A Note From the Editor

What is an echo anyway?

Roughly, an echo is a repetition or imitation of something caused by a reflection. At the end of the year, after you move everything out of your dorm room, while surveying to make sure nothing is left behind, listen for the faint echo of your voice.

The bare cement walls of your room will holler back to you. In a way, this Echo, the one you hold in your hands, should holler back to you too—you don't even have to yell at it and listen, just look.

As you search through the pages I hope you find images that reflect you and your friends, the things you did, the places you saw. Just enjoy it. Within this book, I truly hope you find your own echo.

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Yesterday, I went to bed as a freshman to the pounding of a hammer outside my window in Alpha. When I woke up this morning, four years later, I discovered my status had changed to senior and I was not in my own room. How did that happen? I have a suspicion the answer will always remain a mystery. But when I woke up today, there were a few new developments. There was weird green stuff where grass used to grow, a new library (with Starbucks coffee), six villages, the beginnings of a much larger field house, and plans for a clock tower. And for some reason everyone is referring to SAC as SAU. Not believing it I rushed over to the SAC or SAU archives to see what was going on, and found out a few things I didn't know.

Spring Arbor University was initially constructed in 1873 as a small evangelical Free Methodist institution for elementary and junior high students. The mission was to, "... urge holiness of life through Christian training, together with the highest type of mental training." In 1929 the school became a Seminary and Junior College. Then in 1960, the school received accreditation from the North Central Association of Colleges, and became Spring Arbor College. David McKenna instigated the first four-year program 1963.

In the spring of 2001, Spring Arbor College was transformed into a University. We quickly began climbing to tier-one status, and from what I hear we are almost there.

After reading the history, I quickly scanned the dates and was shocked to find that the year was 2004. Suddenly four years of my life came flooding back. Boy, was I relieved. I would hate to have learned nothing in college. I sat for a moment marveling at what had been accomplished in four years.

Think of what you can accomplish in four years.

Four years (roughly the amount of time you spend getting a bachelor's degree) means opportunity time to reconstruct your physical body. 1 Corinthians 3:16: "Don't you know that you yourselves are God's temple and that God's spirit lives within you?"

Four years is just enough time to reconstruct yourself mentally. Rumor has it, students are here to become life long learners committed to the study of liberal arts. We construct new habits, building an individual on a quest for intellectual revelations. Proverbs 4:13: "Hold on to instruction, do not let it go; guard it well, for it is your life."

Four years should give you plenty of time to reconstruct your spiritual self, too. Build relationships with peers and God. Make Psalm 19:14 your motto: "May the words of my mouth and the meditation of my heart be pleasing in your sight, O Lord, my Rock and my Redeemer."

Yeah, I think in four years you can accomplish quite a bit. Actually, I think in four days you can achieve a lot. On the fourth day God had already created the heavens, the earth, light, the sky, land and seas, all vegetation, the sun, the moon, stars, and night and day- and He was still going strong.

What can you do in four years?

Amy Berry

Senior Reflections

Wow! I can't believe four years have gone by! What can I say? I'll miss all my friends but its good to be moving on. Thanks for all the memories. Its been real, and its been fun, but it hasn't been real fun. —Susannah Whitcomb

I appreciate the internal growth I've experienced here as a student. It went by quick. I'll always have fond memories. —Preston Meeder

It's been a great experience for me. I've gotten the chance to get to know a lot of people, and build relationships, and grow with a community of fellow Christians. —Ricky Reed

It was great to be a student at Spring Arbor University during a time of such wonderful growth all around the campus. —Julie Spencer

Graduating, I know who I am, what I believe and why I believe what I do, because I have been challenged by my experiences at the Arbor. —Rochelle Clark

As I look back on the past four years I have gained so much. I am going to miss it here, but I am prepared for what comes ahead. —Emily Horvath

SAU: A place where you can receive your degree and inspiration. —Barb Calhoun

It was worth the trip from Africa —Sheila Nuthoolall

It's possible, I found my wife outside of SAU —Clay Stevens

It is true, I found my wife at SAU —Matt Coe
Arbor Games

No classes, no homework, just fun and games! This year's Arbor Games, held September 13th marked the 20th anniversary of the highly admired event. The creator of the games, Barb Wesling, initiated the event in 1984 as a R.A. This year she carried the traditional torch dressed as a true patriotic super hero.

This year's theme was Classic TV. Shows like Happy Days, Teenage Mutant Ninja Turtles, Mash, Sesame Street, and The Flint Stones were reenacted in the opening skits. Time-honored games like the pop chug, the sack race, and the egg throw made an appearance along with classic TV trivia.

