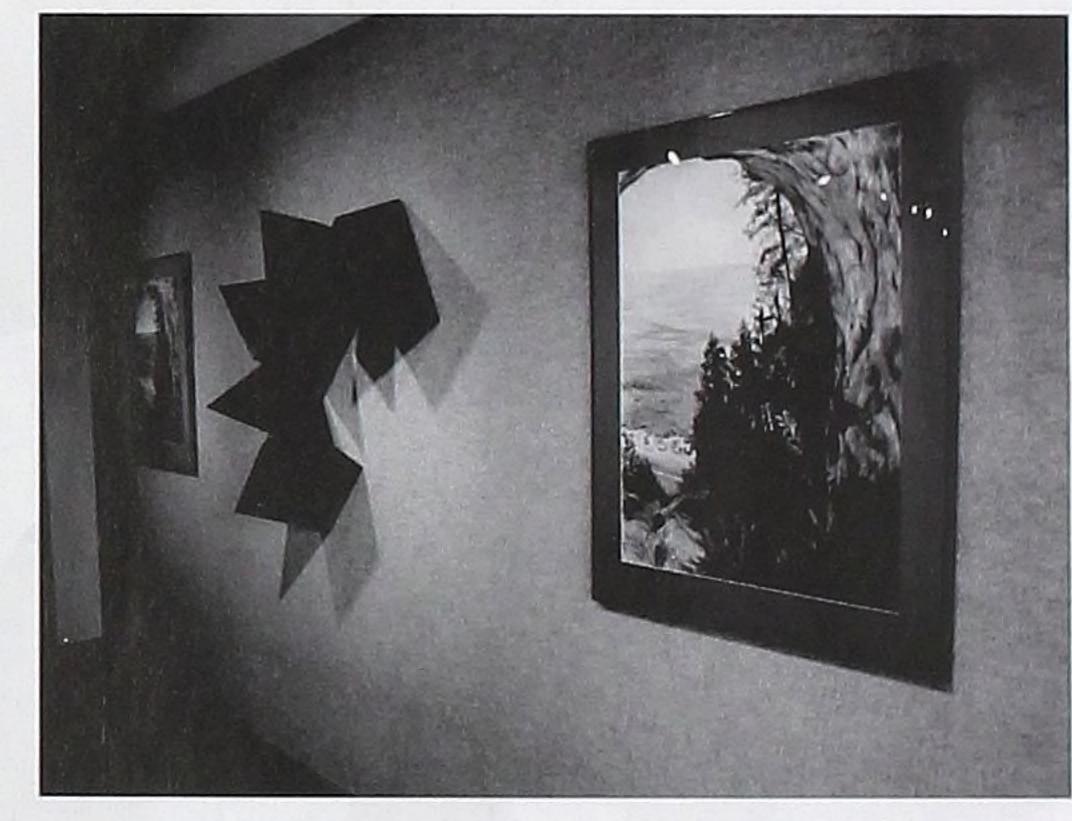


Art Work



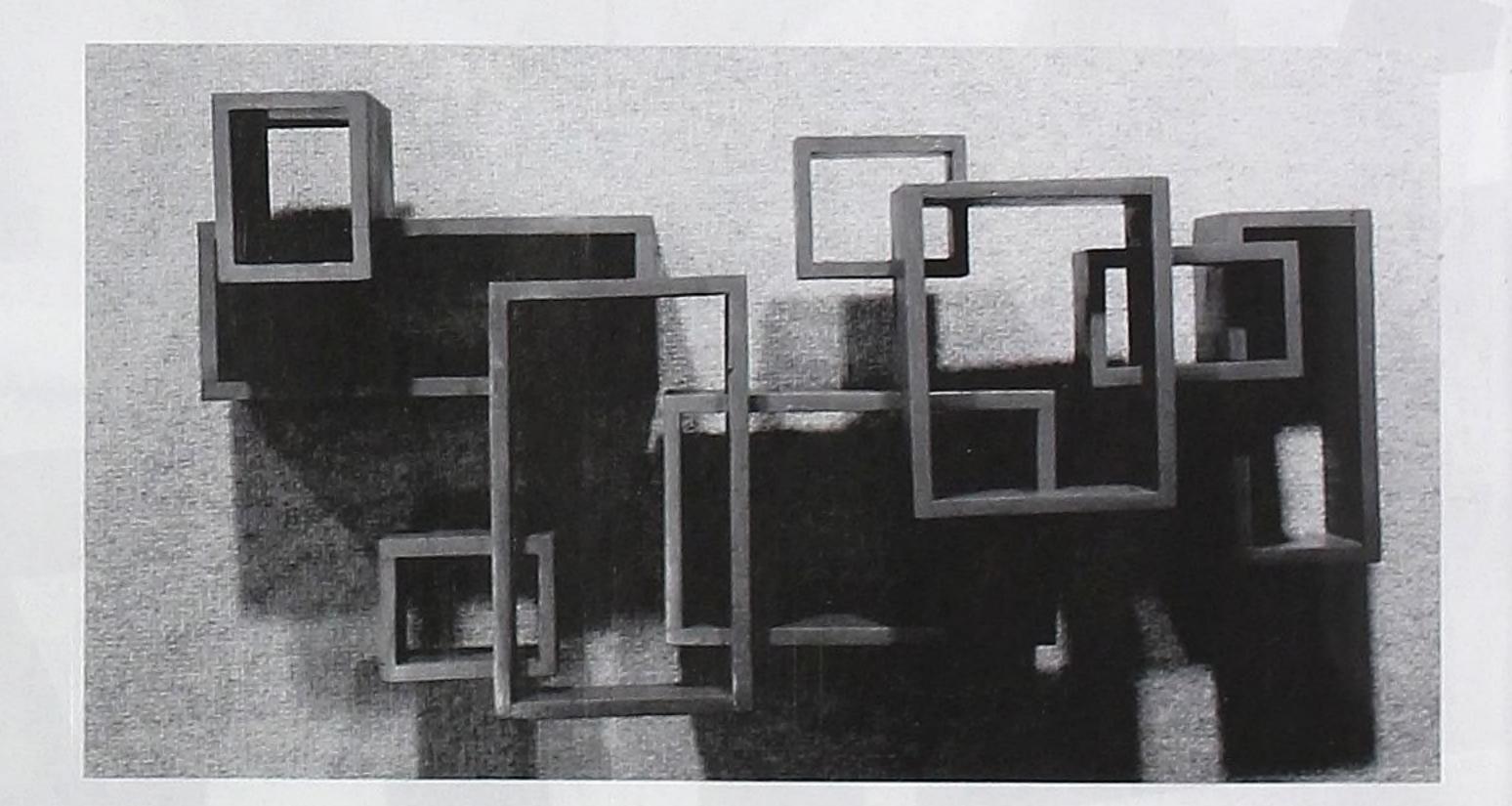
Senior Exhibition Sculpture

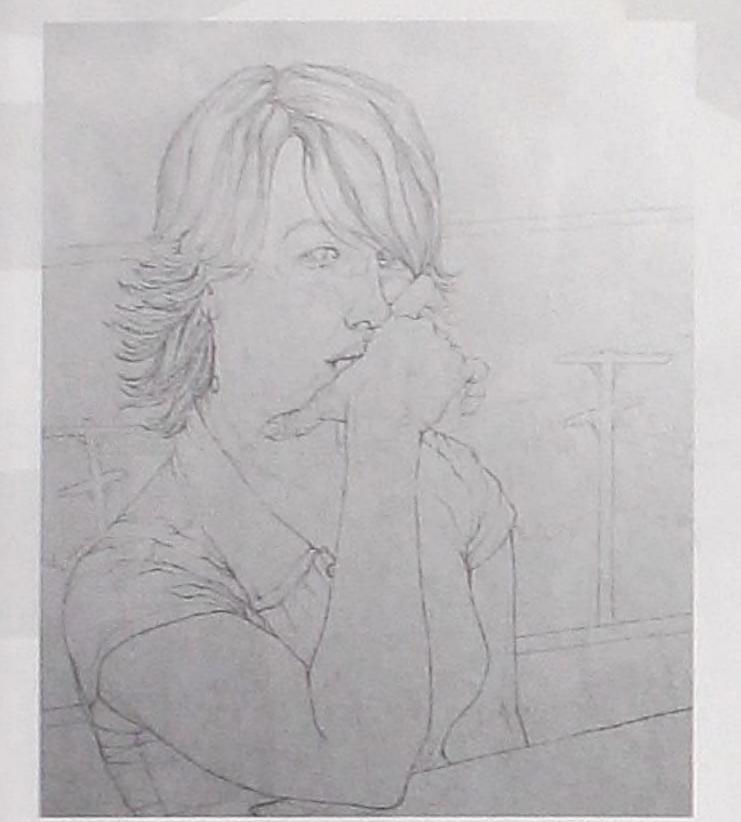


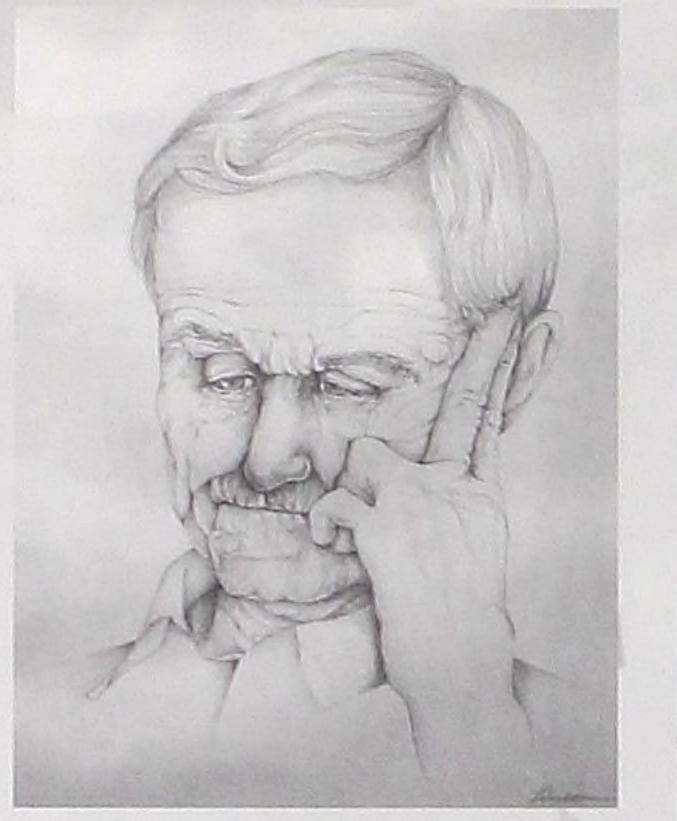


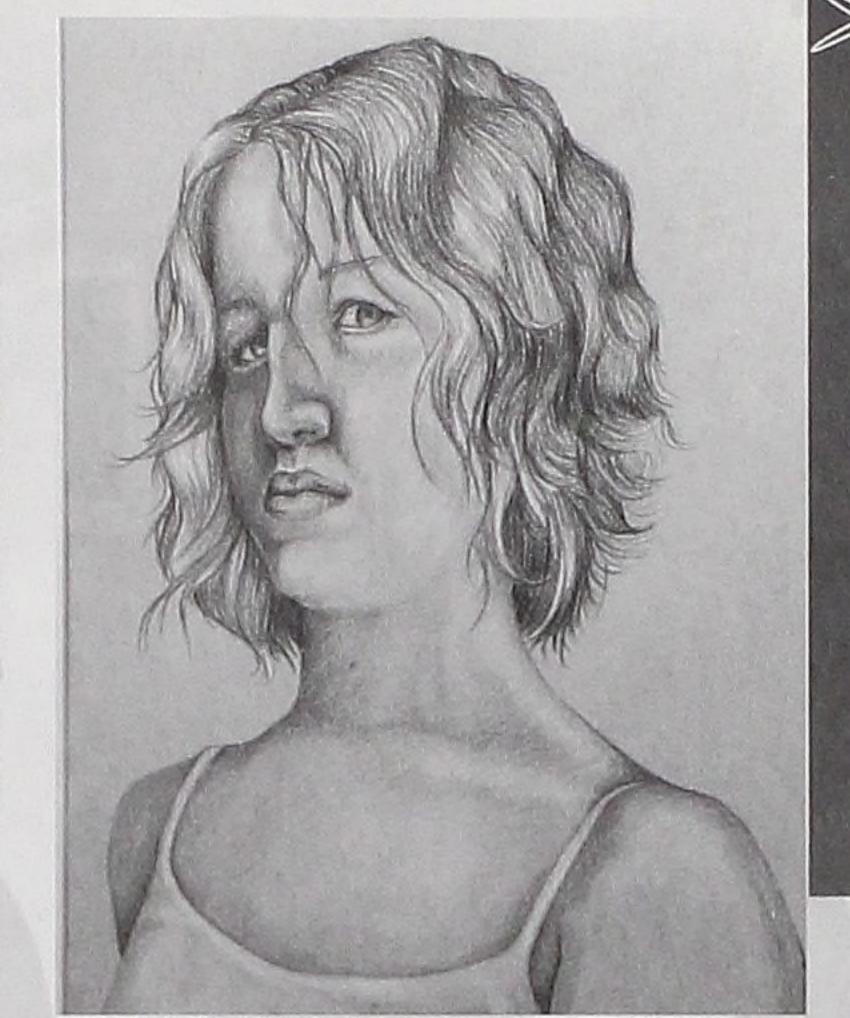
Matt Handy

Senior Exhibition Painting



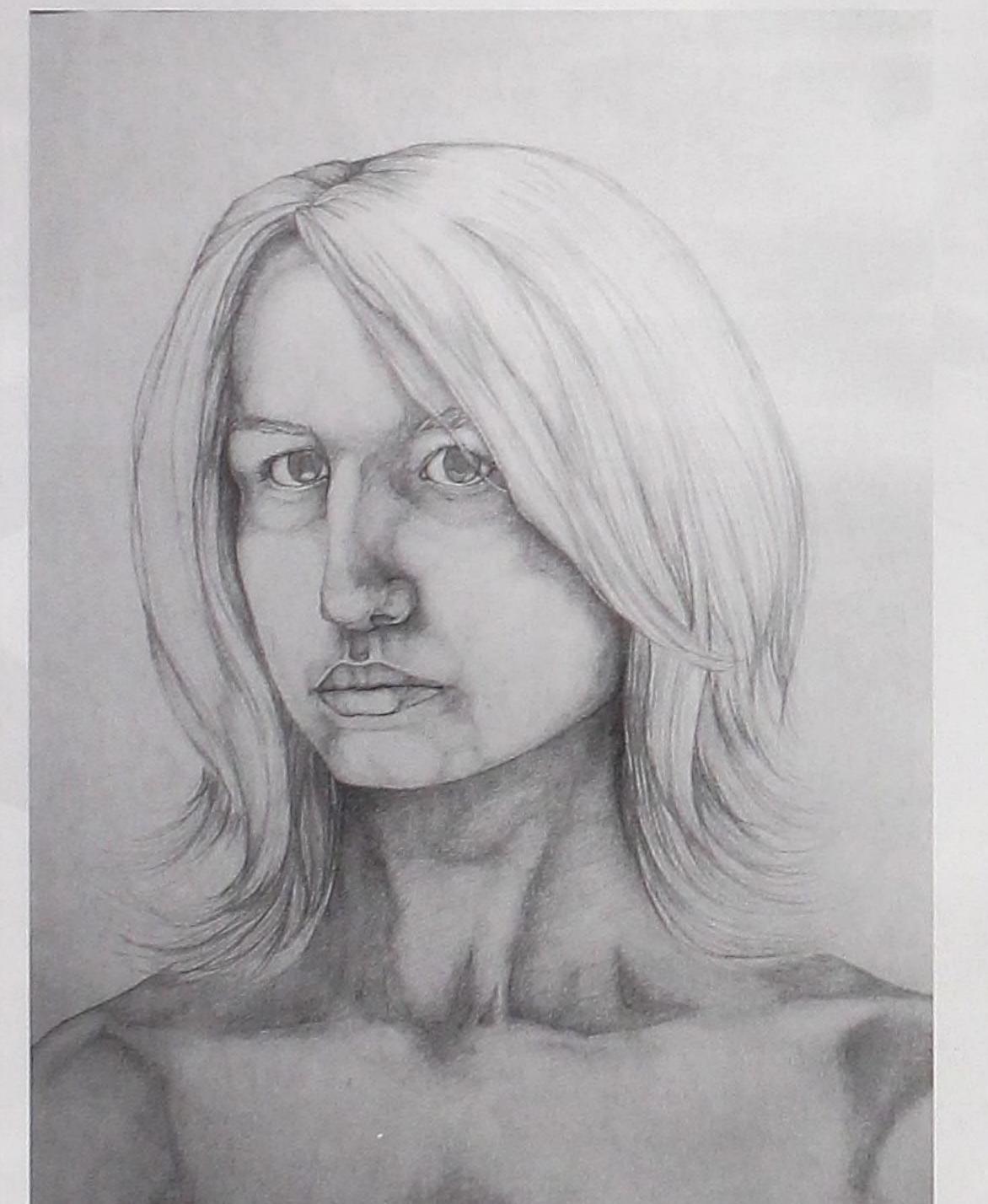




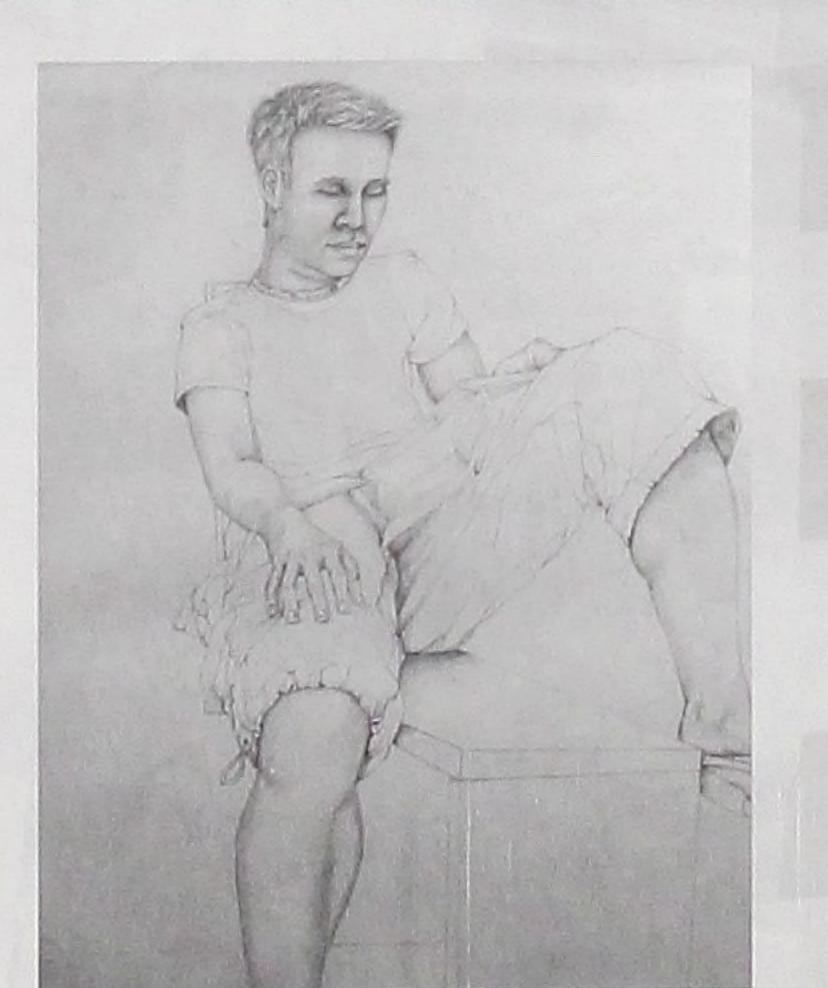


Kerren Farnbach

Senior Exhibition
Figure Drawing











Chapel

God isn't safe. Regardless of your feelings toward God, he is dangerous, and he is after you. And when he gets a hold of you the results could be fantastic. He has the power to change your life for eternity. Do you remember the Chronicles of Narnia, by C.S. Lewis?