Choptoberfest
Homecoming

The doors opened and we poured in. The dance floor was packed as students moved to the music, courtesy of DJ Quillen. We were required to take off our shoes by dance administrators, but I think it did more good than harm; none of our dates left limping from being kicked or stepped on.

Techno, swing, and a great mixture of other styles played. Immediately, groups of students were laughing as they took to the floor and got into the beat. Occasionally we took a breather as couples held their sweethearts tight for the more romantic dances.

A cool lobby and refreshments were available for those who needed a break now and then, and we took advantage of the quieter room to catch up with friends or find someone new to dance with. It was a great night and everyone seemed to enjoy it. And apparently that guy/girl ratio we heard about as freshman really is true since I arrived alone and left with four young ladies. (Sorry, my ego couldn’t resist.)

Josh Soloc
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Amy Berry

Senior Reflections

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Josh Soloc
Golf

Jeff Boss Sr  
Preston Meeder Sr  
Travis Uphaus Sr
Aaron Morrow Sr  
David Mickle So  
Shaun Page So  
Jeff Malburg Fr  
Ken Unger Fr

Volleyball

Sarah Glass Sr  
Lindsay Crider Fr  
Rebekah Glass Fr  
Heather Sines Sr  
SJolie Maier Sr  
Jodi Bartman Sr  
Elizabeth Hays Fr  
Melissa Kayser Jr  
Beth Ludema Fr  
DayeAnn Knight Fr  
Annie Charles Fr  
Allison Boone So

Soccer

Men’s Team

Cliff Orr So  
Ben Barth So  
Matt Miller So  
James Bauslaugh So  
Trevor Harding Fr  
Peter Boyse So  
Aaron Mason Fr  
Adam Hallett So  
Lebeni Buconyori Sr  
Ryan Trevithick Fr  
Horia Neagos Jr  
Mike Decker So  
Iain Bryant Fr  
Andrew Toteoff Fr  
Troy Avery So  
Andrew Gibson Jr  
Diana Humphrey Fr  
Megan Bauhof So  
Megan Medina Jr  
Katie Philo Sr  
Staci Miracle So  
Erin Buehrer So  
Lyndsay Clevenger Jr  
Troy Avery Fr  
Ami Bennett Fr  
Rhonda Ferguson So

Women’s Team

Kelly McKnight Sr  
Natalie Zemlick Fr  
Rendi Siedzik Sr  
Molly Comber Sr  
Jessica Thomas Jr  
Christie Liversedge Fr  
Laura Linderman Fr  
Stacey Harding So  
Brittany Darling Fr  
Jennifer Moore Fr  
Diana Humphrey Fr  
Megan Bauhof So  
Megan Medina Jr  
Katie Philo Sr  
Staci Miracle So  
Erin Buehrer So  
Lyndsay Clevenger Jr  
Troy Avery Fr  
Ami Bennett Fr  
Rhonda Ferguson So
**Cross Country**

### Men's Team
- Enoch (EJ) Green Sr
- David Youngman Jr
- Matt Hawkins So
- Dan Lane So
- David Rotich So
- Stephen Chase Fr
- Todd Crouch Fr
- Herbert Rotich Fr
- Kevin Mills Fr

As the lone qualifier for the men's cross country team, freshman Herbert Rotich went into the championship meet ranked among the top 5 overall runners, but in the end, could not finish.

### Women's Team
- Meg Peters Jr
- Alexis Smith Jr
- Liz Lamb So
- Christine Ingraham Fr
- Courtney Ingraham Fr
- Ashley Crawford Fr
- Nicole Harzdorf Fr
- Holly Pifer Fr
- Amanda Wheeler Fr

The Lady Cougars went to NAIA National Championship in Louisville, Kentucky on Nov. 22. This is the seventh time in a row Spring Arbor's women's Cross Country team has qualified for the National Championship meet.

Spring Arbor University's women's cross country team enters the 2003 season with plans to capture its sixth conference title in as many years. Standing in the way is the loss of three seniors and two more runners to season-ending injuries.

With good potential and a strong work ethic, the Lady Cougars will rely on the leadership of juniors Meg Peters and Alexis Smith to get them back to the NAIA nationals for the sixth straight year. A stronger conference could pose some obstacles for Spring Arbor, but with hard work and determination—and God as the focus—the team will be able to accomplish anything.