> "Aslan a man!" said Mr. Beaver sternly. "Certainly not. I tell you he is the King of the wood and the son of the great Emperor-Beyondthe-Sea. Don't you know who is the King of Beasts? Aslan is a lion-THE Lion, the great Lion."

"Ooh!" said Susan, "I'd thought he was a man. Is he-quite safe? I shall feel rather nervous about meeting a lion."

"That you will, dearie, and no mistake," said Mrs. Beaver, "if anyone can appear before Aslan without their knees knocking, they're either braver than most or else just silly."

"Then he isn't safe?" said Lucy.

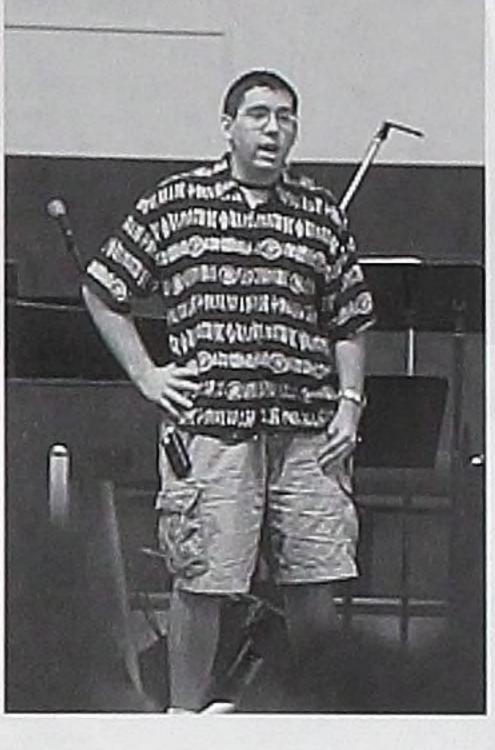
"Safe?" said Mr. Beaver. "Don't you hear what Mrs. Beaver tells you? Who said anything about safe? "Course he isn't safe. But he's good. He's the King, I tell you."

Like Aslan, God is good, but of course he isn't safe. He has the power and the desire to change you into something new. Maybe something you thought you didn't want to be...but ultimately into something good. He is chasing you ready to mold and use you.

Psalm 34:8-9 says: "Taste and see that the LORD is good; blessed is the man who takes refuge in him. Fear the LORD, you his saints, for those who fear him lack nothing."

God isn't safe, but He is good.

As God cultivates your mind, body, and spirit there is something you can do to foster that growth: Be excellent.



How can you be excellent?

accountable.

are serving."

Adam Dawson.

takes to get you there.

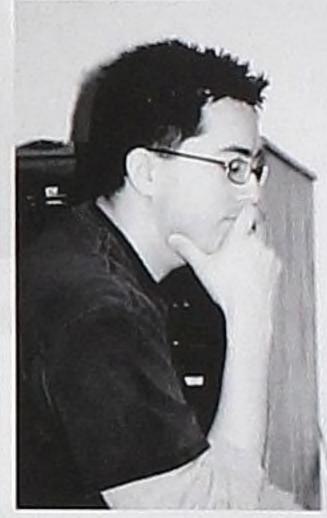
Christ and be healthy.

for the changes He will make in you.

• Find a mentor. Find someone to talk with

be excellent. And he will do whatever it

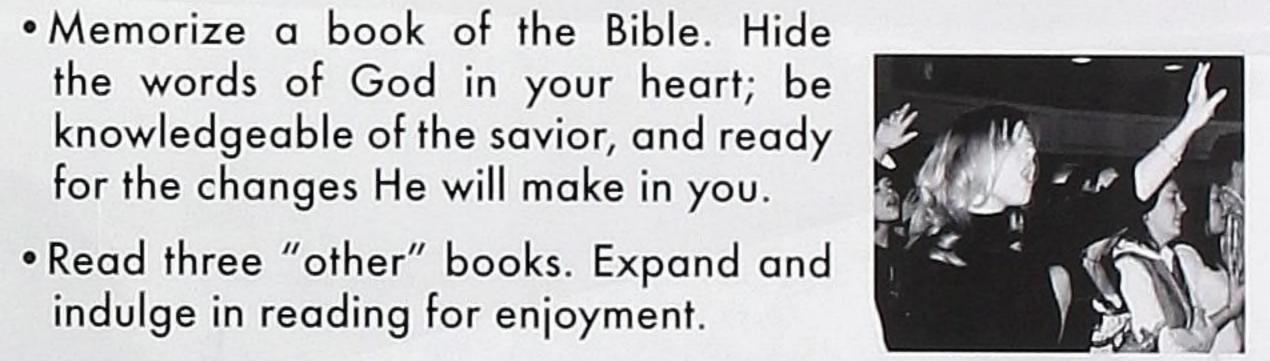
indulge in reading for enjoyment.