**Track & Field**

Spring Arbor University was well represented at the National Christian College Athletic Association meet Saturday, Feb. 21. The teams came away with three first place finishes and a second place finish as both the men and women finished in the top ten.

Senior Enoch Green won the 800 meter run with a time of 2:00.54, while the 4x800 meter relay team also took top honors in a time of 7:59.28, an entire 22 seconds faster than the second place team. The relay team consisted of Green, Todd Crouch, Dan Lane, and Herbert Rotich.

The men's team finished eighth overall with 31 points. Others who scored for the men included Crouch, who placed fourth in the 800, Matt Miller placed eighth in the pole vault, and the 4x400 relay team finished fourth.

The women's 4x800 team of Courtney Ingraham, Holly Pifer, Christine Ingraham, and Meg Peters took first with a time of 9:47.18. Peters took second in the 800 in a time of 2:18.61.

Christine Ingraham placed fourth in the 800, Courtney Ingraham placed eighth in the 400, and the 4x400 relay team took fourth to round out the women's scoring. The women finished ninth overall.

The indoor track team is set to compete in the National Association of Intercollegiate Athletics national meet in Johnson City, Tenn. on Saturday, March 4.

**Men's and Women's Tennis**

### Men's Team
- Horia Neagos Jr
- Ben Keaster Jr
- Ben Barth Jr
- Dan Peters So
- Jason Atkins So
- Troy Hesselschwerdt Fr
- Brent Schedeler Fr

### Women's Team
- Rachel Hartwig Jr
- Julie Maier Sr
- Christy Liversedge Fr
- Laura Ganzer
- Crystal Steckel Sr
- Jennifer Walter Jr
- Shannon Skarritt Fr

Despite losing 2-time NCCAA All-American Dave Lassanske to graduation last year, the 2004 Cougars are optimistic about their upcoming season.

Returning NCCAA All-American junior Horia Neagos will lead the Cougars in the #1 singles position. Junior Ben Keaster will be in the #2 spot. Other returning players who plan to contribute to the success of this year's team include senior Ben Barth and sophomores Dan Peters and Jason Atkins.

Two freshmen have joined the Cougars. Troy Hesselschwerdt, a 2-time state quarterback and #1 singles player from Jackson High School, and Brent Schedeler, #1 player at Columbia Central High School, bring good new energy to the Cougars.
The women's basketball team finished the 2003-2004 season with a 25-12 record, placing second in the Wolverine-Hoosier Athletic conference and seventh at the National Christian College Athletic Association national tournament.

Highlights from the past season include a fourteen game win streak during the middle of the season. The Cougars also broke the single-game team free throw shooting percentage when they made 17-of-18 against Indiana Wesleyan.

The Cougars were led by the dynamic play of post players Shanna DuBose and Kristin Van Valin. DuBose averaged 15 points and six rebounds a game and was selected as the most valuable player for the Cougars. She also received second-team NAIA All-American honors and was a first team selection by the WHAC.

Van Valin received NCCAA All-American first team honors and was a NCCAA All-Tournament selection for her contributions at the national tournament. She also received NAIA All-American honorable mention, WHAC defensive team honors, and was a scholar athlete in the WHAC, NCCAA, and NAIA. Van Valin averaged 13 points, nine rebounds, and four blocked shots a game.

Freshman Amber Huffman made the All-Freshman team in the WHAC, while Amanda Shirk and Julie Spencer received scholar athlete honors from the WHAC, NCCAA, and NAIA.

The men's basketball team finished the season with a 14-19 record. After a slow start in conference play, the Cougars came alive and defeated Aquinas and Cornerstone, two top teams, while losing by only 2 to Indiana Tech. They finished fifth in the WHAC.

Sophomore Micah Lancaster led the Cougars statistically throughout the season averaging 17.6 points, seven assists, and three rebounds a game. Sophomore Mike Folkert averaged 14 points, while senior Ryan Walter scored 12.5 points a game. Jason and Josh Desmyter also made great contributions averaging 10 and nine points respectively and six rebounds a piece.