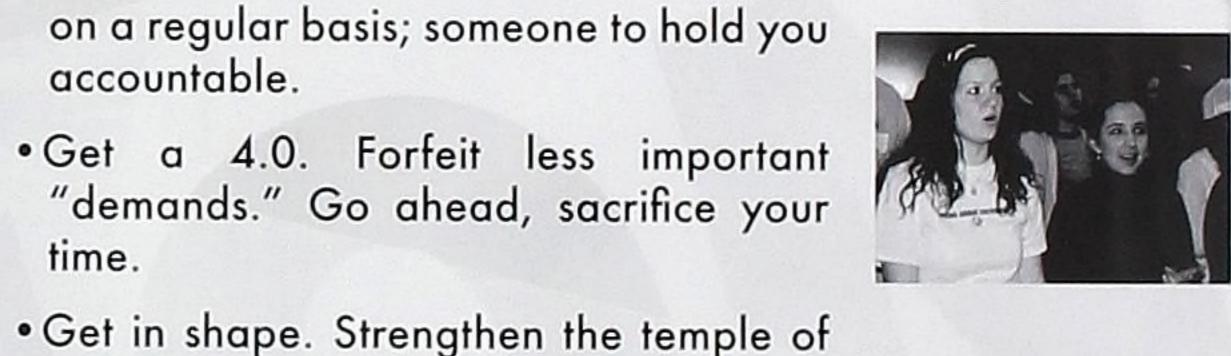


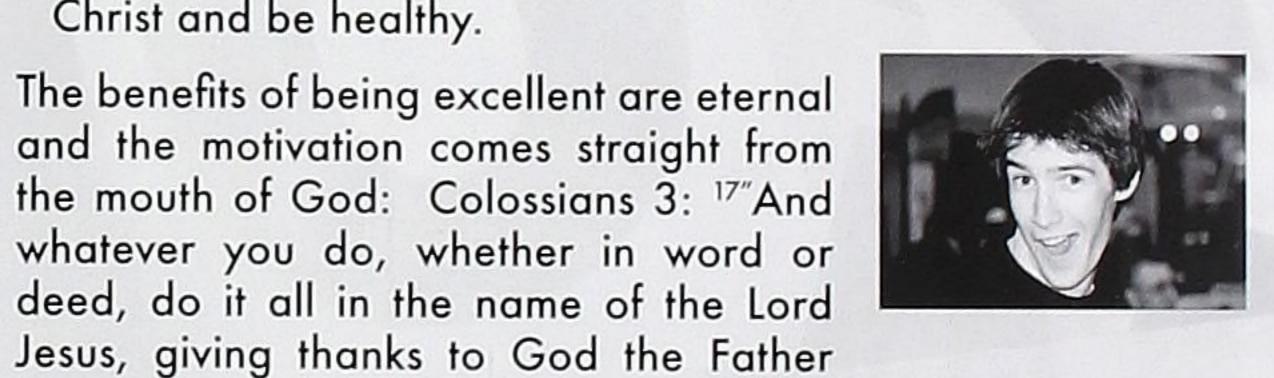


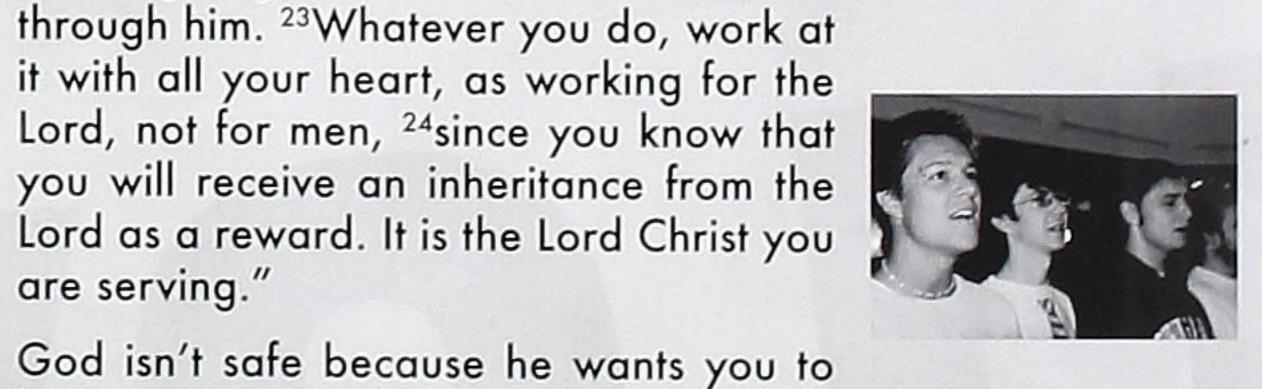


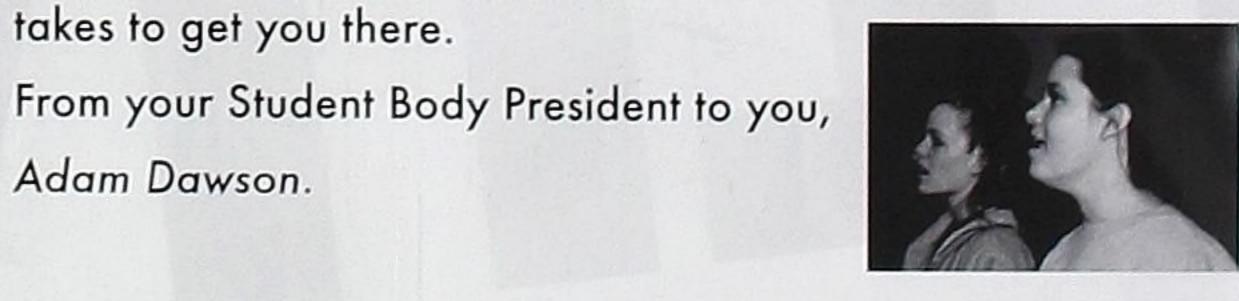












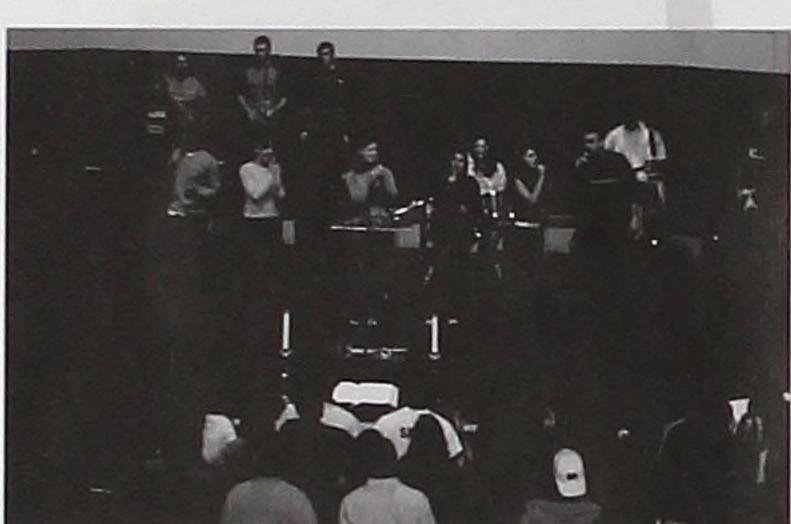


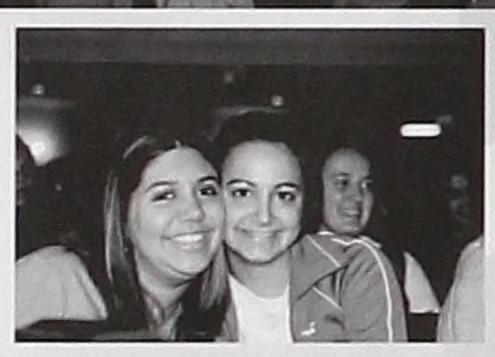


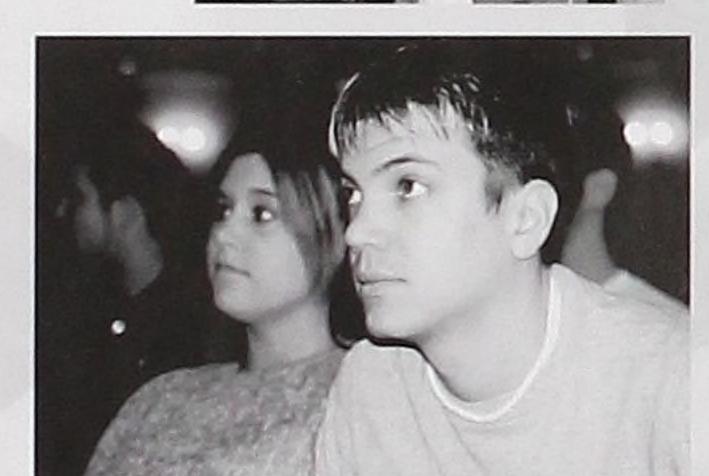






























Spiritual Life Retreat





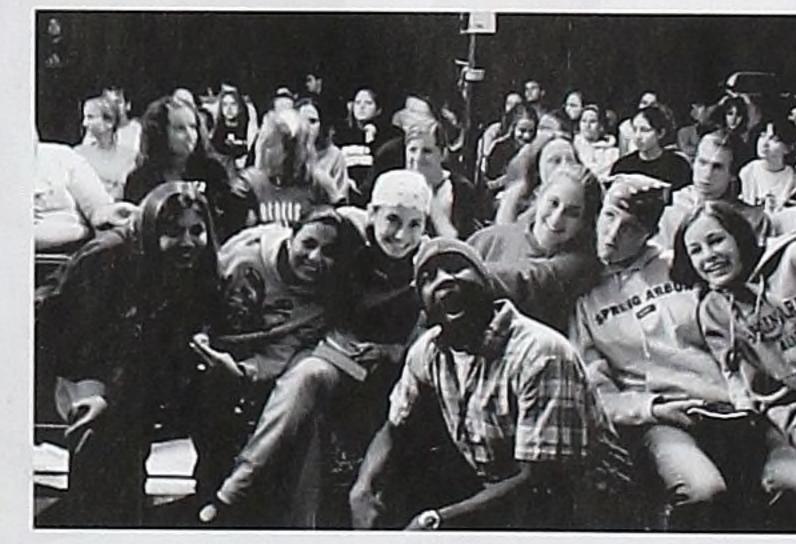


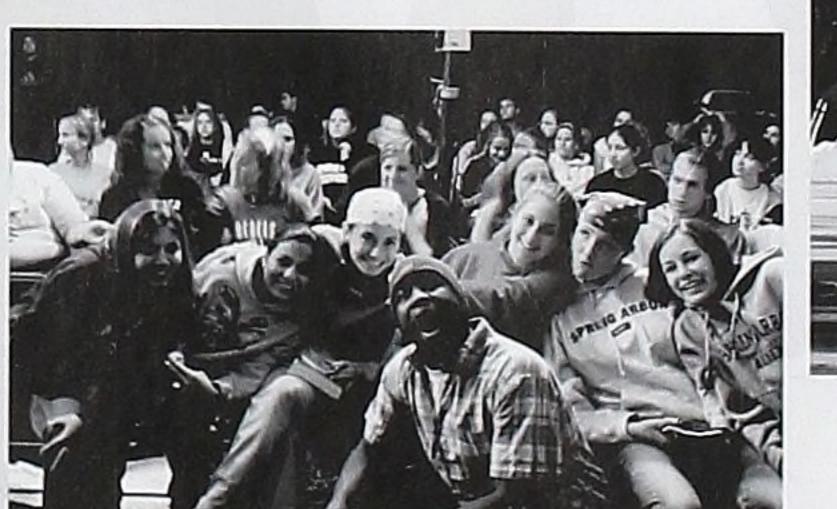












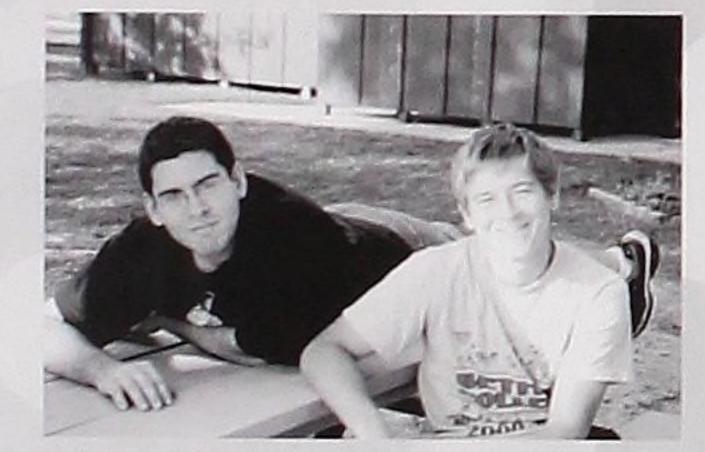


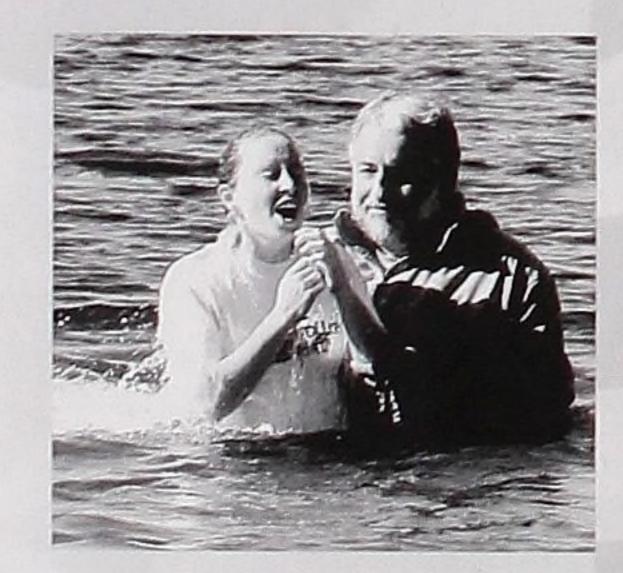
















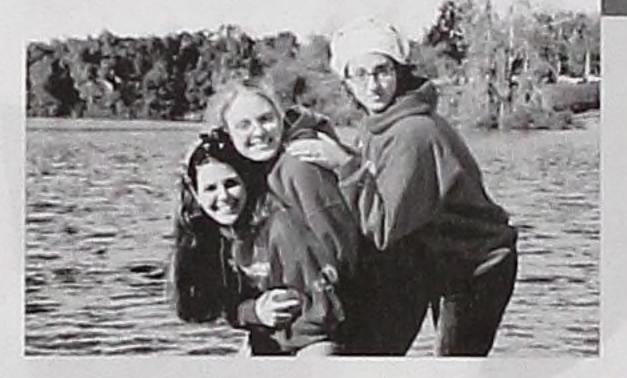




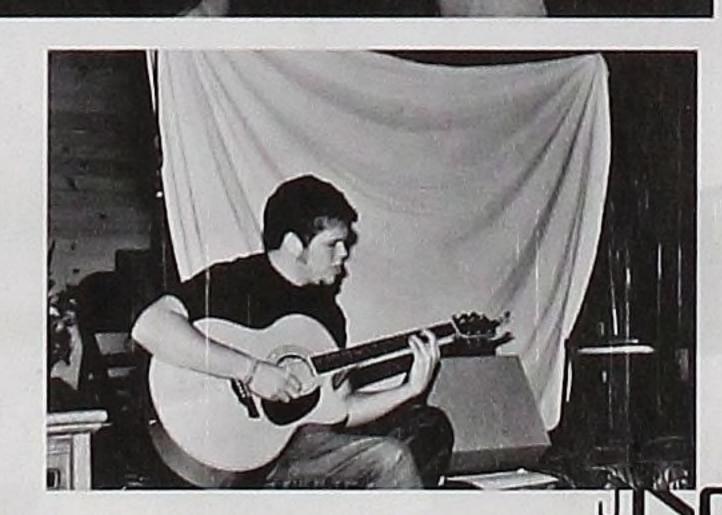














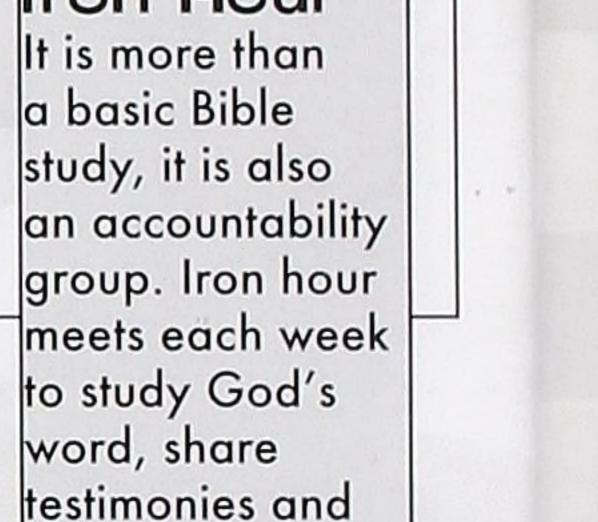
Heed the Man

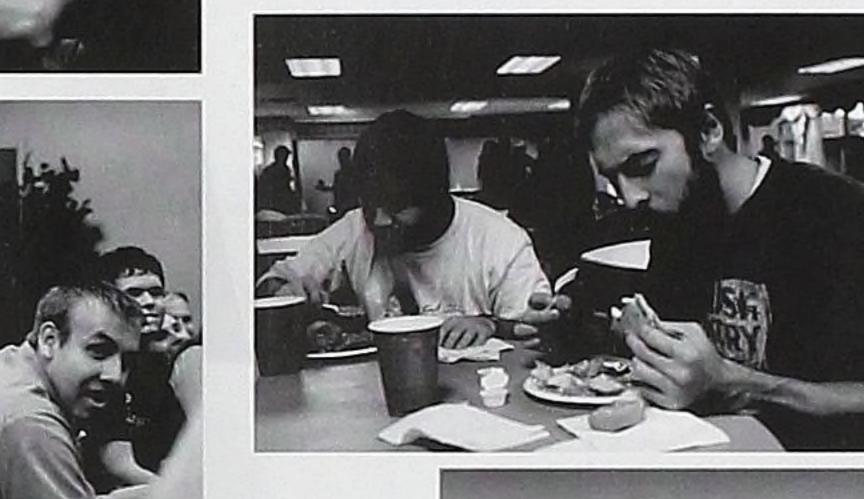


Chat/Prayer Line Grief/Support Ministry Hebs (Heb. 3:13) Ladies Night Passion Night SLAs SPUR

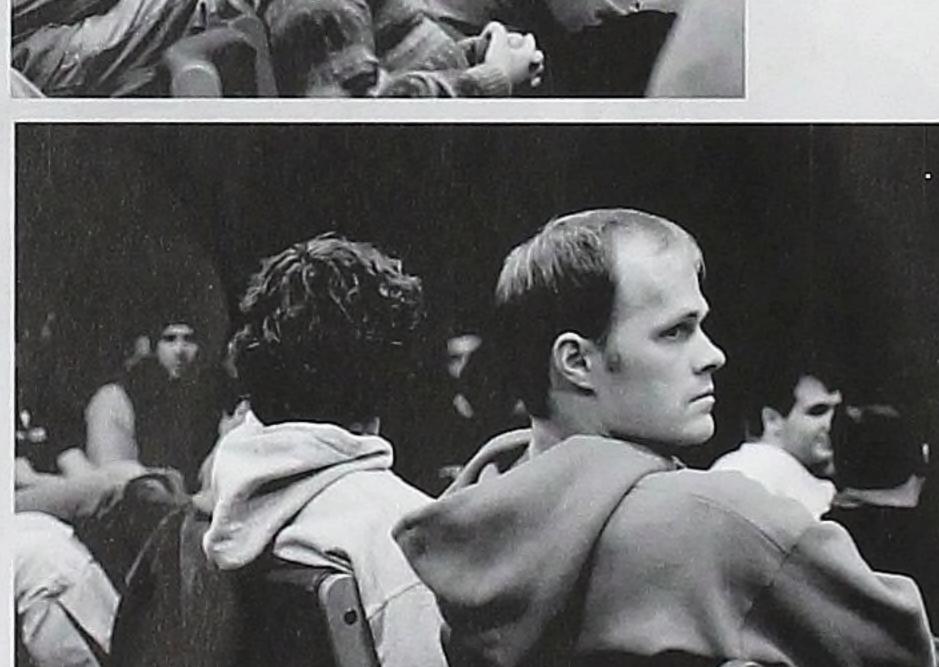
Other On-Campus Ministries

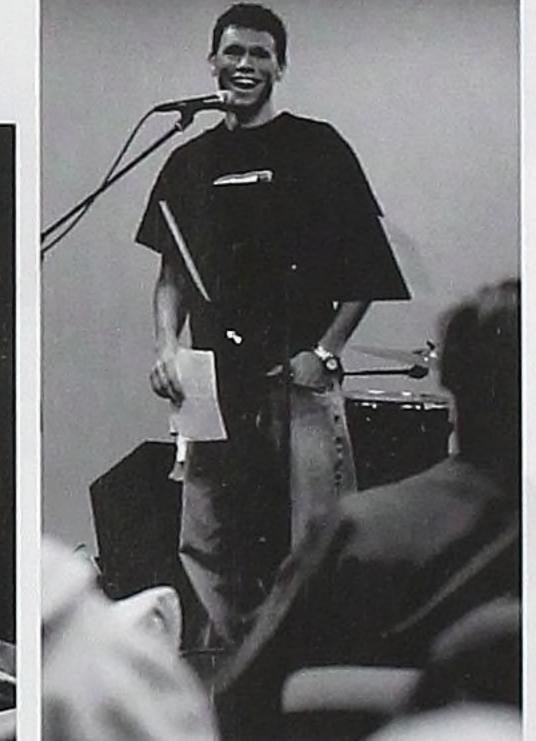
Iron Hour





Thursday Night Prayer pray. The group also encourages one another to spend a least one hour in God's word each day.





The Call

This on-campus ministry, formally know as Frapel, gives students the chance to gather each Thursday night to worship in song and praise.

Communidad Agua Viva