The men received several individual honors at the season's end. Lancaster was a WHAC first-team selection and NAIA All-American honorable mention, while senior Ryan Walter was a WHAC Third-Team selection. Junior Josh Desmyter made the WHAC All-Newcomer team, and junior Ben Gulker made the WHAC All-Academic team for the men.
Baseball
Zach DeFrain Jr
Matt Souster Sr
Ben Myers So
Andy Kline Jr
Joey Sobocinski Fr
Jordan Gruppen Jr
Scott Edwards So
Joe Myers Fr
Duke Solaita Sr
Brad Pollack Fr
John Germanceri So
Kyle Kennedy Fr
Bobby Hodges Fr
Rick Hapner Jr
Ryan Slone Fr
Aaron Culp
Tom Compian So
Brad Hinkle Fr
Tim Corser Sr
Brent Watkins Fr
Dan Loew Sr
Nic Johnston 5th

Softball
Cindy Shaw Sr
Sarah Cooper Sr
Janna Klassen Fr
Mandy Gowan Fr
Jessica Mancini Jr
Marcie Johnson Jr
Kayla Stevens Jr
Kristi Schipper Jr
Shawna Gautreau Sr
Michelle Herblet Sr
Holly Davidson Sr
Mandy Trevino Jr
Shawnessy Patton Fr
Dracuia

On March 31 the SAU Choir left Spring Arbor, MI for a five day tour through Ohio, where they sang thirteen songs for various audiences. Directed by Dr. Charles Livesay, the group had been practicing since the beginning of the semester. Their routine included, “Call to Silence, Word Was God,” “As the Deer,” and “Magnum Mysterium.” The Choir’s first performance was at Galion Free Methodist Church, followed by Cuyahoga Valley Christian Academy and Living Water Free Methodist Church in Dayton, and Maranatha Christian School and Columbus First Free Methodist in Columbus. Their final performance was applauded by Upper Arlington Lutheran Church.

Music Groups

I was once in Scotland. While there I went to visit the damp drafty ruins of Slains Castle, a monstrous maze of stone walls and collapsing towers, perched at the edge of a cliff. A light mist made the foggy precipice slippery, so one had to be careful exploring the crumbling mossy rock. Standing at the edge of the treacherous cliff, the dark silhouette of the castle behind me, I peered down straining to see waves tearing at the rocks below. Reportedly Bram Stoker received his inspiration for Dracula while one lost night landed him at Slains Castle.

This Halloween, when rumors of Dracula spread throughout campus, some students and faculty were, well, scared. But here’s what Steve Bohus had to say:

“One of the most famous villains of literature paid a visit to the SAU campus this last year and I was lucky enough to have been a part of it. When I first heard that the fall play would be Dracula, I couldn’t believe it. I attended auditions with no intention of trying out (having never been a part of a full scale theatrical production before) but at Dr Patton’s insistence, I did. No one was more surprised than myself when I was cast as Dr. Abraham Van Helsing.”

“After my experience with this production I now realize how much Hollywood has capitalized on Dracula and Bram Stoker’s characters. Instead of focusing on the steaks, fangs, and blood, our adaptation recognized the incredible story of the struggle between Good and Evil. My character in particular, constantly referenced God and quoted scripture.

“Before Dracula, the only thing I knew about theatre was that the people were a little...odd. But after spending countless hours with the same people throughout the many rehearsals, you develop a bond and many inside jokes based on your characters. I have come to the conclusion that, while quirky, theatre people are some of the best people I have ever had the chance to work with. Every action is filled with passion. Every moment is full of energy that you don’t find in conversation with ‘normal’ people. All in all, Dracula was an amazing experience that I will never forget.”

Amy Berry
Art Work

Senior Exhibition
Sculpture

Matt Handy

Senior Exhibition
Painting

Kerren Farnbach

Senior Exhibition
Figure Drawing
Chapel

God isn't safe. Regardless of your feelings toward God, he is dangerous, and he is after you. And when he gets a hold of you the results could be fantastic. He has the power to change your life for eternity. Do you remember the Chronicles of Narnia, by C.S. Lewis?

"Aslan a man!" said Mr. Beaver sternly. "Certainly not. I tell you he is the King of the wood and the son of the great Emperor-Beyond-the-Sea. Don't you know who is the King of Beasts? Aslan is a lion-THE Lion, the great Lion."

"Ooh!" said Susan, "I'd thought he was a man. Is he-quite safe? I shall feel rather nervous about meeting a lion."

"That you will, dearie, and no mistake," said Mrs. Beaver, "if anyone can appear before Aslan without their knees knocking, they're either braver than most or else just silly."

"Then he isn't safe?" said Lucy.

"Safe?" said Mr. Beaver. "Don't you hear what Mrs. Beaver tells you? Who said anything about safe? "Course he isn't safe. But he's good. He's the King, I tell you."

Like Aslan, God is good, but of course he isn't safe. He has the power and the desire to change you into something new. Maybe something you thought you didn't want to be...but ultimately into something good. He is chasing you ready to mold and use you.