I would have started out this brief explanation of CAV by saying something cool in Spanish, but since I don't know Spanish...Well, if you speak Spanish, join in ministry and worship, as this studentrun church reaches out to new Spanish families in the Jackson area every Sunday.







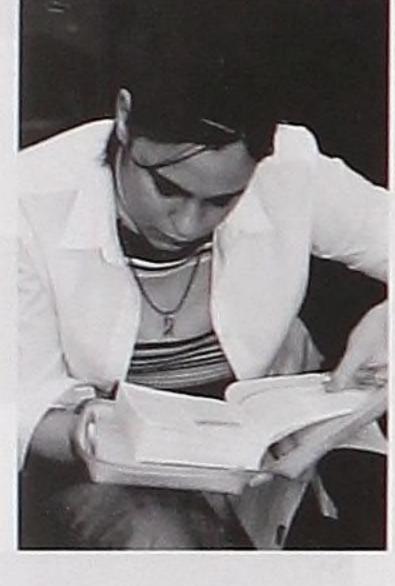
By The Book

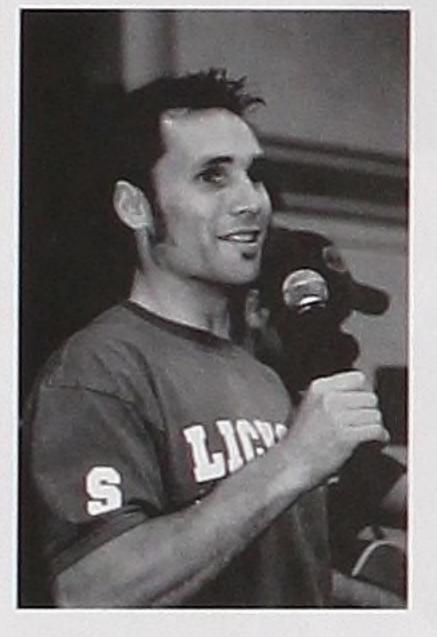


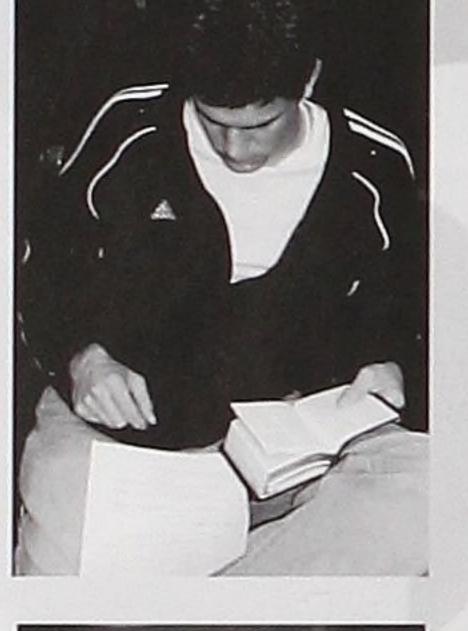


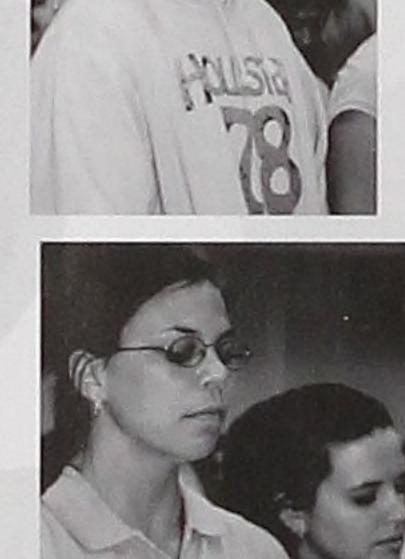
















Men's Prison Ministry

Arbor Manor Ministry

Action Jackson

Every kid needs a mentor,

and for 15 years SAU

students have been just

that for inner-city kids in

Jackson. While swinging

at the park, or enjoying

an ice-cream cone SAU

to build strengthening

anything a friend.

students use the opportunity

relationships with kids who

guidance, and more than

need encouragement, moral

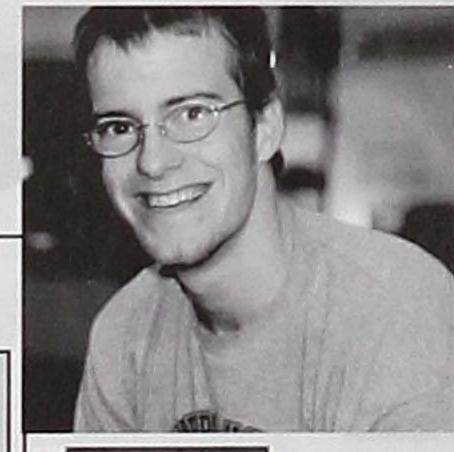
Praying For You

Door Keepers

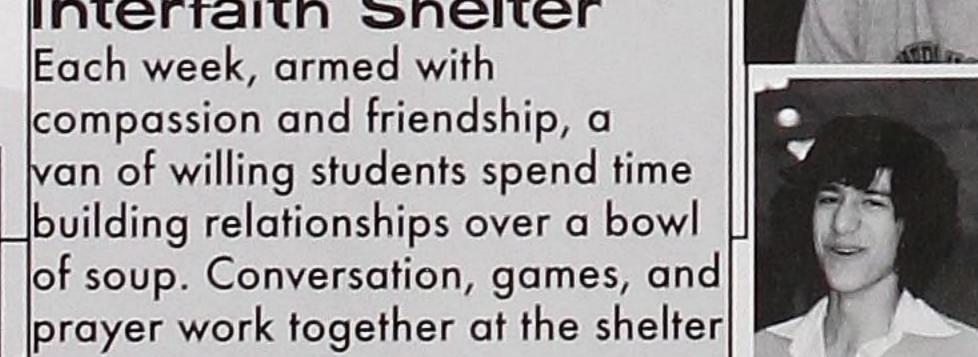


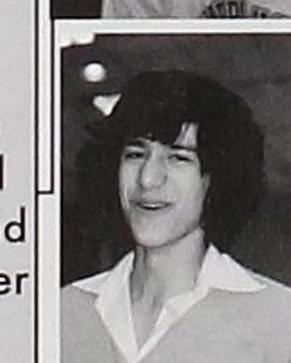
Other Off-Campus Ministries











Heartside Homeless

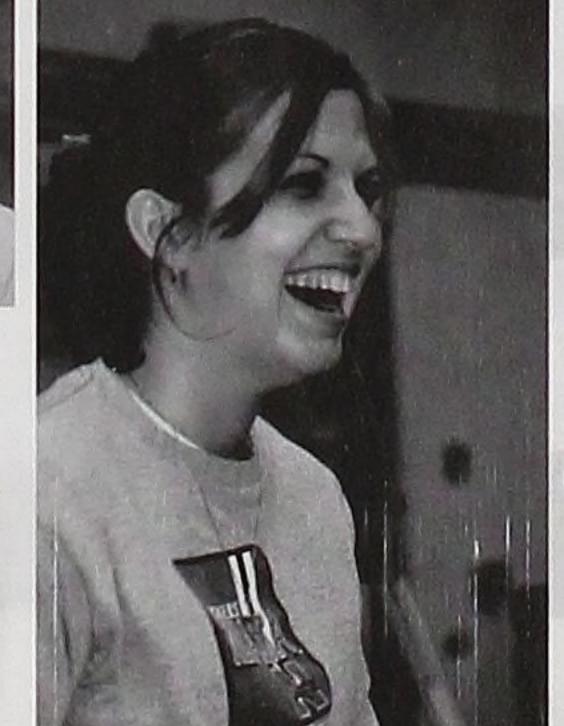
Interfaith Shelter

compassion and friendship, a

Each week, armed with

to encourage the needy.

While most people spend their Saturdays sleeping in, Students involved in this program spend two weekends a semester passing out sandwiches, warms blankets, and the truth of Christ to the homeless in Grand Rapids Michigan.





Porchfest

The evening air is warm, guys in cut off tees and stone wash jeans gather on the Ormston balcony around a smoking grill. As the smells of a cookout waft through out campus, girls with high side ponytails and big bangs dressed in neon pink join the boys for the first Porch Fest in Spring Arbor history. The year, of course, is

What began as a simple cookout has become an event students anticipate all spring. The evolution of this tradition began as 82's event quickly picked up momentum, and included a band the following year. Roger Varland, R.D. at the time, explained that Chariots of Fire inspired the first skit, as Ormston boys ran around the building like characters from the movie.

The following year, Varland brought in an old car and a few baseball bats. They spent the evening destroying the junker, which, Varland says, is not as easy as it sounds.

Their first huge bonfire, also a ceremonial burning, was the following year. In 1985, The Passion Pit, a worn out couch with no springs used by couples in the Ormston lounge, was set by the Centennial Gardens (which was actually a fountain at the time), doused with kerosene, and sent up a in a blaze.

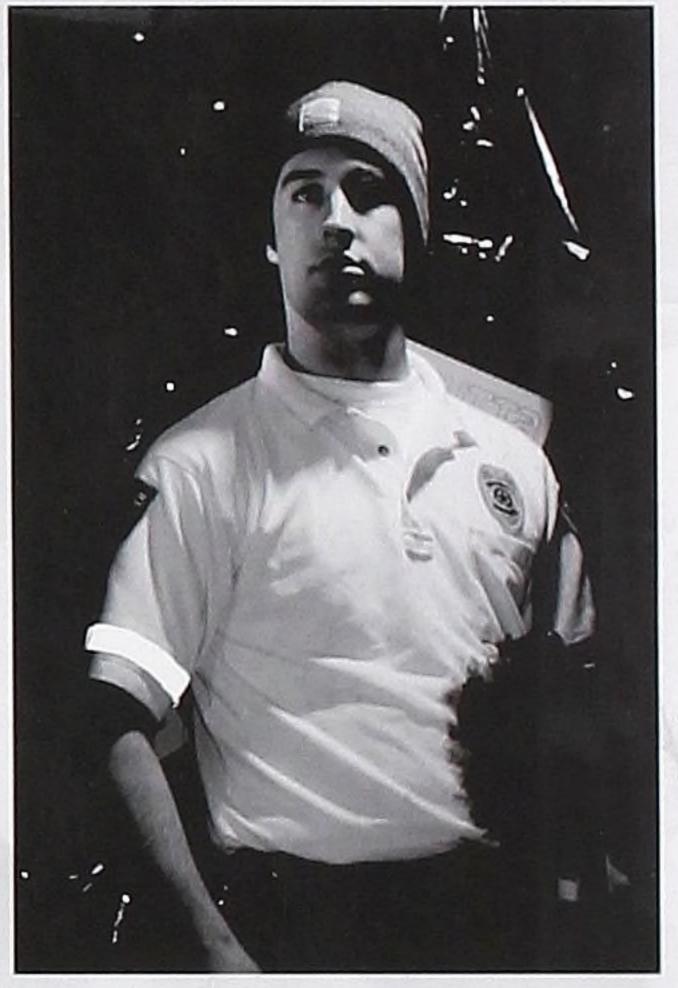
Eventually Ormston hosts were added, and the skits included a variety of acts from all over campus. As each year brings hilarious and entertaining new traditions, one thing has remained constant: "The events are always wrapped around a meal," says Varland.