Psalm 34:8-9 says: Taste and see that the LORD is good; blessed is the man who takes refuge in him. Fear the LORD, you his saints, for those who fear him lack nothing."

God isn't safe, but He is good.

As God cultivates your mind, body, and spirit there is something you can do to foster that growth: Be excellent.

How can you be excellent?

- Memorize a book of the Bible. Hide the words of God in your heart; be knowledgeable of the savior, and ready for the changes He will make in you.
- Read three "other" books. Expand and indulge in reading for enjoyment.
- Find a mentor. Find someone to talk with on a regular basis; someone to hold you accountable.
- Get a 4.0. Forfeit less important demands." Go ahead, sacrifice your time.
- Get in shape. Strengthen the temple of Christ and be healthy.

The benefits of being excellent are eternal and the motivation comes straight from the mouth of God: Colossians 3:15 And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. 23Whatever you do, work at it with all your heart, as working for the Lord, not for men, 24since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

God isn't safe because he wants you to be excellent. And he will do whatever it takes to get you there.

From your Student Body President to you,

Adam Dawson.
Spiritual Life Retreat
Other On-Campus Ministries

Chat/Prayer Line
Grief/Support Ministry
Hebs (Heb. 3:13)
Ladies Night
Passion Night
SLAs
SPUR
Thursday Night Prayer

Iron Hour
It is more than a basic Bible study, it is also an accountability group. Iron hour meets each week to study God's word, share testimonies and pray. The group also encourages one another to spend at least one hour in God's word each day.

Other Off-Campus Ministries

Men's Prison Ministry
Arbor Manor Ministry
Praying For You
Door Keepers

Action Jackson
Every kid needs a mentor, and for 15 years SAU students have been just that for inner-city kids in Jackson. While swinging at the park, or enjoying an ice-cream cone SAU students use the opportunity to build strengthening relationships with kids who need encouragement, moral guidance, and more than anything a friend.

Interfaith Shelter
Each week, armed with compassion and friendship, a van of willing students spend time building relationships over a bowl of soup. Conversation, games, and prayer work together at the shelter to encourage the needy.

Heartside Homeless
While most people spend their Saturdays sleeping in, Students involved in this program spend two weekends a semester passing out sandwiches, warms blankets, and the truth of Christ to the homeless in Grand Rapids Michigan.

Communidad Agua Viva
I would have started out this brief explanation of CAV by saying something cool in Spanish, but since I don't know Spanish...Well, if you speak Spanish, join in ministry and worship, as this student-run church reaches out to new Spanish families in the Jackson area every Sunday.

The Call
This on-campus ministry, formally know as Frapel, gives students the chance to gather each Thursday night to worship in song and praise.

Heed the Man

By The Book

It is more than a basic Bible study, it is also an accountability group. Iron hour meets each week to study God's word, share testimonies and pray. The group also encourages one another to spend at least one hour in God's word each day.
Porchfest
The evening air is warm, guys in cut-off tees and stone wash jeans gather on the Ormston balcony around a smoking grill. As the smells of a cookout waft through out campus, girls with high side ponytails and big bangs dressed in neon pink join the boys for the first Porch Fest in Spring Arbor history. The year, of course, is 1982.

What began as a simple cookout has become an event students anticipate all spring. The evolution of this tradition began as 82's event quickly picked up momentum, and included a band the following year. Roger Varland, R.D. at the time, explained that Chariots of Fire inspired the first skit, as Ormston boys ran around the building like characters from the movie. The following year, Varland brought in an old car and a few baseball bats. They spent the evening destroying the junker, which, Varland says, is not as easy as it sounds.

Their first huge bonfire, also a ceremonial burning, was the following year. In 1985, The Passion Pit, a worn out couch with no springs used by couples in the Ormston lounge, was set by the Centennial Gardens (which was actually a fountain at the time), doused with kerosene, and sent up in a blaze. Eventually Ormston hosts were added, and the skits included a variety of acts from all over campus. As each year brings hilarious and entertaining new traditions, one thing has remained constant: "The events are always wrapped around a meal," says Varland.

Each R.D. has been inspired by the Ormston guys to keep Porch Fest alive. Thanks to Roger Varland, Dane Davenport, Dan Vanderhill, John Kualja, Bobby Pratt, and Robbie Bolton for keeping the Porch Fest passion alive.

These pictures are not of Porchfest. Sources say the real Porchfest pictures were stolen/destroyed by Robbie Bolton.
UNDER CONSTRUCTION