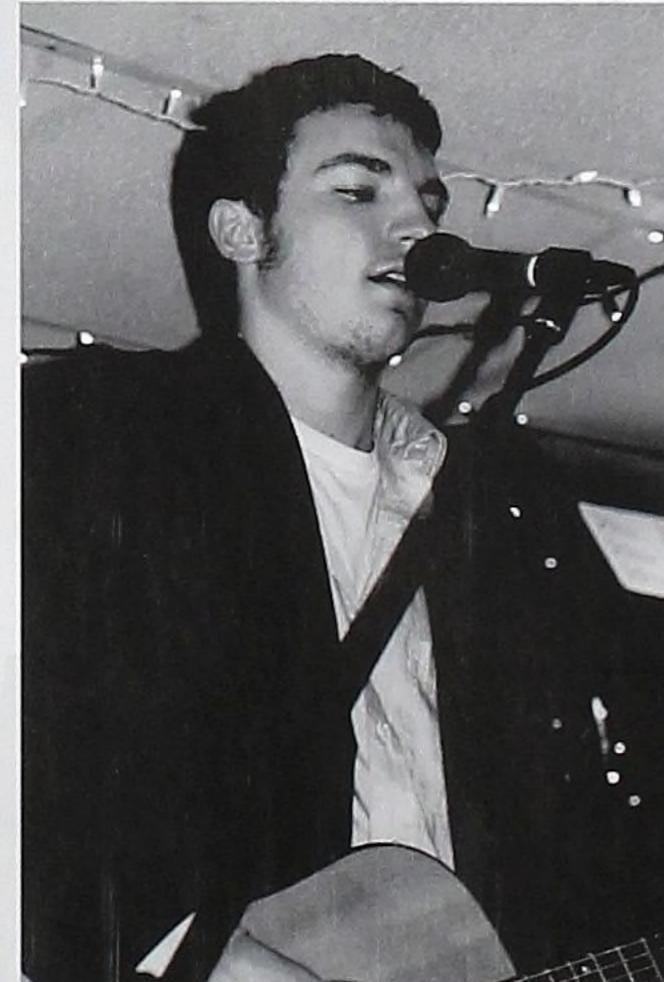
Each R.D. has been inspired by the Ormston guys to keep Porch Fest alive. Thanks to Roger Varland, Dane Davenport, Dan Vanderhill, John Kualga, Bobby Pratt, and Robbie Bolton for keeping the Porch Fest passion alive.

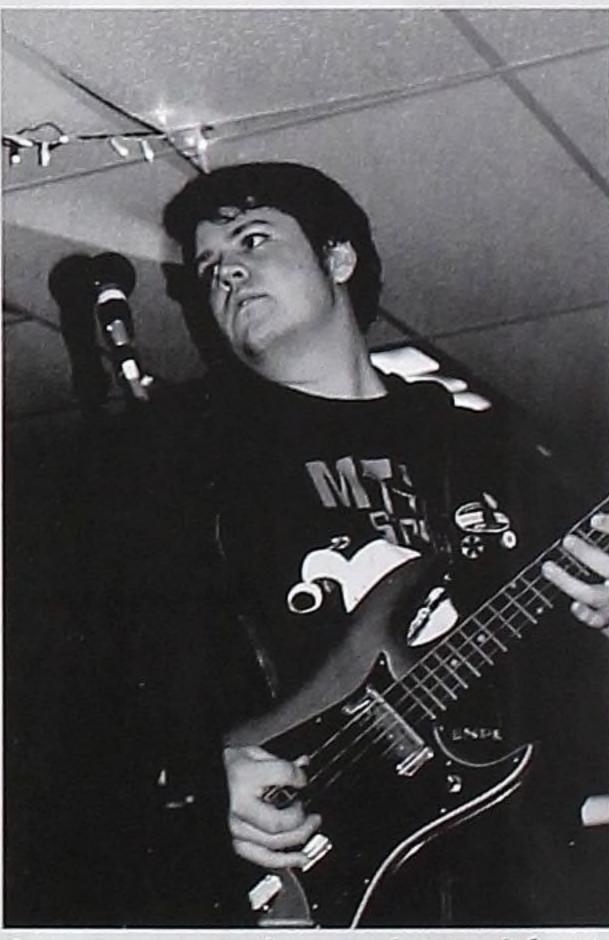












These pictures are not of Porchfest. Sources say the real Porchfest pictures were stolen/destroyed by Robbie Bolton.





















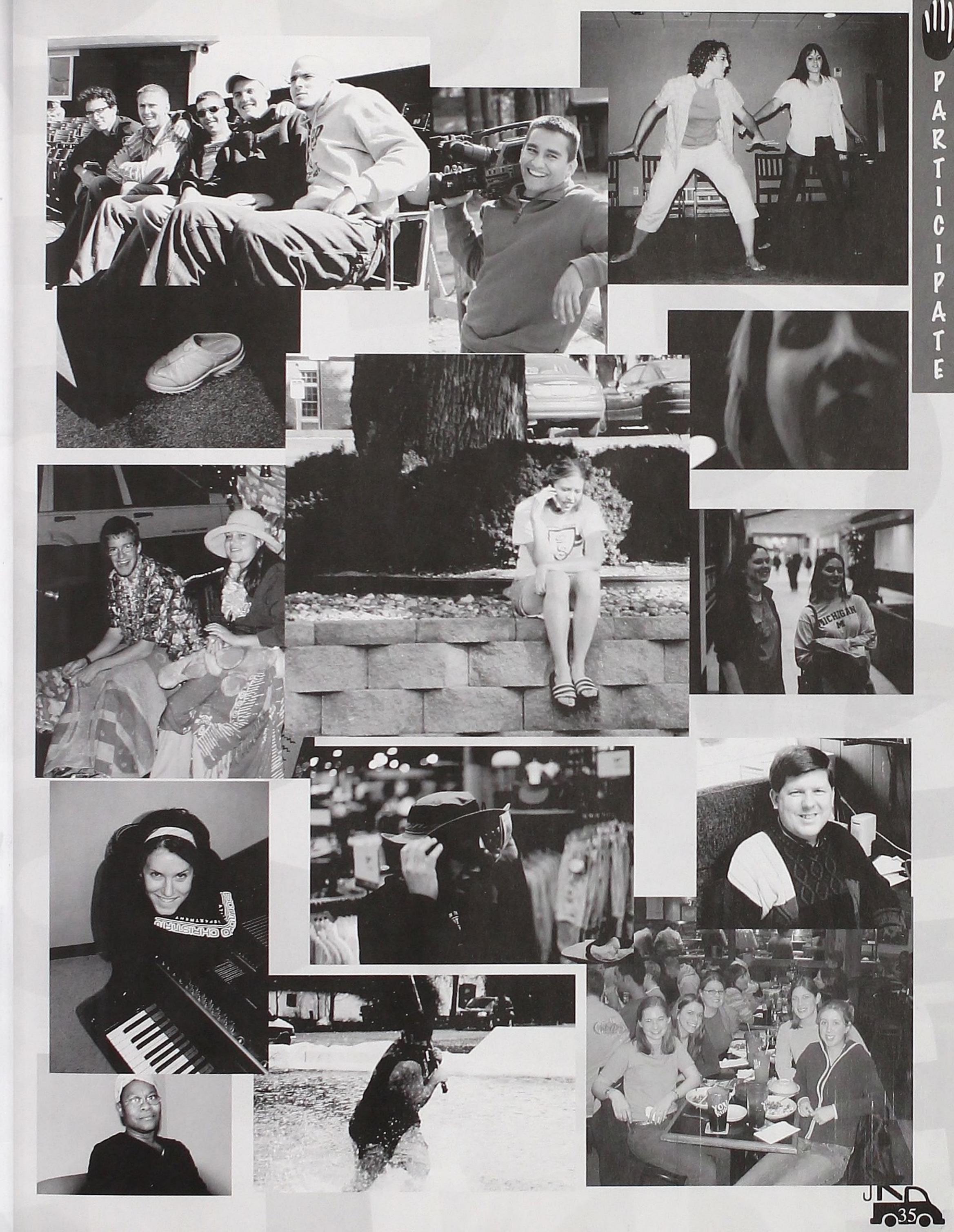












PARTICIPATE

